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New Idea

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SPECIAL LIFT-OUT

KNIT FOR YOU AND YOUR MAN

PRINCESS CAROLINE'S ROMANCE

YOUR FAMILY ZODIAC GUIDE

MAKE LOVELY TAPESTRY

TABLE MAT TO CROCHET

COOKING SPECIALS

- SUMMER PUNCHES
- TASTY DESSERTS

GREAT 112-PAGE ISSUE

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Bev Stillman and David Tronson are an appealing twosome in cardigans from our Knit For You And Your Man Lift-Out beginning on Page 47. Photograph by George Chatterton.

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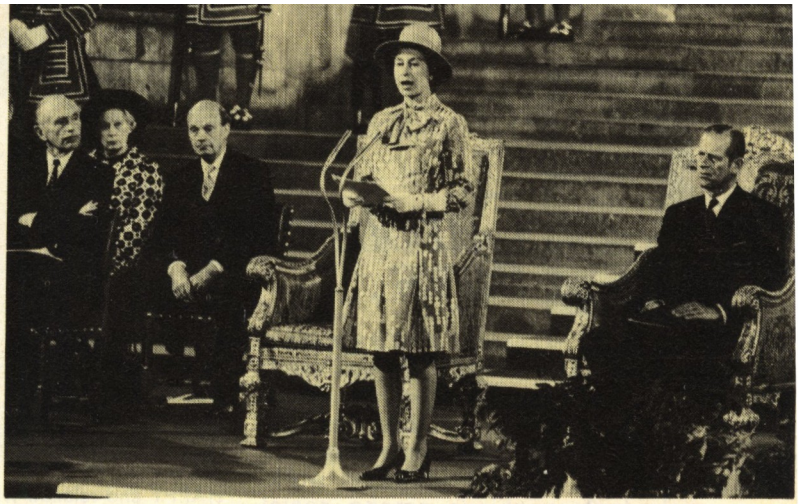
THE fashion craze for glitter currently sweeping the world has gone to women's heads — and feet! Jenny Bird, above, couldn't make up her mind which to choose at the recent London International Footwear Fair. These top fashions were all designed by Vernon Humpage.

MEET Mrs. Maureen Shipley of Sheffield, UK, and her family — Adrian, Richard, Paul, Elizabeth (quads born when Maureen was on a fertility drug) and big sister Margaret Anne, five, above. Richard and Paul were the only identical twins from a multiple birth when they were born three years ago.

ACTOR Dustin Hoffman and Ethel Kennedy, left, promoted the Robert F. Kennedy Pro-Celebrity Tennis Tournament New York.

A NEW Scarlett O'Hara? Marisa Berenson, above, wore this frothy Zandra Rhodes creation to a supper party given by the Baron de Rede after a recent Marlene Dietrich premiere in Paris.

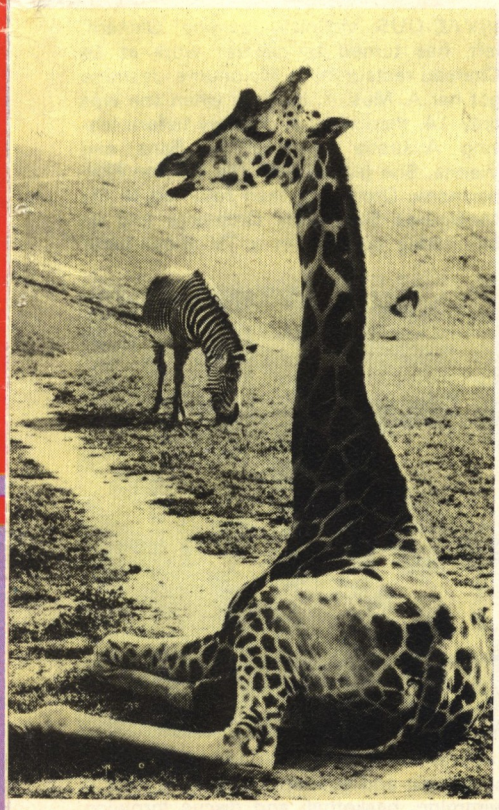


WHEN the Queen opened the recent Commonwealth Conference, she was accompanied by the Foreign Secretary, Sir Alec Douglas-Home, the Private Secretary to the Queen, Sir Martin Charteris and the Duke of Edinburgh, above.

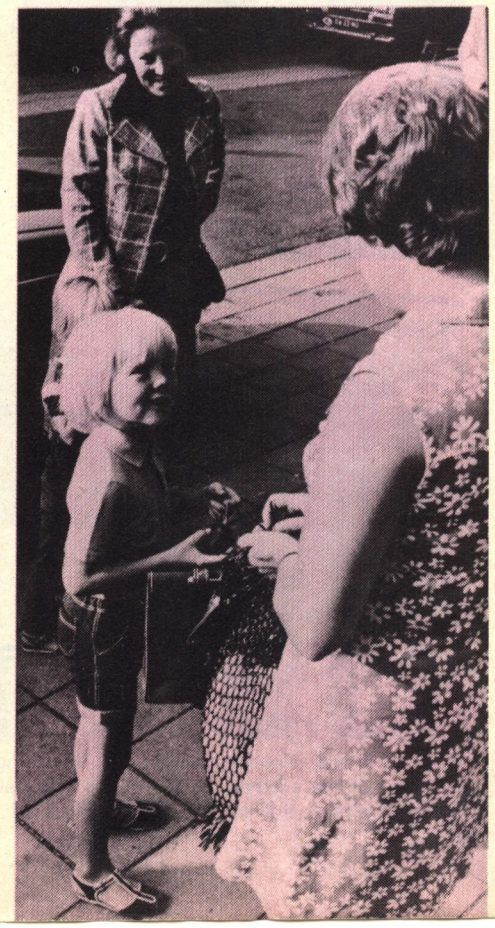
WHEN Phong Lan wed Michael Edwards, right, she had to give up her job as third secretary at the Vietnamese London Embassy, as married Vietnamese women are not allowed to be employed as officials.

From us to you this week

EVEN a haughty giraffe needs to rest sometimes, and this one, from California's new San Diego Wild Animal Park, enjoyed lazing in the sun, below.



STUDENTS at the elementary school in Baarn have a new classmate — Prince Willem-Alexander, the eldest son of Crown Princess Beatrix of the Netherlands, pictured below.



DROP a coin in the slot and a musician plays your selection on a trumpet — that's the idea of San Francisco unemployed teacher, Grimes Poznikov, below.

Caroline says...

WHILE IN SO MANY WAYS people's personal and family problems seem to multiply as time goes on in our big cities, we've just had heartening proof that help is arriving . . . Wherever the trained social worker's lantern shines among social welfare organisations and local councils today . . . we're inclined to take these wonderful people for granted. They're society's eyes and ears on all the hang-ups, cave-ins and break-downs behind the hurrying, regardless rush of daily living. In Melbourne, at Prahran City Council's old Victorian Town Hall, Miss Jill Leisegang is guiding a new and very special effort to provide a social-worker evening service, with the voluntary help of 10 social workers from the Alfred Hospital who are rostering themselves to take telephone calls between 5 and 8 pm for follow-up next day. Miss Leisegang points out that all too often it's at night that problems come to a crisis . . . She foresees a day when social workers will run 24 hours a day services. PRAHRAN IS PACKED WITH BIG-CITY PROBLEMS — an old inner-city area covering rich Toorak but poor slum-clearance pockets as well, with old people and hundreds of Housing Commission families, deserted wives who've moved near to work and better day-care services (Prahran has four), some alcoholics, some unemployed, some migrants, some sick and some lonely people, 56,000 people in 4½ square miles, with continuous, restless, population turnover in schools and flats and old houses.

ETHEL BRICE, whose kitchen-tested recipes you have enjoyed so much over the years, alas, is leaving us. Ethel, whose recipes also have appeared in the Sydney Mirror newspapers, is retiring to write a cookery book. Her last feature, delicious desserts, appears on pages 10-13. We will continue our kitchen-tested recipes and next week the New Idea Kitchen has salads for summer.

CAROLINE ROSS

HAPPY and relaxed while recording in Melbourne, Billy Thorpe, above, sported a new, short hair-cut and a clean-shaven face. Billy's big concert in Sydney with Sherbet, the top band in NSW, last month, was really a roaring success — according to the hundreds of pop fans who attended it.

FARRIER George Grundy, above, of Emu Bottom Homestead, V, is one of the few men in Australia to hot-shoe horses. Here Old Jack, once a Collingwood Council rubbish dray horse, gets a new set of shoes before returning to work ploughing paddocks. The shoes are heated at the forge, then burnt on to the horse's hooves. It doesn't hurt the horse, and the shoes last longer than ones which are nailed on.

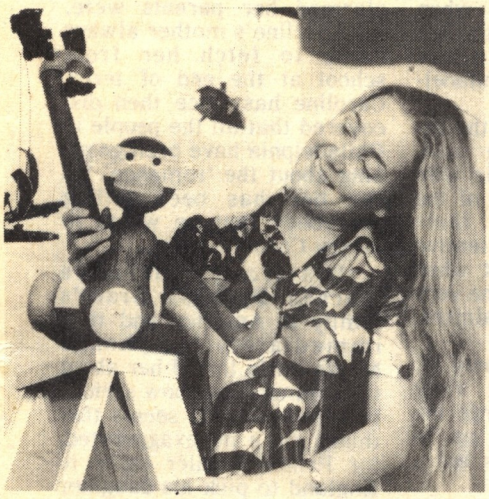
In Town

VIVACIOUS violinist Jasmine Oldham, left, has turned to cabaret work at Le Chateau restaurant in Melbourne. Jasmine got her A. Mus. A. in Perth when she was only 14, then went to Sydney before leaving Australia to study in Paris and Vienna. She played with the London Philharmonic Orchestra, then returned to the Melbourne Symphony Orchestra and an interesting position in a TV show band.

POPULAR television personality, Roy Wooding, above, tries his hand at archery, watched by some of the entrants in the eighth national paraplegic and quadriplegic games, held in Adelaide earlier this month. Events included swimming, basketball and discus throwing.

A TRUE Scandinavian beauty, Miss Norway, Ingeborg Sorensen, above, visited Australia recently as a beauty quest judge. She was runner-up in the 1972 Miss World contest, and now divides her time between Oslo and America, where she is to make a film.

ALL the beauty of gracious summer living is captured in these lovely afternoon formal gowns, above, by Norma Tullo. Ann Brownlee wore a floating georgette gown in dove grey and red and Christine O'Brien chose a pin-tucked, pearl buttoned, white crepe dress at a parade for the Merrymakers, a group of young women working for the blind. The elegant parade was held at Leonda by the Yarra.



THIS beautiful wooden monkey was just hanging around a recent exhibition of Danish toys at the Divola Galleries, Balmain, NSW, when it attracted the attention of Joanne Halliwell, 17, above, a student who was helping to arrange the display.

ABORIGINAL Arts Board chairman, Dick Roughsey, and Percy Tresize, above, of Cairns, recently launched a $65,000 appeal in Brisbane to create Quinkan National Park, before flying to Toowoomba for a joint exhibition of their paintings at Creative 92.

AUSTRALIAN theatres are using more and more local plays. Here's a scene from the Melbourne Theatre Company's production of Alexander Buzo's Batman's Beach-head, starring Ron Munro, Jillian Archer and David Doery, left, at the Comedy.

Next week

20-PAGE LIFT-OUT:

SUMMER TOPS TO KNIT & CROCHET

Step-by-step lessons: BEAUTIFUL NEEDLEPOINT

ROYALTY'S CINDERELLA MARRIAGES

DIVORCE AUSTRALIAN STYLE

LEARN YOGA — WITH HOLLYWOOD STAR BARBARA PARKINS

LATEST JEANS FASHIONS

CELEBRITIES ANALYSED — BY THEIR HANDWRITING

SHOULD YOU KEEP SECRETS FROM YOUR HUSBAND?

DIET WITH A DIFFERENCE

COOKING SPECIALS:

- Anne Marshall's CHRISTMAS TREATS
- SUMMER SALADS

PRINCESS CAROLINE'S

A wealthy young American's feelings towards her have alarmed her father, Prince Rainier, reports John Wood

PRINCESS CAROLINE of Monaco is growing up. Now 16, she has been shepherded into the social whirl by her parents, attending her first nightclub and her first ball — and she has had her first serious romance.

But this romance has caused her parents a lot of worry — in fact, Prince Rainier was so concerned by persistent rumors of an elopement that he personally came to pick Caroline up at her English convent school, St. Mary's, Ascot, at the beginning of the summer holidays last July. Previously, Princess Grace had collected her daughter at the beginning of the holidays, or Caroline had flown home to Monaco by herself.

When the summer holiday started, both the sisters and pupils at the convent were astonished to see Prince Rainier step out of the black Rolls-Royce which had picked him up at the airport a mere half-an-hour previously.

With a worried and severe look on his face, Prince Rainier walked rapidly up the drive into the main building. Declining an invitation to stay for tea, Prince Rainier was heard giving orders to his chauffeur to load Caroline's luggage into the boot of the car "immediately."

Then, without a further glance about him, or without even waving goodbye to the staff who had gathered outside the convent, Prince Rainier ordered the chauffeur: "To the airport — right away!"

Two class-mates of Princess Caroline report that Rainier was curt and angry with his daughter after greeting her inside the convent building. And it was clear to them that the secret which Caroline had been sharing with only her closest friends at the school during the past term had been discovered by her parents.

ABOVE: Prince Rainier was so concerned by rumors of his daughter's romance that he personally escorted her home for the holidays.

Caroline's romance with an American boy began last Easter, when she was staying with her parents at the luxurious Florida hide-away of their close friend, Frank Sinatra.

John Lambert, 18, the son of a wealthy Philadelphian family, met Caroline when she was staying with her grandparents (Princess Grace's parents) in Philadelphia.

Highly flattered by the attentions of the young man, Prince Rainier and his wife at first took no notice of the friendship between their daughter and her attentive young companion. But when he flew to Florida on the very same plane as the Rainiers, they became alarmed.

For although he is only 18, John was showing very mature feelings towards the young Princess who, up to the present time, has led a very sheltered life.

"Caroline has had no boyfriends as yet," one of her fellow pupils at the school said. "And she has not been very interested in boys. But the boy she met in the United States certainly caught her imagination. She is not sure that she is in love with him, but when he flew on the same plane to Florida to be with her a few extra days, Caroline was very impressed and flattered. What 16-year-old girl wouldn't be! We were all envious of her!

"Since Easter, John has been writing regularly to Caroline at her school, and he told her that he was going to come to England to see her. He had plenty of money, as his parents are one of the richest families in Philadelphia and they give him a lot of freedom.

"He suggested to Caroline that she stay on in England for a couple of days at the end of term and show him around London, as he had never been to Britain before.

"Caroline thought that this was a splendid idea and wrote to her parents last June, saying that she would like to remain behind in Britain to stay with some "school-friends" and that she would then fly back on her own to Monte Carlo after a week in London.

"We can understand how alarmed her parents were, for Caroline's mother always came to fetch her from school at the end of term. Caroline has since then discovered that all the people in Philadelphia have been gossiping about the 'romance' for the boy has been telling everybody that he wants to marry Caroline.

"Naturally, the news reached Princess Grace's family in America and they immediately telephoned Monte Carlo to tell her about the romance and how serious it was getting. It seems that things got a bit exaggerated, for Prince Rainier came to England to pick his daughter up from school. The impression he had been given was that Caroline and this boy were going to elope to Scotland to get married!

"When Caroline heard this from her father she was quite amazed. She had no plans to marry anybody, she told her father. This boy only wanted to see London and she thought how nice it would be to show him around, especially as he was a stranger to Britain."

It appears from the exchange between father and daughter that Caroline became angry, saying to her father: "Don't you trust me!"

But Prince Rainier, thoroughly alarmed by John's persistence and wish to meet Caroline again at the end of the term, was not taking any risks of scandal. He was well

FIRST ROMANCE

aware that his daughter had led a sheltered life and that she might, in all innocence, become involved in something which she did not know how to control, sources close to the Rainier family in London said.

As one of the girls at the school said: "Grimy (the nickname given to Caroline, because her family name is Grimaldi) is quite romantic. She liked Prince Charles, whom she has met at Windsor Castle. But since she met this John, she has forgotten about Charles and has a photograph of the American boy next to her bed. She has kept his name a secret, usually calling him Buster, and was hoping to meet him in the summer holidays.

"She thought it a splendid idea for him to come to London, but she did write to him suggesting that he come to Monte Carlo where she was sure her parents would give him a room at the Palace.

"Caroline met John again at Frank Sinatra's house, and she has been talking almost non-stop about her visit there and the super people she met.

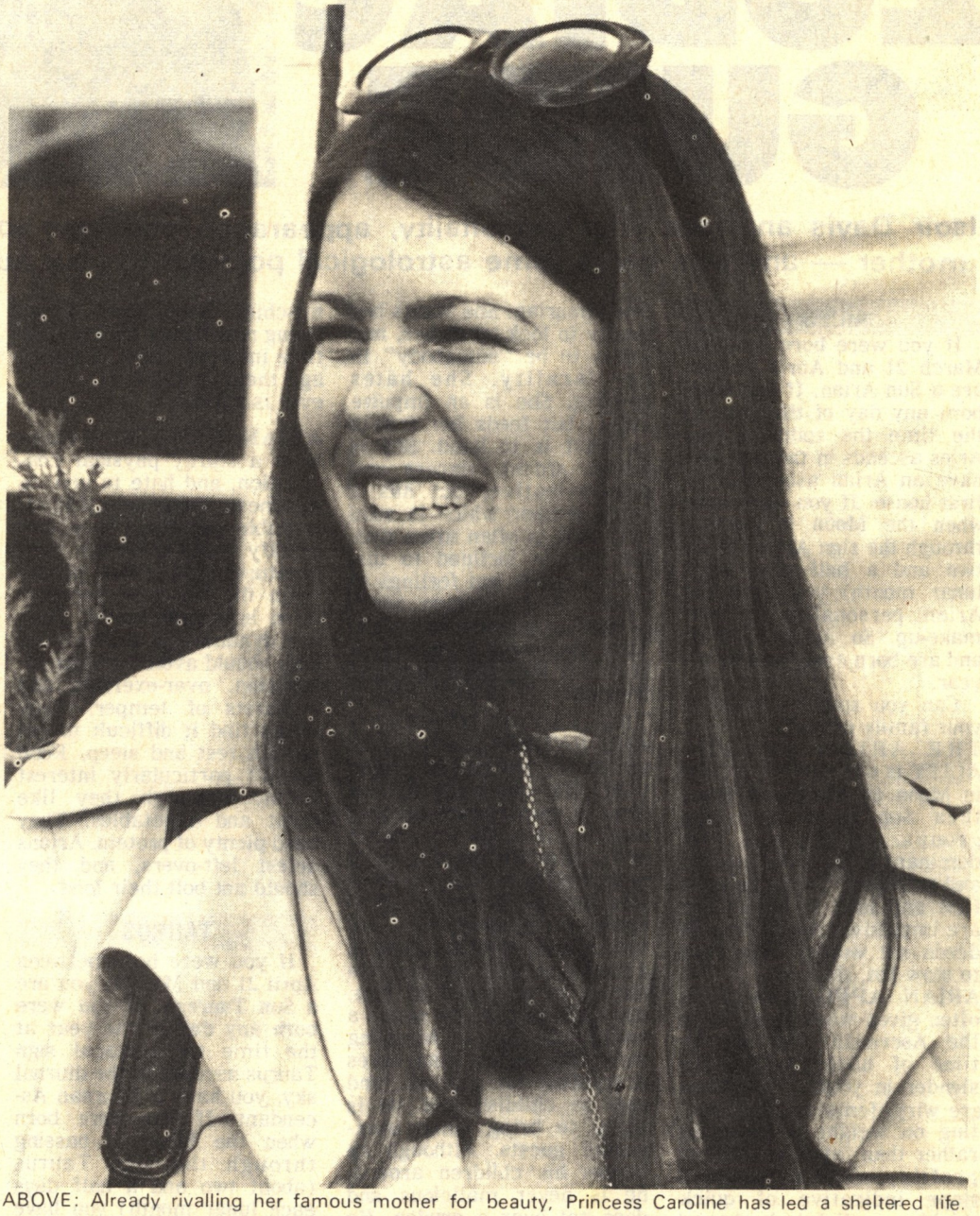
"Up to this time Caroline wanted to be an actress like her mother, but this is something her father is utterly opposed to.

"John seems to be a bit of an intellectual, for he told Caroline that it would be a waste of her talents to be just another film star. He told her that she must do something constructive with her life, like use her knowledge of French and English to better mankind.

"As a result of this high-minded attitude, Caroline has given up her ambitions to go on the stage and has decided to become an interpreter at the United Nations, or something like that. So it seems that he has quite an influence on her!"

The girls at the school said that Caroline had suddenly become very figure-conscious, for she admitted that the boy from Philadelphia likes his girls to be slim. As a result, she has been going for four mile walks at her convent

A spokesman for the school, said: "It is unusual for Prince Rainier to fetch his daughter. It is usually his wife Princess Grace who is seen here at the beginning and end of terms. We can offer no explanation, but do not feel that there is anything unusual for fathers to fetch their daughters."



ABOVE: Already rivalling her famous mother for beauty, Princess Caroline has led a sheltered life.

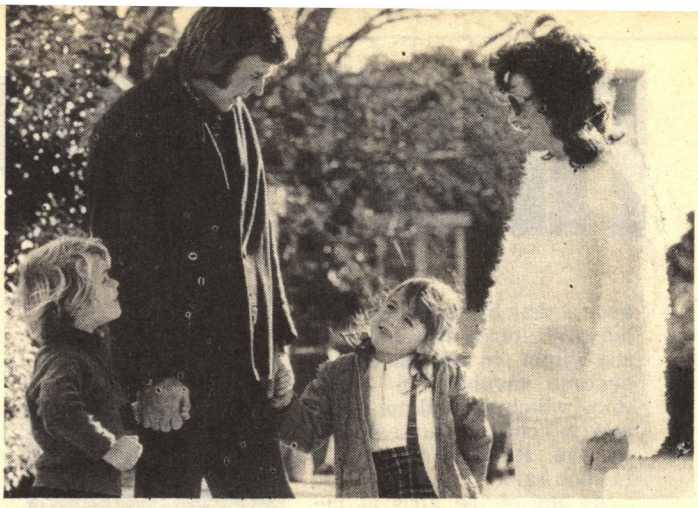
But whatever the view of the school, it was reported from Monte Carlo that Prince Rainier kept a very close eye on his daughter Caroline, spending the holidays with her sister Stephanie and brother Prince Albert. And it was firmly stated at the Palace: "There have been no invitations to any young men from the United States, or anywhere else for that matter, to stay at the Palace this summer. Certainly not."

While she was on holidays, the Rainiers concentrated on launching Caroline into an exclusive society of the principality, perhaps to take her mind off John. She was taken to Jimmy's, a fashionable nightclub, under their careful supervision, and recently made her appearance at her first ball.

She also had a heavy program of social and sporting occasions set up for her.

And they have introduced her to "suitable" partners in Monaco — particularly to Pierre de Minsengna, the son of the First Judge of the Tribunal of Monaco, a Catholic, like the Rainiers, as Prince Rainier is adamant that his daughter will not marry outside her religion.

YOUR FAMILY ZODIAC GUIDE



Elsoir Davis analyses your personality, appearance and how you rate as a wife and mother — and also gives some astrological pointers to your husband and children

ARIES

If you were born between March 21 and April 20, you are a Sun Arian. If you were born any day of the year at the time the zodiacal sign Aries ascends in the sky, you have an Arian ascendant or first house. If you were born when the Moon is passing through the sign Aries (about two and a half days each lunar month) you have the Arian personality in your make-up. So Arians can be and are born every day of the year.

Can you spot an Arian in your family circle?

THE ARIAN PERSONALITY is often more obvious in Moon or Ascendant types than Sun Arian Sun sign groups. Arians are predominant in physical energy, and extrovert. They like to be first and love a fight. They are impulsive, and believe in deeds not words. They tend to blow hot, then cold.

ARIAN APPEARANCE is often given when Aries is on the Ascendant due to the time of birth. Arians are slender in youth. The males are wiry, females slim. Putting on weight is muscular rather than fat. Convexity of profile, with a forehead slope indicative of quick thinking, a slightly backward slope of chin and a prominent nose are common. The nose may be straight, hooked, snub, long or blunt, but seems to advance from the plane of the face like a ship's prow. Some noses have a tip looking as though it had been slightly pressed. Arians often have a sheep-like profile. Some have thin lips curling up at the corners. Their glance is always direct.

THE ARIAN WIFE AND MOTHER is capable of running a home and job, and a disciplinarian. She wants her family to look up to her, and wants to be "somebody" in her locality. She hates queuing. She is an impulse buyer, but feeds her family on what is to hand. She is warm, ardent, sincere and demonstrative, but has a quick temper which is soon over. She is often attractive. But she is inclined to disregard rights and feelings of others. Arian women adore or merely tolerate husbands. They rise well to emergencies, but they need personal freedom.

THE ARIAN HUSBAND AND FATHER likes to rule his home. He can be impatient. He can work in any form of employment, as long as there is scope for change and action. His mind is quick in dealing with concrete matters, but he is rarely interested in theories. He responds well to crises, and is ambitious. He wants his family to be proud of him, and likes praise. He needs a warm, affectionate, admiring wife. The Arian man takes everything for granted, and can be childish and he is likely to bring home unexpected guests. Although he bosses his children around, he is never malicious and does not bear a grudge. He can appear indifferent when he wants to, but this just makes him more attractive.

ARIAN CHILDREN are bouncing babies, brimful of energy, and often noisy. They need to shout, and enjoy rough and tumble play, toys they can ride, push, pull, roll, pile up, knock down. They are natural leaders, but are inclined to act before thinking. They should be taught to distinguish between leading and pushing. They are courageous. To keep them out of mischief, keep them busy. Doing new things for the first time interests them. Encourage them to finish off whatever is started.

ARIAN HEALTH. Arians have a sturdy physical constitution, and hate to give in to illness. They are difficult, irritable patients. They can quickly reach a higher temperature than most people when ill, but their recuperation is equally rapid. They are dynamos of energy, but they should avoid nervous exhaustion, over-exertion and outbursts of temper. They might find it difficult to get enough rest and sleep. Food doesn't particularly interest them, although they like meat and vegetables. They need plenty of protein. Arians detest left-overs, and they should not bolt their food.

TAURUS

If you were born between April 21 and May 20, you are a Sun Taurean. If you were born any day of the year at the time the zodiacal sign Taurus ascends in the diurnal sky, you have a Taurean Ascendant. If you were born when the Moon is passing through the sign Taurus (about two and a half days each lunar month) you have some of the Taurean personality in your make-up. So Taureans can be born any day of the year.

Have you a Taurean in your family?

THE TAUREAN PERSONALITY has a soothing effect on people. They are good listeners, and have a soft, friendly warmth. They are affectionate and patient, but also stubborn and sentimental. They are loyal and never make disparaging remarks about Taurean family or friends. They sometimes lack initiative, and can hold grudges. They resent being rushed. They think the world judges by what they have, not what they are.

TAUREAN APPEARANCE is given when the sign is rising at the time of birth. Men are rugged, and solid, with a thick neck and broad shoulders. Their torso is solidly fleshed, greyness and baldness are long delayed. Some Taurean women are plump from shoulders to knees, with slender legs and ankles. Their features are small in proportion to face. Their head and face are built on square. The brow and nose are compact, close to plane of face. Their features do not stand out sharply from their face. Sometimes they have dimples on their chin or cheek. Their hair often grows down in peak at centre of forehead hairline. They have small luminous eyes under arched brows. Their hands are somewhat short, although some females have very feminine hands. They have nice ears.

THE TAUREAN WIFE AND MOTHER desires material comfort and a good home. She is rarely a slave to dustpan, and brush, but she likes to make things "nice". She only wants a small family that she can cosset and cherish adequately. She fusses over her children and makes an attractive, home-loving partner. She likes good clothes. She has a tendency to resist change. The Taurean woman prefers expensive shops, but buys shrewdly. She can judge food values and looks for reasonable prices. She likes to have money of her own, and "do-it-yourself"

ideas to save money. She appreciates any form of entertainment, and gifts please her. She likes to dress up.

THE TAUREAN HUSBAND AND FATHER likes to find his wife at home preparing the evening meal when he returns from work. He doesn't wish for more children than he can bring up comfortably in a good environment, and is a good provider. He is protective, but obstinate when opposed. He is calm and detached. He likes to give surprise gifts. He has strong emotions, and cannot be driven. He rarely panics. He is down to earth about sex and love, but is not the adaptable type. He is a hearty eater, and enjoys sports. Above all, he is a responsible father.

TAUREAN CHILDREN. With good dispositions, they are cuddlesome babies with winning ways, but are hard to wean. They are warm-hearted, loving and gentle, but at times lazy. They like to play sitting down. They want to do what is right, and need a pleasing, harmonious and artistic environment. Protect them from discordant family scenes, which have a more disturbing effect on them than can be imagined by their imperturbable appearance. Taurean children love sweets. They are sociable.

TAUREAN HEALTH. They have physical stamina, and strong resistance to illness, but have slow recuperative powers. They should observe regular habits of exercise and elimination to prevent toxic conditions. They have a tendency to over-indulgence, and should control their appetite for heavy, rich food. They like beef and love chocolate. A day in the country "getting away from it all" is the best sedative when they are over-taxed physically or mentally.

GEMINI

If you were born between May 21 and June 20 you are a Sun Geminian. If you were born any day of the year at the time the zodiacal sign Gemini ascends in the diurnal sky you have a Gemini Ascendant. If you were born when the Moon is passing through the sign Gemini (about two and a half days each lunar month) you have some of the Gemini personality in your make-up. So Geminians can be, and are, born every day of the year.

Have you a Geminian in your family?

THE GEMINIAN PERSONALITY is motivated by movement and curiosity. The Gemini has power to communicate by the written and spoken word. They are forever youthful with a lively intelligence. They are bright, clever, quick-witted, and prefer facts to fantasy. They are talkative, versatile, gossipy, and cannot settle into strict routine, as they dislike monotony. They need change and stimulation from meeting and mixing with many people. The Geminian tends to live on his nerves and do two things at once.

GEMINIAN APPEARANCE is given by having this sign on the ascendant. It is one of tall slenderness, and is retained throughout life. They have long arms, legs, hands, fingers and toes. Their hands are nervous and expressive. They have straight silky hair.

THE GEMINIAN WIFE AND MOTHER loves with the mind. She needs intellectual companionship in marriage, and is not a possessive mother. She enjoys her children most when they are at school and as teenagers. An active social life is important to her. She dislikes being tied to routine chores, she can become slapdash and nervy and create a restlessness in the children. She loves gadgets, and advocates quick, packaged, frozen foods. She puts variety into meals, by cooking with a little of this and that. She has social flair, and entertains in a gay, informal way. She loves fresh flowers. She looks for bargains, and is inclined to do part-time jobs.

THE GEMINIAN HUSBAND AND FATHER is affectionate and considerate. He admires brains as much as beauty, and expects his wife to keep up with his many and varied interests. He can drive a wife frantic by his swift changes of mood and project. He is difficult to pin down, and spreads his interests widely. He will put himself out for others, and usually wants to be helpful. He can give a neighbor a hand, or a lift. He alternates between generosity and carefulness, and doesn't mind hire purchase. He likes to twiddle radio knobs and jingle keys in his pocket. He loves children, and enters into fun of family life and their intellectual pursuits.

GEMINIAN CHILDREN are lively, active, and fun-loving. They question everything. (Better swot up the answers.) They are easy to educate. They are fidgety, inquisitive and meddlesome, so it is best if you can provide toys to keep their hands busy. They love to run in and out of houses, and have a friend to go everywhere with them. Encourage them to finish off the many projects they start, but don't limit them. They need a calm home environment to prevent over-excitability and restlessness.

GEMINIAN HEALTH rests on the nerves. They need more frequent rest periods than average person, but can take cat naps. They will find it is not too wise to sleep too long at a stretch as this tends to make them less alert. They have small appetites, but they need plenty of fuel to maintain nervous vitality. They should eat plenty of nerve foods, such as lettuce, celery, fish, shellfish, and take enough time over eating to allow their digestion to function properly. Usually they are very fit and worry little about their health, but deep breathing helps overcome any illness.

CANCER

If you were born between June 21 and July 21, you are a Sun Cancerian. If you were born any day of the year at the time the zodiacal sign Cancer ascends in the diurnal sky you have a Cancer Ascendant. If you were born when the Moon is passing through the sign Cancer (about two and a half days each lunar month) you have much of the Cancer personality in your make-up. So, Cancerians can be, and are, born every day of the year.

Have you a Cancerian in your family?

THE CANCERIAN PERSONALITY is sensitive, emotional, protective of those loved, shy and quiet, yet very tenacious. The Cancer person has ability to hang on to a situation longer than most. Those of this sign are said to be Moon ruled, and they do seem to change with the phases of the Moon. From the new to full moon they are eager to get out and about, make new contacts and explore; from the full Moon to the next new Moon — that is when the Moon is waning — they want to stay at home and are introspective, and their vitality seems low.

CANCERIAN APPEARANCE is given by having this sign on the Ascendant. It is one of a heavy full body on slim, rather short legs. The features are often "moon-faced" and the complexion may be pale and translucent. Their flesh is soft, cushiony.

THE CANCERIAN WIFE AND MOTHER is maternal, protective and possessive. She "babies" her family and enjoys most the infant period of children. She makes a comfortable home and is family orientated. She can be a sensuous wife. Her instinct is to be a "mother-in-the-home", but if, for any reason, she must take a job, she is capable of managing both without any neglect of her family. Her choice of work outside the home should be in her "natural" field — nursing, child welfare, public services, cooking, catering, writing romance, acting or singing. Any trades connected with fluids, such as marketing dairies or laundries are propitious. A career in the background helps her when her family are grown and gone — this is a time when she can grieve more than most other signs do.

THE CANCERIAN HUSBAND AND FATHER is the best paternal of the Zodiac; interested and co-operative in pregnancies and helpful in home life. He is a loving watchful father with children and hates to see them grow up and leave the nest, but keeps an open door for return visits. He may seem a shy, modest lover, but is considerate, faithful and tender. He will try to be a good provider and can be very self-sacrificing, but he should be encouraged to take an interest in community and public affairs, for which he has a flair, or follow his artistic pursuits if he has talent.

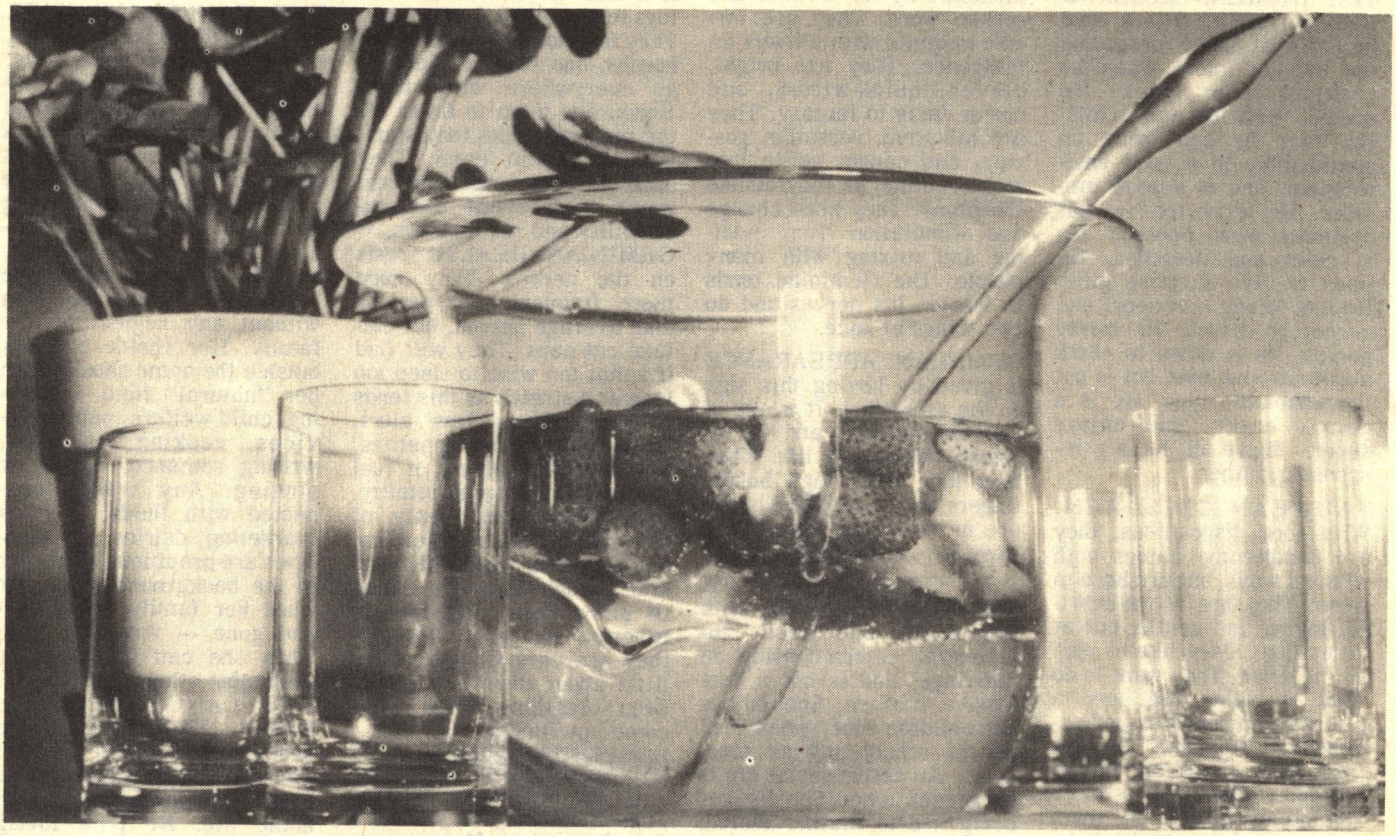
CANCERIAN CHILDREN often have a mother fixation; they are deeply attached to her and feel safe and secure in those early days when they are closely related in the house and kitchen. Starting school can be an emotional, upsetting time for them, but once settled (and this is the child mother should be waiting at the gate for in early days), they become happy, diligent little scholars. Their potential lies in links with the past — history, romance, archaeology, biology, zoology, domestic subjects, music.

CANCERIAN HEALTH varies greatly, up one day,

Please turn to Page 92

● SEE SPECIAL ZODIAC OFFER PAGE 110

Anne Marshall's



. . . and Ethel Brice's

SUMMER PUNCHES

EVERY successful party-giver I know has a good punch recipe and usually it is made from select ingredients. Often these friends won't part with their punch recipes, so to help you out with your summer party planning I suggest you try one of the following punches. Rosy Pink Punch is a very feminine punch, suitable to serve at a ladies' lunch party. Watermelon Punch has terrific eye appeal and is good at a teenagers' party. Claret Cup will lift your spirits on a very tiring day, like Campari Punch, which is the perfect cocktail to serve before a summer dinner party. Strawberry Champagne Punch is festive and fun to serve at a summer wedding reception and finally, Cider Punch for the backyard barbecue. Remember to chill all your ingredients well, to keep a good supply of ice in the freezer and to serve your party punches extremely well chilled if they are to be enjoyed and remembered.

STRAWBERRY CHAMPAGNE PUNCH

(Pictured left)

3 punnets strawberries
6 oz. (1 cup) pure icing sugar or powdered glucose
1 flagon moselle
1 bottle champagne

Wash strawberries in cold flowing water and dry carefully with absorbent paper towelling.

Hull strawberries and place in a large punch bowl. Sprinkle with icing sugar or powdered glucose and add a quarter of moselle. Chill well for at least 1 hour.

Just before serving add 2 trays of ice blocks, the remaining chilled moselle and chilled champagne.

Serve in tall slim glasses or white wine glasses with a strawberry in each glass.

Serves 20 - 24.

WATERMELON PUNCH

2 pints, (8 cups) iced tea
½ cup crushed mint leaves
4 oz. (½ cup) sugar
5 fl. oz. (¼ pint) water
8 fl. oz. (1 cup) apricot juice
8 fl. oz. (1 cup) pineapple juice
4 fl. oz. (½ cup) lemon juice
1 tray crushed ice
1 large watermelon
1 bottle (split) tonic water
Orange segments or halved seeded grapes for decoration.

Pour tea over crushed mint leaves and leave to stand for 5 minutes. Strain into a large jug or bowl.

Dissolve sugar in water in a saucepan and add to tea.

Add fruit juices and crushed ice.

TWO BIG COOKING SPECIALS

Cut watermelon in half lengthways, scoop out fruit and cut into ¼ inch dice and discard seeds. Add watermelon fruit to punch and chill for at least 1 hour.

Add tonic water just before serving.

Serve punch in hollow watermelon halves, decorated with orange segments or halved grapes. Ladle into small glasses to serve.

Serves 25 - 30.

Please turn the page

SWEET FAREWELL

HERE are delicious sweets, ideal for the summer months, for my last New Idea recipes. If there's a special occasion coming up, do try the unusual Continental dessert.

ETHEL BRICE

CONTINENTAL DESSERT

(Pictured left)

3 oz. semi-sweet chocolate
¼ cup castor sugar
¼ cup water
1 teaspoon vanilla essence
2¼ cups plain flour
6 oz. butter
Cream filling
Split blanched almonds
Little melted chocolate

Cream filling:
1½ cups sugar
⅔ cup water
8 oz. unsalted butter
⅓ cup finely chopped toasted almonds
2 teaspoons rum

Grease oven trays, cut four circles of greaseproof paper or foil 8 in. diameter and put on the trays. Lightly grease the circles.

Chop chocolate roughly, add sugar and water, heat over simmering water, stirring occasionally, until chocolate has melted. Stir in vanilla essence and put aside.

Sift the flour, rub in the butter lightly until mixture resembles coarse crumbs. Mix in the cold chocolate mixture.

Divide mixture between the circles, spreading evenly. Bake in a hot oven for about 10 minutes, or until firm. Carefully remove from trays and cool on a wire rack.

When cold, remove the paper and join the layers together with the cream, spread more over top. Chill overnight and top with the split almonds which have been coated with chocolate at one end.

Cream filling: Put into a saucepan the sugar and water, cook over low heat, stirring, until sugar has dissolved. Bring to the boil and then boil for 5 minutes, put aside until cold.

Beat the butter until white and creamy, gradually add the sugar syrup, beating after each addition, mix in the chopped, toasted almonds and rum.

CHEESE CREAM

8 oz. ricotta or cottage cheese
2 teaspoons grated lemon or orange rind
⅓ cup castor sugar
1 egg, beaten
3 teaspoons rum
1¼ cups sour cream
2 teaspoons castor sugar
Extra rum to taste

Push cheese through a coarse sieve, add the grated rind, ⅓ cup sugar, beaten egg and the 3 teaspoons rum, beat until creamy.

Turn into an ice cream tray and freeze until firm. Mix castor sugar and rum into the sour cream, spread over cheese cream and serve.

CHOCOLATE BAVARIAN

1 cup milk
4 oz. semi-sweet chocolate
6 teaspoons gelatine
¼ cup hot water
3 eggs, separated
2 tablespoons sugar
3 teaspoons rum
1 cup cream

Chop chocolate, add to the milk and heat gently, stirring, until chocolate has melted, let cool a little.

Beat together egg yolks and sugar until thick and creamy, slowly stir in the chocolate-milk.

Please turn the page

Anne Marshall's cookery school

SUMMER PUNCHES

Continued from previous page

CLARET CUP

4 oz. (½ cup) sugar
5 fl. oz. (¼ pint) water
1 pint (2½ cups) claret
Juice of 2 lemons
Juice of 2 oranges
Mint spring for decoration
1 bottle (split) soda water

Dissolve sugar in water in a saucepan.

Place claret into a large jug and stir in sugar syrup and fruit juices. Add mint sprigs and chill well.

Just before serving, add soda water.

Serve in chilled glass punch cups or small brandy glasses.

Serves 10.

CIDER PUNCH

1 pineapple
2 tablespoons castor sugar
8 fl. oz. (1 cup) rum
2 x 26 fl. oz. bottles cider
1 bottle (split) soda water
1 tray ice cubes
Cucumber slices and mint leaves for decoration.

Peel the pineapple and chop the fruit finely. Place the chopped pineapple into a punch bowl or jug and sprinkle with sugar. Chill for 30 minutes.

Add the rum, chilled cider, chilled soda water and ice cubes. Decorate with cucumber slices and mint leaves and serve chilled in small glasses.

Serves 16.

ROSY PINK PUNCH

4 cups sliced rhubarb, approx. 1 lb.
12 oz. (1½ cups) sugar
8 fl. oz. (1 cup) water
16 fl. oz. (2 cups) pineapple juice
4 fl. oz. (½ cup) lemon juice
Edible red or pink food coloring
1 tray ice cubes
3 bottles (splits) dry ginger ale

Wash and trim rhubarb and slice thinly for measuring.

Place rhubarb, sugar and water in a heavy-based pan, cover and stew gently until tender.

Strain rhubarb juice into a large chilled jug or punch bowl. Add pineapple and lemon juices and stir in sufficient coloring to make the punch rosy pink. Add ice cubes and chill in refrigerator until ready to serve.

Add ginger ale just before serving. Serve poured over more ice if necessary.

Serves 20.

CAMPARI PUNCH

(Pictured right)

8 fl. oz. (1 cup) campari
4 fl. oz. (½ cup) vodka
16 fl. oz. (2 cups) orange juice
4 fl. oz. (½ cup) passionfruit juice
2 bottles (splits) soda water

Place campari, vodka, orange and passionfruit juice altogether in a glass jug and chill for at lease 1 hour.

Just before serving add chilled soda water and serve chilled in small glasses.

Serves 12.

TESTED RECIPES FROM

Ethel Brice's Kitchen

SPOON MEASUREMENTS ARE LEVEL AND THE 8 FL. OZ. GRADUATED MEASURING CUP IS USED.

SWEET FAREWELL

CHOCOLATE BAVARIAN

Continued from previous page

Cook over hot water, stirring constantly, until custard has thickened slightly, remove from heat. Dissolve gelatine in the hot water, slowly stir into the custard. Add the rum, chill until thickening, stirring occasionally.

Whip cream until thick and fold in, then fold in the egg whites, beaten until stiff. Turn into a lightly oiled mould and chill until set. Unmould and serve with whipped cream, if you wish.

COFFEE AMBROSIA

1 envelope gelatine (6 teaspoons)
2 cups strong black coffee
½ cup sugar
Pinch salt
2 tablespoons chocolate or coffee flavored liqueur
1 cup macaroon crumbs
1 tablespoon rum
½ pint cream

Sprinkle gelatine over the hot coffee, stir until dissolved. Stir in sugar, salt, liqueur and rum. Chill until syrupy, stirring occasionally.

Fold in the macaroon crumbs and then the cream, whipped until thickening. Turn into a serving bowl and chill until set. If you wish, top with whipped cream.

RHUBARB AND GINGER COMPOTE

1½ lb. rhubarb
1 cup sugar
1¼ cups water
2 tablespoons chopped preserved ginger in syrup
2 tablespoons syrup from ginger
2 thin slices lemon

Cut rhubarb into sections. Put sugar and water into a saucepan, bring to the boil, stirring until sugar has dissolved. Boil rapidly for 5 minutes, add the ginger syrup.

Add the rhubarb and lemon slices, cover and simmer about 7 minutes, or until rhubarb is tender.

Remove lemon slices, transfer rhubarb to a serving bowl. Scatter the ginger over and chill before serving.

ALMOND CREAM

2 eggs, separated
1 tablespoon sugar
1¼ cups milk
3 teaspoons gelatine
1½ tablespoons hot water
1 teaspoon almond essence
1 tablespoon castor sugar
¼ pint cream, whipped

Beat together egg yolks and sugar, stir in the milk. Cook over simmering water, stirring, until thickened, cool slightly.

Sprinkle gelatine into the hot water, stir until dissolved. Stir into the egg mixture, with the almond essence.

Cool, then chill, stirring occasionally, until the consistency of unbeaten egg white. Beat egg whites until stiff but not dry, gradually beat in the castor sugar.

Fold into gelatine mixture and then fold in the whipped cream. Turn into a serving bowl and chill until firm. Serve with chocolate or caramel sauce if you wish.

FRUITY DELIGHT

1 packet lemon jelly crystals
1 cup evaporated milk
½ cup sugar
1 egg
Pulp 6 passionfruit
1 cup sliced fresh, frozen or drained canned strawberries

Make up the jelly according to directions given, chill until partially set. Beat together evaporated milk, sugar and egg, stir in the passionfruit.

Add to the jelly and whip until mixture increases in volume. Fold in the berries, spoon into individual serving dishes and chill until set.

FRUITY RICE

(Pictured right)

1 can (15 oz.) fruit cocktail
½ packet lime or lemon jelly crystals
½ cup hot water
½ cup evaporated milk, chilled thoroughly
1¼ cups cooked rice
¼ cup sugar
3 tablespoons slivered, toasted almonds

Dissolve jelly crystals in the hot water. Chill until beginning to thicken and then beat until frothy.

Beat evaporated milk until thick and fold in and then fold in the rice, with the sugar and almonds mixed in.

Put a layer of fruit into the base of individual sweets bowls or glasses, cover with rice mixture and top with rest of fruit. Chill well and serve topped with whipped cream if you wish.

● OUR TRIBUTE TO ETHEL BRICE, PAGE 4

Top designer Mike Treloar enjoys more than 6 cups of coffee a day...

and never loses sleep over it.

"The fashion game's a fairly hectic one. You're always on the go. And the busier I get, the more coffee I drink. Six, maybe eight cups a day. At the end of the day, when I wanted to relax, I used to find I was still tense and jumpy.

Then, when I was in Europe, I discovered H.A.G. Decaffeinated Instant Coffee. And for the first time I could drink all the coffee I wanted without worrying about whether I'd get a good night's sleep. And taste! Really rich and satisfying.

So when I found H.A.G. here in Australia, I made it part of my daily routine. And I've been sleeping more soundly ever since."

H·A·G. Europe's favourite decaffeinated coffee.

HA04

BEAUTY CAPTURED ON CANVAS

MAKE THESE TWO NEEDLEPOINT TAPESTRY ITEMS (THE SECOND IS ON PAGE 17) TO DECORATE ANY HOME

NORWEAVE PICTURE (Picture above)

MEASUREMENTS:	in inches (cm)	
Length	21½	(55)
Width	13	(33)

MATERIALS:
Coats Anchor Tapisserie Wool, 11 skeins white 0402, 3 skeins peacock blue (medium) 0168, 3 skeins brown 0420, 2 skeins cyclamen 086, 2 skeins peacock blue (dark) 0170, 2 skeins olive green (light) 0842, 2 skeins olive green (dark) 0843, 1 skein apple green 0204, and 1 skein grass green 0240; ½ yd. (46 cm) double thread tapestry canvas 27 ins. (69 cm) wide, 10 holes to 1 in. (2.5 cm); piece cardboard 21½ ins. x 13 ins. (55 cm x 33 cm); mounting board 25 ins. x 17¼ ins. (64 cm x 44 cm); picture frame 25¼ ins. x 17½ ins (64 cm x 45 cm), width of actual frame ½ in. (1 cm); 2 picture rings; tapestry needle No. 19; strong thread.

STITCH:
Satin (worked in blocks of 3 double stitches, each pair of stitches worked over 3 double threads of the canvas).

DIAGRAM:
Diagram A gives the complete design. Each background square on the diagram represents one block of 3 double satin stitches worked over 3 double threads of the canvas.

TO MAKE:
Mark the centre of canvas both ways with a line of basting stitches. Work stitches between a pair of narrow double threads. Prepare the canvas, and mount it, if you are using a frame. Commence the embroidery centrally, following color key and diagram A. The blank arrows mark the centre and should coincide with your basting stitches.

TO COMPLETE:
Stretch canvas if necessary. Place the embroidery centrally over the cardboard, right side uppermost, fold the unworked border of canvas to the back and secure with pins inserted into the edge of the cardboard. Pin top edge first then pull firmly over the lower edge and pin in position. Repeat with side edges, pulling fabric until it lies taut on the cardboard.
Secure at the back by lacing side edges together with strong thread, then lacing top and bottom edges together. Remove pins. Mount centrally in mount and place in picture frame.

GEOMETRIC CUSHION (Pictured on Page 17)

MEASUREMENTS:	in inches (cm)	
Length	15½	(39)
Width	13	(33)

MATERIALS:
Coats Anchor Tapisserie Wool, 16 skeins white 0402, 3 skeins cyclamen 089, 3 skeins deep maroon 0873, 2 skeins mid grey 0398, and 2 skeins brown 0904; ½ yd. (46 cm) double thread tapestry canvas 19 in. (48 cm) wide, 10 holes to 1 in. (2.5 cm); ½ yd. (46 cm) white medium weight furnishing fabric 48 in. (122 cm) wide for backing; tapestry needle No. 19;

Please turn to Page 17

"Why I'm a Whirlpool* Mum"

TONI LAMOND

"Being a working Mum and in both senses of the word, an entertainer, I needed a super fridge. I chose a beauty. It's the super star of the quite wonderful range of all the Whirlpool Refrigerators. Here's why I'm a Whirlpool Mum."

"Defrosting. I used to go out of my mind thinking about it."

Now there's no need to think about it. Forget defrosting anywhere, anytime in both the refrigerator and freezer compartments.

"The freezer's so big it could feed a cast of thousands."

It's a sub-zero degree freezer which ensures safe keeping of all frozen foods. Temperatures operate way below freezing point. It's a huge 134 lb. capacity—almost 4 cu. ft.

"It keeps meat tender fresh for up to a week. Very handy for me—great for my guests."

A stream of cold air flows around the big porcelain enamel meat keeper. It keeps its contents fresh, moist and ready to cook. With this 7-day meat keeper there's no waste—and less shopping. Very efficient—very convenient.

"Everything smells fresh as a daisy all the time."

The special Whirlpool refrigerator Air Purifying System soaks up odour molecules. Strong food smells don't get a chance to mingle with other foods. So everything in the main food section retains its own flavour. And the fridge always smells daisy fresh.

"Butter! Now I can spread it around —anytime."

When you want to put on a spread, or sandwich something between meals, your butter is firm, fresh and under control. The Whirlpool butter compartment means you can butter up anyone—anytime. Hard times are a thing of the past.

"The garden fresh crispers—almost enough to turn me vegetarian."

Two big, porcelain enamel crispers keep vegetables and fruit in a way that reminds you of the same flavour and crispness as the day you chose them.

"The Whirlpool big space is more flexible."

Removable egg racks and adjustable door shelves offer flexibility of storage. An added benefit is the glide-out shelves. Food is more reachable. Everything can be so handy.

"I don't have to call in the removalists."

It's on easy-roll rollers. It's so easy to remove the things that are dropped behind or gather under the fridge. Just roll it out, sweep the things out, then roll the fridge back.

"And I'm a Whirlpool Mum for other reasons."

My refrigerator is made in Australia by Malleys. And they back it with a solid Australian guarantee.

"Guess Whose Mum's got a Whirlpool—Little old me!"

Whirlpool* Refrigerators.

MALLEYS HOMEMAKER PRODUCTS

*Trademark Used by Authority of Trademark Owner, WHIRLPOOL CORPORATION, U.S.A.

MF104 NI

BEAUTY CAPTURED ON CANVAS

Continued from Page 15

cushion pad 15 in. x 12½ in. (38 cm x 32 cm).

DIAGRAMS:

Diagram A gives one quarter of the complete design. Each background square on the diagram represents the double thread of the canvas. (**Note.** Turn diagram so short edges are at the sides, the patterned section is along the top.)

Diagram B shows the arrangement of the stitches on the threads of the canvas. The double stitches are the cross stitches; the small, separate stitches are the half cross stitches which are worked over single threads of the canvas.

TO MAKE:

Mark the centre of canvas both ways with a line of basting stitches. Take stitches along a line of holes lengthwise and between a pair of narrow double threads widthwise. Prepare canvas, and mount it, if you are using a frame.

The design is worked in cross stitch and half cross stitch. With one long side of canvas facing you, commence embroidery centrally and work the quarter of the design given in diagram A, following stitch and color key and diagram A. The blank arrows on the diagram mark the centre and should coincide with your basting stitches. To complete work other three quarters to correspond.

TO COMPLETE:

Stretch canvas if necessary. Trim canvas to within 1 in. of embroidery. Cut a piece the same size from backing fabric. Place fabric and embroidery together, right sides facing, and sew round 3 sides close to the embroidery (no canvas should show when cover is turned right side out). Turn cover to right side. Insert cushion pad. Turn in remaining seam allowance along open edges, slipstitch neatly together.

From the book The Creative Art Of Needlepoint Tapestry by Joan Fisher. (C) Copyright the Hamlyn Publishing Group 1972; published by Paul Hamlyn Pty. Ltd. Recommended price $3.95.

DIAGRAMS AND COLOR KEYS FOR NORWEAVE PICTURE AND GEOMETRIC CUSHION ARE ON PAGE 87

We've brought skin care back to basics...

'Beauty Basics' is for the woman who likes things uncomplicated.

Now you need never be confused about skin care again. What to do. When. How. New 'Beauty Basics' by Prue Acton Cosmetics, is the first simple system of skin care for the woman who likes things uncomplicated.

Just 3 short minutes, morning and night, gives you the complete 3-step programme of cleansing, toning and moisturising. All you'll need for a clear fresh, glowing complexion.

And it doesn't matter what type of skin you have. Oily, normal/combination, or dry, these 4 Basics every day do all the caring:

Cleansers – to remove every trace of pore pollution

Toners – soothing, freshening and stimulating

Day Care – naturally moisturising and protective

Night Care – nourishing with oils to lubricate and keep the skin's moisture balance.

In 'Beauty Basics,' science and nature have come to a beautiful understanding. Each preparation is based on the most advanced formulae of European scientists and enriched with timeless beautifiers of the centuries. Pure, natural extracts of Sage, Camomile, Cucumber, Wild Mallow, Avocado and Marigold.

Clinically tested and dermatologically approved in Europe and Australia, 'Beauty Basics' are as hypo-allergenic as it is possible for any preparations to be. A lovely re-assurance for the woman who really cares about her skin.

Start caring! Any woman worth her femininity knows she should. It's all so beautifully simple with 'Beauty Basics'.

	Oily Skin	Normal/ Combination Skin	Dry Skin
Cleanser	Purifying Washable Cleanser	Moisturising Gel Cleanser	Soothing Milky Cleanser
Toner	Purifying Facial Freshener	Moisturising Facial Freshener	Soothing Facial Freshener
Day Care	Purifying Day Care	Moisturising Day Care	Soothing Day Care
Night Care	Purifying Night Care	Moisturising Night Care	Soothing Night Care

Beauty Basics
by Prue Acton Cosmetics

HOW APPROACHING MOTHERHOOD AFFECTS YOU

Professor Carl Wood and Dimity Reed discuss physical changes in the mother-to-be, miscarriage and sexual feelings

Miscarriage

Miscarriage is a common event and many women are unnecessarily depressed by the prospect of failure after they had one, two or even three consecutive miscarriages.

After one or two miscarriages, the prospect of having a normal pregnancy is nearly the same as any other woman.

After three consecutive miscarriages the chances are still good, although a little less than another woman who has never miscarried.

Many of the miscarriages which occur in the first few weeks of pregnancy are due to an abnormal development of either the foetus or placenta. In this instance miscarriage serves an important purpose by detecting and deleting nature's mistakes.

Miscarriage is usually preceded by bleeding or pain. Slight blood loss, spotting or brown discharge does not mean you will miscarry, as about one in four normal pregnancies are associated with such occurrences.

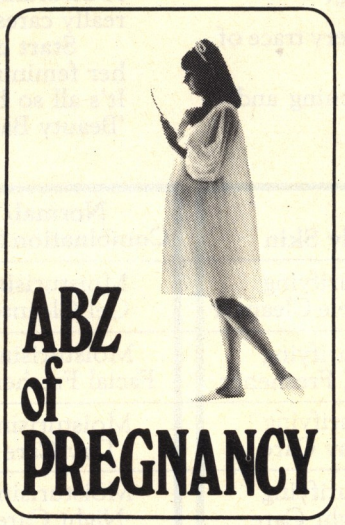
If bleeding is heavy (that is, more than a period) or pain is severe, miscarriage is likely. Many women fear that when bleeding occurs, but pregnancy proceeds, there is a greater possibility of the foetus being damaged or abnormal. This is not so.

When miscarriage threatens (pain or bleeding), no treatment will change the natural course of events. Remedies are legion and while some are merely useless others may be harmful.

Occasionally miscarriage is due to weakness of the neck of the uterus, in which case a stitch placed round the cervix will strengthen it and prevent abortion. This is done under an anaesthetic and the stitch is removed before labor at the end of pregnancy.

If bleeding or pain is slight it is best for you to carry on normally so that you do not worry unduly about the possibility of miscarriage. If bleeding is the same or heavier than your normal period, or pain is severe, notify your doctor.

Although treatment does not prevent miscarriage in



CONCLUDES

these circumstances, your own health has to be protected and rest and observation, either at home or in hospital, may be necessary. Should miscarriage occur drugs are given to control the blood loss.

Should excessive bleeding occur at any time in pregnancy and you have difficulty in contacting your doctor, proceed straight to the Casualty Department of the nearest public hospital.

Many women blame something for their miscarriage. If an emotional or physical upset precedes a miscarriage, it is natural to blame such an event. However, evidence suggests this is not so.

Movements

You will feel the foetus move for the first time between the 16th and 24th weeks of pregnancy. The movements become stronger as the foetus grows and in the last few weeks, when the amniotic fluid diminishes, some kicks may cause sharp pain.

You may notice the foetus kicking more at a particular time such as when you eat, lie down to sleep, or are frightened by something. It has a developed nervous system and responds to sensations like noise or vibration.

Obstetrician — how to choose

If you like your general practitioner and he or she is a qualified general practitioner-obstetrician, then that is a good choice.

The advantage of using your family doctor is that he will know you and your family so that social or emotional problems arising during the pregnancy may be resolved more easily.

Your doctor's reliability and kindness are just as important as his technical skill.

Some women seek specialist care because of past medical or obstetric complications. Conditions which warrant specialist attention are high blood pressure, kidney, heart or lung diseases; surgery for previous serious illnesses such as cancer; repeated miscarriage; a stillbirth or neo-natal death; premature labors; previous Caesarean section and previous difficult vaginal delivery.

When previous labor has been prolonged or unusually painful, specialist care may be an advantage.

Piles

Piles are particularly common in pregnancy. Their frequency at this time is due to the effect of hormones made by the pregnancy.

Fruit, plenty of fluids and bulk-forming cereals will soften the motion and relieve symptoms of piles. Laxatives such as normacol and coloxyl, can be used. Local ointments are of particular use for pain and irritation. Simple ointments include a local anaesthetic agent such as xylocaine. Sometimes cortisone ointment helps.

When the symptoms are severe surgery can be carried out during pregnancy and will not harm the foetus. It is not necessary to postpone surgical treatment until after childbearing is complete.

Placenta

The placenta joins the foetus to you by means of a tube known as the umbilical cord. The placenta grows rapidly in the first half of pregnancy but quite slowly in the second half.

The placenta is best regarded as an integral part of the foetus as it carries out lung, kidney and gastro-intestinal functions normally performed by organs inside the adult. It carries out these functions in two ways. Blood from the mother and foetus meet in the placenta where nutrients and oxygen pass to the foetus across a thin lining, and waste products pass

ABOVE: Physical changes in the last few months of pregnancy may worry many mothers-to-be, but they are seldom permanent in effect.

across the same lining to the mother.

In addition, the placenta is active in forming substances which are essential to the life of the foetus, and in breaking down substances which are harmful to the foetus.

Pregnancy tests

The most reliable pregnancy tests are done on urine. The tests are based on estimation of one of the hormones made by the pregnancy. Two types are used, one requiring two to three minutes and the other about two hours.

The test is positive 42 days after the first day of your last menstrual period, that is about two weeks after the expected day of your first missed period. The test is 98 per cent reliable.

When the result is uncertain, or great importance is attached to the accuracy of the result, the test can be repeated several days later. False positive pregnancy tests are commoner around the time of menopause and the test should not be relied upon once one is more than 45 years of age.

Public hospitals

About one in five women attend public hospitals for confinement. The public hospitals provide services which cannot be provided in private hospitals by the specialist or general practitioner-obstetrician. These include special facilities for the diabetic, rhesus immunised and unmarried mother, and intensive care for the foetus and mother when serious obstetric or medical emergencies occur.

Facilities for comfort and privacy in public hospitals are improving but the disadvantage of not knowing who will conduct the confinement still exists. However, specialists of a high calibre are available for consultation by the resident medical and nursing staff, who conduct most of the normal deliveries.

Pushing

During the second stage of the labor you will be asked to push with each contraction. Being able to do this effectively will increase your chances of having a normal delivery.

Like any physical activity, pushing is aided by understanding what muscles act when you push, practising how to push and conserving your energy by relaxing the whole of your body in the intervals between each push. You should learn the technique in ante-natal classes and practise it consistently.

Women vary tremendously in their ability to push with contractions. Most can cope with the effort demanded but some cannot, and some feel too weak at the end of labor to push. Others are frightened that pushing may hurt or damage the vagina while others feel too embarrassed.

About one in 10 women never experience the urge to push and this may be misleading for the obstetric staff. If you do not have the urge to push you may still push effectively when asked to by your doctor or midwife, as long as you know the technique.

Sex

Sexual feeling often changes in pregnancy, either decreasing or increasing. Loss of feeling may be related to fears women have that sex might harm the foetus or cause miscarriage, their loss of feeling discouraging intercourse and protecting the pregnancy. The change in bodily appearance also makes some women feel less feminine, as do complications like varicose veins and vaginal discharge. Furthermore, symptoms such as tiredness, depression and vomiting may be linked with loss of sexual feeling.

After childbirth it is common to experience diminished sexual feeling for several weeks. If your sexual feelings change during or after childbirth let your husband know that this does not reflect your other feelings towards him.

Sex will neither harm you nor your foetus and it won't cause miscarriage. In some complications of pregnancy your doctor may advise you to restrict intercourse.

After delivery, abstinence from intercourse is often advocated for up to six weeks. Usually, this is not necessary. Intercourse can be recommenced as soon as the vagina has healed. The return of sexual desire varies greatly, from two to 12 weeks. You may have intercourse when the perineum has healed. Healing can be assumed when you are no longer sore.

Shortness of breath

Many pregnant women find they can no longer climb stairs or hurry, particularly during the latter half of pregnancy. Shortness of breath results from the greater strain on your heart during pregnancy and restriction of lung function by pressure from the uterus. If shortness of breath is marked or worries you, tell your doctor.

Skin

Your skin may change in a variety of ways. It may become darker from pigment laid down during pregnancy. This darkening fades, at least partly, after the pregnancy.

Small red spots are common and disappear after pregnancy. Stretch marks occur, particularly on the breasts, abdomen and thighs. These shrink and become paler after pregnancy but do not disappear completely.

The skin may become drier or more oily; these changes do not persist after birth. It may be necessary to change the creams you usually use on your skin.

Rashes may occur during pregnancy. Most can be treated successfully by your doctor. Irritation of the skin — an itching sensation — is fairly common and your doctor should be told of this symptom.

Swelling

Swelling is common, may occur anywhere in the body and is most obvious in the feet, hands and face.

When confined to the feet

Please turn to Page 104

THE SWEETHEART LEGEND THAT TURNED SOUR

INTO her 80-plus years, Hollywood recluse, Mary Pickford has packed romance, accomplishment and glamor — but not without a great measure of tragedy: two scandal-ridden divorces and the deaths in rapid succession of her brother, sister and mother.

More than any other person (except perhaps her first director, D. W. Griffith), she brought motion pictures from nickelodeon novelty entertainment to sophisticated sound stories and, at their best, an American-fostered art form.

She was the first movie star, and for more than 20 years the best-known woman in the world.

Mary Pickford is Canadian by birth, English and Irish by ancestry, but her story is straight out of the American Dream.

Her parents were impoverished, she grew up poor in Toronto, was half-orphaned when she was four, and driven by the surviving parent to succeed.

She even married the prince, and not one, but three of them. Mary Pickford and Douglas Fairbanks made movie stars socially acceptable, and as the King and Queen of Hollywood they entertained other kings and queens at Pickfair, their Beverly Hills mansion.

Mary's first and third husbands were also handsome silent-screen idols and there are women today who still grow weak at the mention of Buddy Rogers. But so great was her success and acclaim that he and her first husband Owen Moore were overshadowed by Mary Pickford.

Even Fairbanks' career was enhanced by his marriage to her.

She pursued her movie career for 24 years, won an Academy Award for her first sound picture, and retired after she made her fourth in 1932, with more than 200 silent movies behind her, "because I wanted to retire while I was at my peak," she explained.

It was also partly because her fans couldn't accept her as a grown woman without the curls and talking in a high-pitched voice.

As an actress she was generally underrated in her day, and as a comedienne she is underrated still.

Because audiences responded to her as a golden-haired girl — or as a type or an image of what they wanted her to be — they didn't always see how convincing she was as the poor little rich girl, Rebecca Of Sunnybrook Farm, as Stella Maris or Little Lord Fauntleroy.

It was Thomas Edison, the inventor of the medium she worked in, who labelled her "The sweetheart of the Americans". Her international following as "The world's sweetheart" enabled Mary Pickford to make screen acting, that low profession for women, the highest paid if not the highest in esteem.

She made and kept more money than any other working woman. Her fortune is perhaps in excess of $50 million.

Starting in movies in 1909 for $5 a day, she worked her way up to owning her own studio and $1 million a year 10 years later.

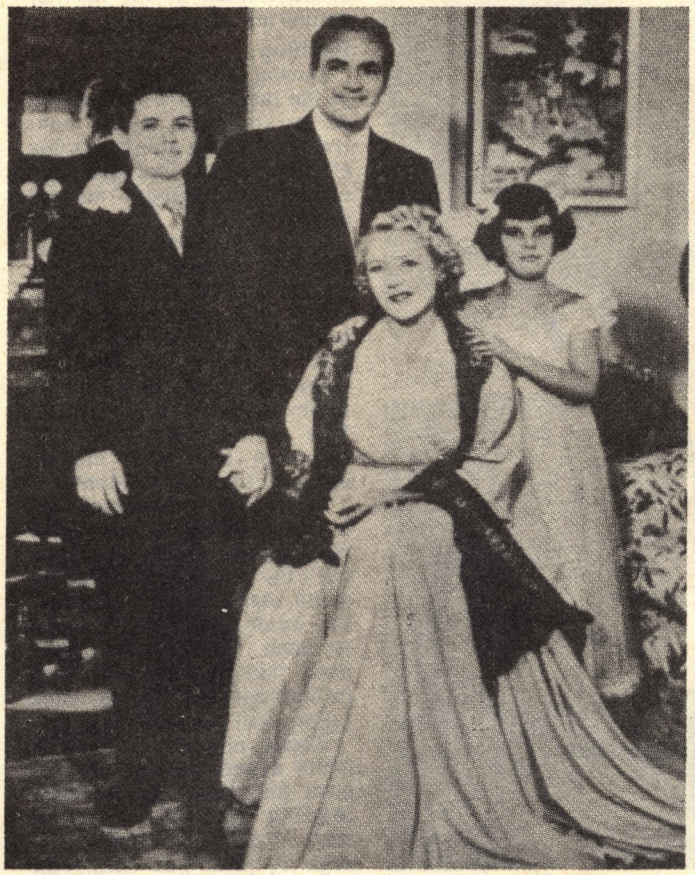
In 1919, at 26, she founded United Artists with Griffith, Chaplin and Fairbanks. One day in the mid-1950s she drove alone in her big white Cadillac up to the front gate of United Artists. There was a strike on and the picketing workers combined to lift the whole car, with Mary Pickford, whom they did not recognise, in it.

"Put me down, you idiots," she shouted. "I own this studio." She sold her last block of stock in United Artists in 1956.

She still has legal control of her property, money and affairs. But her contact with the bank, her business managers and attorneys is erratic, and when she is overwhelmed she summons her niece Gwynne Pickford Ornstein from the south of Spain to come home to straighten things out. As Mary's closest surviving blood relative, Gwynne is the only person who can disrupt the ruling routine.

Gwynne's daughter, Mary Charlotte, was married in November of 1970 at Pickfair, as Gwynne herself had been 28 years earlier. Mary, who was determined to go to the wedding downstairs — after whiling the years away upstairs (See Part One) — had summoned the wigmaker and picked out her dress.

At the last minute she couldn't go through with it,

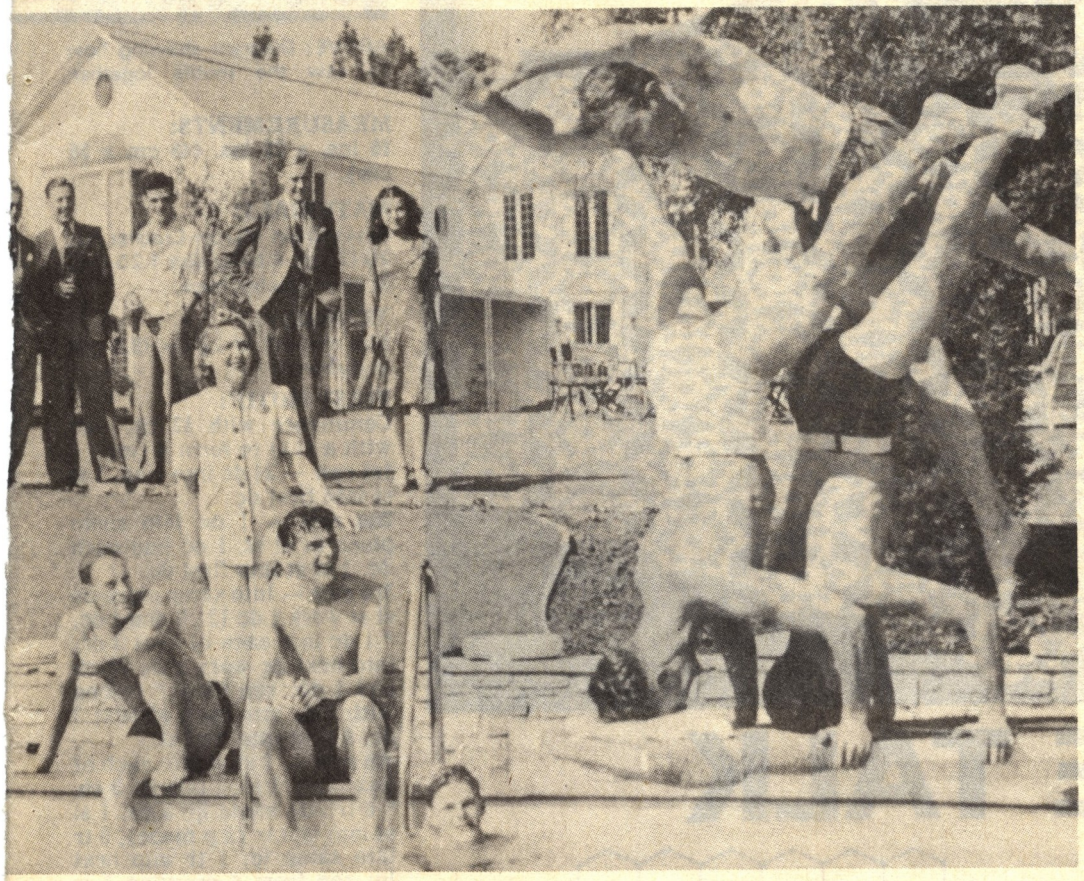


ABOVE: Mary Pickford billed as Rebecca of Sunnybrook Farm — one of her best-known films.

LEFT: Mary with her husband Buddy Rogers and their adopted children, Ronnie and Roxanne, pictured at home in 1948.

RIGHT: Even before America was officially involved Mary plunged into the World War Two effort with a party for 25 young RAF officers at Pickfair.

LAST WEEK, IN THE FIRST OF THIS TWO-PART SERIES, ROBERT WINDELER TOLD OF THE STRANGE RECLUSE LIFE OF FORMER SILENT MOVIE STAR MARY PICKFORD, WHO WENT TO BED IN 1965 AND HAS STAYED THERE EVER SINCE. THIS WEEK HE TELLS HER DRAMA-PACKED LIFE STORY



explaining that, if she did, the occasion would become Mary Pickford's return.

Because of a riding accident during her marriage to Owen Moore, she was unable to have children of her own.

So she and Buddy decided to adopt, and in 1943 and 1944, when Buddy was in the navy, they selected Ronnie, then aged six, from an orphanage, and Roxanne, a six-month-old girl, 10 months later.

They had investigated the children's backgrounds before adoption and Mary was quoted in Time as saying: "We plan to have at least two more and maybe four when we get out of the navy."

But Mary was already 51 and Buddy 40, and they found parenthood a strain and stopped at two children.

In their early years Ronnie and Roxanne were a source of joy and amusement to Mary and Buddy, and they were frequently photographed and brought along to public appearances.

But gradually the children proved to be a disappointment and after they reached 21, though Mary provided for them financially, she would have no contact with them whatsoever.

By 1973 both Ronnie and Roxanne were married. He had five children and was working as a mechanic; she was working as a change girl at a Las Vegas casino.

Largely because of her own policy of buying her movies to keep them from being shown, at least three generations of moviegoers have grown up without seeing a performance of Mary Pickford, the comedienne supreme and the little girl who started us all on our moviemania.

Her last public appearance was in Paris in 1965 for the French Government's Mary Pickford Retrospective at the Cinemateque Francaise The success of The Taming Of The Shrew at Paris encouraged her to re-release the film commercially in the US the next year, with a re-recorded soundtrack, new music and sound effects.

Matty Kemp, a former silent-screen actor, was retained to refurbish The Taming Of The Shrew, and stayed on with the Mary Pickford Company to preside, with Buddy, over the subsequent re-release of her films.

She declined to attend the premiere of her new-old movie, which had cost $1.6 million to produce in 1929.

The new version failed.

In 1970 she gave 51 Biograph shorts to the American Film Institute collection in the Library of Congress; she appears in 47 of them.

The institute paid for refurbishing them and presented a Mary Pickford retrospective in Washington in November 1970, including showings of nine of the Biograph shorts. Pickford festivals followed in Los Angeles, New York, London, Benalmadena in Spain (where Gwynne lives) and other cities. Mary attended none of them.

More and more she refused to leave her bed, and each day began to resemble the one that went just before it.

She got up anywhere from 11 am to 12.30. She read a little, watched TV — Bonanza was a favorite, partly because "Lorne Greene looks like my Buddy". She refused to try the contact lenses that she was advised to wear.

She was excessively religious, a believer in ESP, ghosts and other forms of the occult. She had long been a devotee of astrology.

She was depressed by the Vietnam War, the Sharon Tate murders, and the deaths, in the 1970s, of many of her contemporaries, Harold Lloyd, Bebe Daniels (one of her brother Jack's old girlfriends), Zasu Pitts and others.

She stopped watching movies because she thought they got so dirty.

When Chaplin came home to America in April of 1972 for his special Academy Award, she was not in a conciliatory mood towards him either.

"I think they should ask some of his wives what they think of him," she snarled. "As Sam Goldwyn would say, 'I can tell you in two words what it was like to do business with Chaplin: im—possible'."

She hadn't seen Charlie since 1951 and didn't plan to again.

And today, Mary Pickford will see no one.

Extracted from Sweetheart: The Story Of Mary Pickford, by Robert Windeler; published by W. H. Allen; available October 1973; recommended price $9.80.

TABLE TALK

Enjoy the satisfaction of a bright new coffee table mat that you have crocheted from our easy-to-follow guide

ABOVE: Diagram showing how to sew the motifs together.

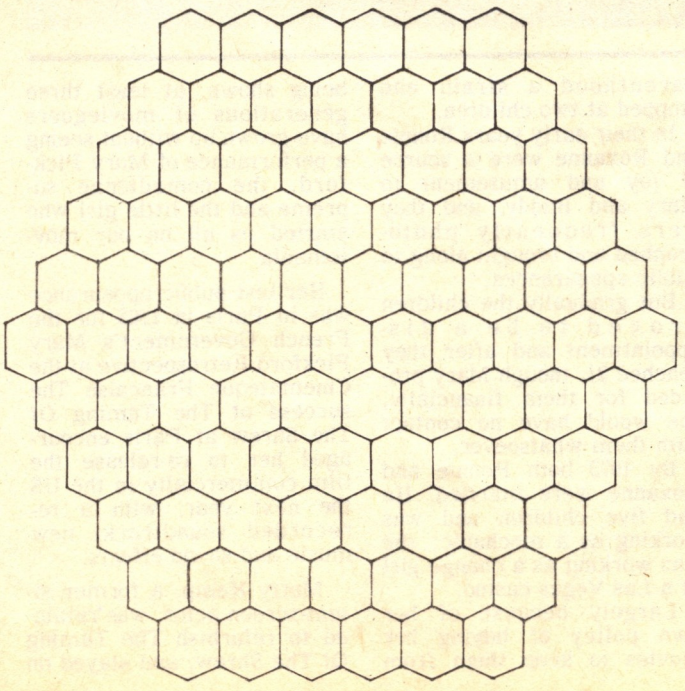
MEASUREMENTS:
19 ins. x 22 ins. (48 cm x 56 cm).

MATERIALS:
Coats Chain Mercer-Crochet No. 20 (20 g), 4 balls; size 1.25 (No. 3) steel crochet hook.

TENSION:
Size of motif = $2\frac{1}{4}$ ins. (5.6 cm) in diameter.

FIRST MOTIF:
Commence with 12 ch, join with a sl st to form a ring.
1st row — 24 dc into ring, 1 sl st into first dc.
2nd row — 1 dc into same place as sl st, 1 dc into each dc, 1 sl st into first dc.
3rd row — Into same place as sl st work 1 dc 12 ch and 1 dc, * 1 dc into each of next 3 dc, into next dc work 1 dc 12 ch and 1 dc; rep from * ending with 1 dc into each of next 3 dc, 1 sl st into first dc.
4th row — 1 sl st into each of next 2 ch, 1 sl st into lp, 3 ch, * 6 tr into same lp, 3 ch, 1 sl st into last tr (a p made), 6 tr into same lp, 1 tr into next lp; rep from * omitting 1 tr at end of last rep, 1 sl st into 3rd of 3 ch. Fasten off.

SECOND MOTIF:
Work as first motif for 3 rows.
4th row — 1 sl st into each of next 2 ch, 1 sl st into lp, 3 ch, * 6 tr into same lp, 1 ch, 1 dc into corresponding p on first motif, 1 ch, 1 sl st into last tr on second motif (a joining p made), 6 tr into same lp, 1 tr into next lp; rep from * once more, complete as first motif.
Make and join 89 more motifs joining each as second motif was joined to first placing as shown on diagram. Where 3 corners meet join 3rd corner to joining of previous motifs. Damp and pin out to measurements.



LEFT: Mat pattern guide.

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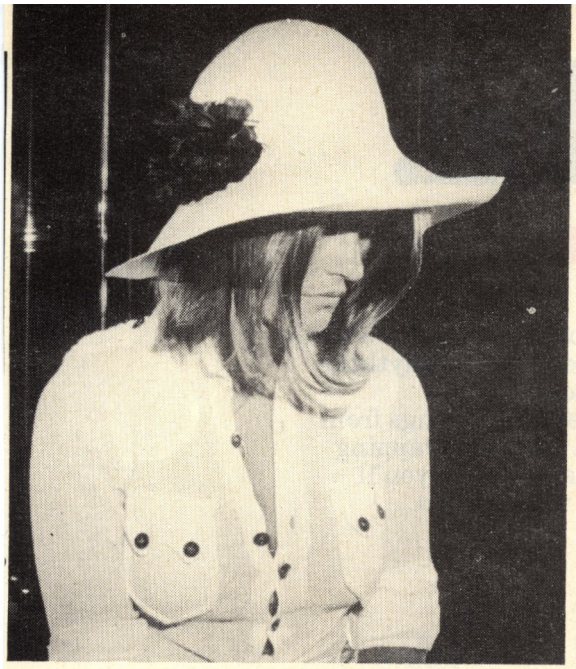

ABOVE: Trim a straw hat with a flower or scarf to top off a coolly casual dress.

RIGHT: And for elegance, what could be more dramatic than a snugly fitting turban?

KEEP YOUR COOL

LET summer go to your head this year! Hats are tops in fashion, and designs have reached a new height of elegance. Choose from wide-brimmed straws, decorated with flowers, cheeky cloches, provocative pill boxes trimmed with wisps of veiling, or turbans that are terrific for a smart finish to any costume. The hats on this page are the latest on the American scene and can easily be adapted.

ABOVE LEFT: An elegant version of the summer straw, which is cool to wear and perfect for warm days at the races or in town.

ABOVE RIGHT: Here's a pretty cloche with an unusual motif to frame a pretty face on sunny days. It's made from cotton knit.

ABOVE: Feeling flirtatious? Then choose a pretty pillbox with fine veiling to give you a mysterious air that no man will resist. LEFT: And for romance — or just plain fun — wear a wide-brimmed woven straw hat to top off your favorite flowing dress or skirt.

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SOMETIMES IT'S A SILENCE . . . OTHER TIMES A VICIOUS OUTBURST. PETER O'CONNOR ANALYSES SOME COMMON HUSBAND — WIFE COMMUNICATION FAILURES

THE DANGERS OF VERBAL WARFARE

UNRESOLVED problems between husbands and wives are the most potent of their communication difficulties.

A husband arrives home from work, enters the house to find a red-eyed, dejected, downcast and depressed looking wife surrounded by screaming kids and general chaos. "What's wrong love?" the husband enquires of his wife with well meaning intent: she replies in a flat monologue "Nothing".

The "nothing" is I suspect, a universal female response and represents the report or word level. However the tone of voice, the facial expressions and the surrounding context all convey a different message.

The husband, if he is feeling rather bruised and scarred after his day's work, may choose to respond to the report level. He may say something like "Well if there's nothing wrong then that's a stupid way to look," or "you always say the same damn thing".

Husbands are frequently threatened by their wives saying "nothing", since they sense that more than this is being communicated. However they often feel unable to cope with the non-verbal message and fear it might make demands on them that they cannot meet. Sometimes they perceive the "nothing" as an attack and respond to it with a counter-attack.

But if the husband pauses for a moment and attempts to decipher the "nothing" he may hear something like this: "I have had a ghastly day. The children have been obnoxious, the baby hasn't stopped screaming, Jane has driven me to distraction, every time I put something away she gets something else out and makes another mess.

"It hasn't stopped raining and the washing is wet. I've done nothing all day except clean up after the kids, the ironing isn't done and you haven't got a clean shirt for tomorrow. The house is filthy. I'm just a hopeless inadequate person and no one could possibly love me the way I feel and look right now.

"Please ask me again what's wrong because I just want to know that you really do care for me by finding out what a terrible day I have had. I just want to know that you still love me, despite all the mess and chaos." (That is incidentally a very abbreviated interpretation.).

No doubt there are innumerable translations of "nothing," the above is one of the more frequent interpretations. It demonstrates the extent of the discrepancy between the verbal and non-verbal levels of communication.

If a husband can count to 10 and respond to the "nothing" at the appropriate emotional level instead of the word level then his wife will experience a feeling of love and acceptance. He can do this only if he hears the meta-communication level accurately and he could respond with such a phrase as "you look like you've had a terrible day."

Such a response is likely to evoke a flood of tears. Not tears so much of sadness, but tears of relief that she has been understood, recognised and confirmed as a person. But husbands are so often threatened by the intensity of the emotional content of the communication that they shy off and respond with an attack.

Constant failure to respond appropriately leads to frustration, anger and feelings of rejection. Such a triad of feelings are a serious impediment to the establishment of a mutual need satisfying relationship.

This kind of poor communication is by no means the exclusive property of females.

There exists in males a well developed counterpart to the classical "nothing" response of females. This counterpart seems to be established largely in line with the male characteristic tendency to project his anxiety and conflict on to something outside himself.

DEFENCE MECHANISM

Projection is a well established form of psychological defence and it refers to a tendency to unwittingly attribute one's own traits, attributes or feelings on to other people or inanimate objects (a bad workman blames his tools). Through this defence mechanism a person is able to disown those parts of himself that he is unable to accept. It appears to be more prevalent or well developed in males and is obvious from such wifely comments as "no matter what goes wrong, from the car not starting, to the electricity bill being too high, he blames me for it".

As a form of behavior it tends to contribute heavily to lack of communication when wives fail to reach beyond the projection to find out what their husbands are actually trying to communicate. Its heightened prevalence in males may well be related to the fact that men in our society are conditioned not to display feelings: "little boys don't cry".

They fail to develop any competency in both ascertaining and discriminating what they actually feel and in being able to communicate

MIRROR ON MARRIAGE

PART 2

it. Hence they resort to projection as an effective means of coping with their feelings. In this way they are able to maintain their culturally acceptable self-image of a tough, no-nonsense type of person who is not affected by feelings.

Projection may also be used by a man to avoid feelings of inadequacy and having to admit to his wife that he cannot cope or that he has failed. When a particular screw or nail causes difficulties then there is "something wrong with the damn screw, wood or hammer". So also is it in relationships, a man who has difficulty in coping with his feelings and consequent difficulty in relating, frequently blames his partner. "Everything would be all right if she just gave me more sex" is a phrase which is heard only too often.

Such a communication reflects many things about the husband, one of which is the fact that he is projecting the blame for the current marital conflict on to his wife.

An everyday example of ineffective communication resulting from this type of behavior is provided by the husband who, all poised to mow his lawns, discovers the motor mower won't start. After some time, a sweating, exhausted male struggles gallantly back to the kitchen, bursts in, and states that "the blasted mower won't start".

FAILURE TO READ

This represents the verbal information level of the communication, but it is frequently said in an angry, accusatory tone of voice so the wife not only hears the words but also the meta-communication.

However this is often confusing to her, since she finds it difficult to understand why he should come in and tell her in an accusatory, angry way that the mower won't start. A wife in such a situation, depending on how she feels, may simply say "Well so what, it's nothing to do with me".

Thus she has heard the projection and responds by defending herself against the non-verbal accusation that it is her fault that the mower has not started. Such a response is all the husband usually needs to fire the seething frustration and aggression that he feels and he may answer with some apparently irrelevant retort such as "Well if you didn't spend so much money, I would have been able to get the damned thing fixed properly".

So a faulty motor mower becomes an effective starting point for an intense argument about the wife's tendency to be a spendthrift. With a little bit of luck and time it may even progress into some authoritative pronouncements about the wife's parents and family background.

But how did this non-starting mower reach this point? Basically because the wife failed to read the message adequately and the husband failed to express his feelings clearly. This lack of clarity or openness in his communication placed the wife in the difficult position of being a "translator". Given ideal conditions and ample time she could go through the following translation procedure in an attempt to make the communication more intelligible:

(a) He is telling me the motor mower won't start.

(b) But he is doing more than that, because his "blasted" tells me that he is also feeling extremely irritated about the mower not starting.

(c) The tone of his voice tends to suggest that he is telling me that he holds me responsible for the mower not starting.

(d) If he does, then what does he want me to do about it? Go out and try to start it? Apologise and say "I'm sorry that I caused the mower not to start" or what?

(e) Or is he really criticising himself for not getting it serviced when he knew he should, and now his attempt to fix it has failed and he feels a failure?

(f) If he is criticising himself then what does he want me to do, sympathise with him? listen to him? or tell him that it is his own stupid fault?

(g) I know him well enough to be aware of the fact that he takes such failures very personally, so perhaps he is feeling as if his pride has been wounded that he was unable to fix the mower.

(h) So he must want me to sympathise with him and reassure him that he is not a total failure as a man, just because the mower won't start.

(i) But how do I do that? Get him a drink? Tell him it doesn't matter? Tell him I love him? or what?

NEEDS REASSURANCE

If in fact the husband had simply been able to say "Blast it, the mower won't start, get me a cup of coffee would you love?" the wife would not have had to go through the exhausting translation exercise, since the message would have been quite clear.

However if the failure to start and subsequently to fix the mower becomes a threat to the man's sense of adequacy, then the message becomes far more complex, since it means he is basically requesting his wife to validate him as a person or reassure him that he is not as hopeless and inadequate as he feels. But like the wife who says "nothing" the husband is too embarrassed to ask directly for his wife's sympathy. Like his "nothing" responding wife he is fearful of admitting his inadequacy and equally fearful that his wife will respond by telling him he is "hopeless".

In order to cope with his

Please turn to Page 76

PARENTS WHO WON'T GIVE UP

CONCLUDING THE TWO-PART SERIES BY SISTER LEE PATTINSON, OUR BABY CARE EXPERT, ON NEW HOPES FOR BACKWARD CHILDREN

LAST week Sister Lee Pattinson, who recently visited America, told of methods being used at a Philadelphia institute which are giving new hope to mothers of backward and handicapped children. Plans are being made for an institute to be set up in Australia to practise these methods. Here Sister Lee gives more case histories of some courageous Australian families who already are pioneering the use of these aids . . .

BEV and Owen Godwin, now at East Burwood, V., were at Kerang when their twins, John and Deborah were born. Both were perfectly healthy, normal babies, until the day they were "laughing and blowing bubbles," Bev said while she prepared the evening meal.

Then, without warning, John started screaming and the Godwins' nightmare began. He had suffered a cerebral vascular accident — a stroke at six and a half months of age. It left him with multiple handicaps — he was blind, mentally retarded and completely helpless.

The family moved to Melbourne in the hope of being closer to any possible treatment or help available, but they were to learn that John simply didn't fit into any official "pigeon hole" because of his multiple disabilities.

Organisations for blind children couldn't cope with one who was also mentally retarded; those for the physically handicapped weren't equipped to handle blind children; the centres helping the mentally retarded had a long, endless waiting list of children who "fitted" into their categories.

Owen Godwin has never stopped fighting on his son's behalf. In his efforts to collect every particle of information that might help he has amassed a huge scrapbook of cuttings and letters that could break a reader's heart with its stories of helplessness and hopelessness.

What he has learned and experienced during the years he has battled would have made a lesser man give up and do what the family's doctor suggested years ago — "Put him away and go on living He will never be any good."

Bev and Owen Godwin aren't the kind of people to do that — and neither are their other children.

Deborah and John are now 11 years old, and like many twins, there is a strong bond between them.

Deborah comes home from school, throws a grin and a casual, "Hi John," at him, then bends down and ruffles his hair, gives him a quick loving hug before heading for the kitchen for an after school snack.

She returns, sandwich in hand and squats down beside him, talking normally and casually about her day at school, her voice animated and bright.

Though he cannot totally comprehend her, John's response is instant. "She is up early in the morning and she bathes and dresses John, then helps him with breakfast before she goes off to school. Young Peter here puts the washing through the machine to give me a bit extra time." Peter is eight years old.

John's program follows much the same basic form as the others, but he has an additional piece of equipment — a low wooden platform at the end of the living-room, fitted with a spotlight and switches.

Inside the platform is a car horn in a darkened room, the spotlight is switched on, directly into John's face while the horn is blown at irregular intervals. "The neighbors will be complaining to the council soon," Mrs. Godwin said. "But it is an attempt to stimulate both his sight and his hearing."

He is too heavy to be lifted and swung except by men, so when his mother and women volunteers are carrying out the program, he is "rolled" instead of being swung.

FAMILY PROJECT

The Godwins have built up a roster of 70 helpers, who come for two-hour stints. "We are specially grateful for the men who come to help, because of John's size," they said.

Owen Godwin takes over at weekends, with the help of the rest of the family, to free Bev for a few essential hours. "We cope because the family is in this together," she said. "We are going to do anything we can to help John."

She is convinced he is improving, feels his co-ordination and communication is better, and points out that before starting on the program, he was having an average of two convulsions every week. Now, nine weeks have passed since he started, and he has had only two attacks.

The Broadbent family would, under other circumstances, be just a normal Kew household. Bill is a supermarket owner who has just opened a new outlet. Trish is an attractive, intelligent modern young wife, and four-year-old Kirsten a pretty, well-cared-for little girl.

At first, there was nothing to indicate Kirsten was any different from their friends' babies. The first doubts did not creep in until she was three months old, and then it was thought Trish was a slightly over-anxious mother.

"It turned out that she had been having convulsions all along, but I was the only one who had seen them. I didn't know much about convulsions. I thought people threw themselves about and all that sort of thing.

"Kirsten did have little sort of shivering episodes and I didn't describe them properly, so no one realised they were actually little convulsions." (They were later diagnosed as "petit mal", or minor seizures, and Kirsten's retardation as an inherent defect of metabolism.)

Life had become an almost-constant procession from doctor to doctor, from specialist to specialist, with frequent visits to the Royal Children's Hospital in Melbourne.

"We didn't rush into this institute business," Mrs. Broadbent said. "We knew about it for three years before we finally decided to see if we could do any good for Kirsten through it. The specialist who had been seeing Kirsten thought we were grasping at straws.

"Our local doctor didn't know much about it and I think his initial reaction was 'Well, what have they got to

lose.' At least he is still interested enough to be keen to see how she goes."

Because Bill Broadbent was deeply involved in setting up his new supermarket, he didn't accompany Trish and Kirsten to Philadelphia.

"This was a mistake," Mrs. Broadbent said. "I know it now. It is so much harder for me to explain the whole thing to him than it would have been for the people at the institute. When you are there for that week, you get completely immersed, totally involved. When you can actually see what they are doing, and what they are aiming at, it just makes so much sense."

She hastens to add that her husband is completely in favor of the program and involves himself to the limit he can at present (as well as the new store, he is moving the family to a larger home).

"I couldn't cope with it if he wasn't behind me all the way, but it would have been easier if he'd had the week in America too." (The institute has realised it is essential for both parents to be present for the assessing and programming week, and is no longer accepting a lone parent with a child.)

"I really went there very much on the defensive. I wasn't sure if we were doing the right thing, and was wary of the whole idea. I wasn't particularly impressed at first — everything seemed to be happening so fast. And it was exhausting — we would start early and finish late, sometimes it was the early hours of the morning before we got back to our hotel and settled down again."

By the end of the week her attitude had changed. "You can actually see what they are doing. They don't spare you — but they don't spare themselves either.

"The whole place works at a tremendous pace. There is so much to get through to us in so short a time. They take a lot of trouble to see that you understand completely what they are getting at, and they encourage you to ask any questions you want to.

"They gave us lectures, and they explained things in terms we could all understand, and showed us demonstrations on film — it was quite an experience!"

There are about 40 helpers on the Broadbent roster. "There are a few gaps, but we are hoping to fill them," Mrs. Broadbent said.

ABOVE: Four-year-old Kirsten Broadbent loves swinging on the monkey bars, but it is also a vital part of her improvement program.

Janine Cathie lives in Seaford, a Melbourne suburb. "We are sort of cut off here, the way the roads are laid out and we are like a little pocket community where everyone knows everyone else," Mrs. Cathie said.

"It's been marvellous for us with Janine, because everyone keeps an eye on her. She has only wandered once or twice, but was spotted right away and brought back."

DIAGNOSED LATE

Beverley Cathie is alert, petite and doesn't seem old enough to have an eight-year-old daughter. Janine is mentally retarded, physically strong and very determined. (Within minutes of meeting me, she had snapped a necklace I was wearing and torn my blouse in an attempt to see if the necklace was still there after I had removed it. Her embarrassed mother had to uncurl her fingers one at a time to set me free.)

"She's not usually destructive, but she loves bright things and I'm afraid she has rather a one-track mind — if she decides on something it takes quite a bit to persuade her otherwise."

An eye defect was noticed when Janine was six months old. Her slow progress was attributed to this, and it was not until she was 20 months old that it was realised she was mentally retarded. "By then I was pregnant with Stewart. It was a terrible time, wondering if the new baby might be the same." (Stewart, now six and a half, and his brother Darren, four and a half, are bright and alert.)

Janine has attended the Frankston Day Centre for the past four and a half years, and has been granted indefinite leave without losing her place to enable her parents to give the Doman-Delecato program a fair trial.

The Cathies, like the Kimberleys, are lavish in their praise of the young people in their area who have volunteered to help with patterning.

When I was there, Faye and Peter, students at the Seaford-Carrum High School, were helping. "They call in on the way home from school for an hour," Mrs. Cathie said.

SPECIAL HELP

As well, help has come from two scout groups, a ranger and the rover group, and the local Leo's club. A total of 50 people are rostered, to help out, and "working bees" are also organised to help with the chores.

"Our local doctor is marvellous — we have had such enthusiastic support from him," Bev Cathie said. "It makes a big difference."

Janine had been on regular daily medication to help control her aimless activities and unexpected bursts of energy.

Since being on the program these have been gradually discontinued, until now all Bev needs to do is to keep an eye on her temperature. If it rises for any reason, Janine needs phenobarb to ward off the possibility of convulsions.

She had also been on medication to control bedwetting. "What a pity you didn't come yesterday, when our record was perfect," Mrs. Cathie said. "No wet beds since July 28 — but she had one last night!"

The fifth family of the group who went to Philadelphia were spoken of by all the others, without exception, with deep compassion.

"They are the ones I feel sorry for — they knew what it was like to have him normal." . . . "Ours has always been like this; we have never known anything different, but they did."

In 1970, Chris O'Connor was 15, an active, outdoor boy who enjoyed rowing on the Yarra, who sang in the choir at St. Paul's, the local church, and who was intently interested in space exploration.

So much so that, assigned a school project on the subject, he rigged up a device in

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MEN HAVE THEIR CHANGE OF LIFE, TOO

Middle age can bring on anxiety and fears of failure — in sex, work and social ability — but they can be overcome by understanding and adopting a realistic attitude

MEN in their middle age are susceptible to a life crisis that can be as traumatic as menopause — the woman's change of life.

A man's reaction to the fact he is middle aged can lead to self doubt about his masculinity, and to impotency.

There are no dramatic or clear cut changes in men that signal a new life period. They experience nothing like menopause in terms of physical change.

But the male mid-life crisis can be as emotionally crucial for some men as change of life is for some women.

It can change a sexual relationship of long standing happiness and satisfaction to an area of conflict between man and wife, according to Dr. J. C. Clarke, a lecturer at the University of New South Wales and a graduate of the State University of New York who has practised as a clinical psychologist in America and Canada.

Dr. Clarke quotes the case of Scott, a man in his late 40s who worked for an advertising agency. Scott had never had any serious sexual problems, and his relationship with his wife was mutually satisfactory.

Then control of the advertising agency changed hands and Scott found himself blocked off from further advancement and in fear of holding his job. He began to worry about his job and being able to support his wife and family. He began drinking heavily.

Because of his anxieties, general worry and the effects of alcohol, he was unable to make love to his wife on a few occasions. On these nights he was impotent.

This seemed to Scott to be further evidence that he was slipping; getting too old.

"At this point Scott developed his own way of overcoming his sexual problems," Dr. Clarke said. "He became very aggressive to his wife and created a negative attitude in her about sex.

"He tried to put her off it and then used her reluctance for sex to limit the number of times they had such relations, and therefore limit his chances of failure.

"A man who is anxious about sex relations with his wife may create tension within other areas, or within sex, so his wife will reject sexual relations.

A similar case, but a different reaction, was that of Frank, also in his late 40s. Frank was under pressure — some self induced, some due to stress arising out of his job.

BUILDS TENSION

He too began to have sexual problems. And in his view, if a man had any difficulty making love he was not completely a man. Because of this attitude to manliness, Frank began to fear he was homosexual.

A man's life style and the way he accepted problems could have a decided effect on his reaction to the mid-life crisis, Dr. Clarke said. Instead of creating tension with his wife, as Scott did, another man might chase other women because he needed to be reassured he was not getting too old to attract women.

Or, if his sexual relationship with his wife was unsatisfactory, he might seek a casual affair which offered the stimulus of novelty or the comfort of anonymity. If he then found himself impotent he would calm his fears a little by telling himself it was just a casual fling.

Other men might indicate their problems by a desire to change jobs in mid-life. He may feel that now was his last chance to leave a job he was unhappy in, or to try another field of work.

It could be an attempt to put off facing the fact he was getting older.

A man might take whatever avenues of escape he was used to taking. He may take to gambling to escape his problems.

A person with a tendency to overdrinking in a situation of challenge or tension could increase his drinking, thus making it more difficult to achieve sexual satisfaction and creating more stress which led to more alcohol.

Some experts, like Dr. David Reuben, famed for his book Everything You Want To Know About Sex, believe that hormonal changes occur in men's mid-life. They believe the decline in the level of a particular hormone is the key factor to sex problems and the solution is to increase the level of this hormone.

But Dr. Clarke has found that men can have severe sexual problems with an adequate level of this hormone. Others can function well with a lower level.

Biological changes, though important, are not the sole cause of sexual disfunction, Dr. Clarke claims.

"Too much emphasis should not be placed on biological factors to the exclusion of all else," he said. "Often changes that occur in other areas, especially to social status, are very important.

"A man in his late 40s or 50s discovers he is not going any further in his job, promotion is not possible. Others react to him as if he is no longer capable of what he was.

"No one will confront him with it, but there are signs that the years are passing. A man is being told this by others in one way or another. They start to behave differently towards him, in subtle ways which convince him he is getting older.

"This can happen about the same time his children are leaving home to get married, or he might become a grandfather.

"The death of a friend or colleague in his age group could make him think of his own mortality.

"He begins to develop a different attitude about himself. It may not be expressed consciously or verbally, but he thinks he is old. He develops a negative attitude about his manliness, and a mark of manliness in our society is sexual ability.

"He may develop new, fearful expectations about himself. Then fear of the failure eventuates which affects his sex life. This in turn seems to confirm the fears he has in other areas — that he is beyond promotion, he is getting too old.

"The association of anxieties with sexual activity can lead to the very failure he is worrying about. Uncertainty about his manliness could lead to impotence via the anxiety that becomes associated with any kind of sexual situation.

"Attitudes, learning and conditioning are very important in shaping what people think about sex, how much

ABOVE: Dr. David Reuben, author of Everything You Want To Know About Sex, who believes that men have hormonal changes in mid-life, which can be a key factor in creating difficult sexual problems.

they enjoy sex and how capable they are of engaging in it.

"Many men believe that when a man gets older he is unable to make love. When he reaches a certain point in life sex will no longer be a pleasure, it will be a situation in which he will fail.

"It is misconstruing what it means to be a certain age — believing that there is little value or worth in life and that little can be done when you pass a certain age."

The age at which mid-life crisis can occur depends on the individual. Anxiety can develop over a few years as a man becomes more and more uncertain, loses confidence and builds up expectations of failure.

"I don't think it's a particular age, but how a person reacts to being a certain age," Dr. Clarke said. "It can vary from between 40 to 60 years of age.

"In a percentage of cases there might be physical changes. Or physical change might occur at the same time the social situation changes.

"A man has to accept what is happening physically, that he is getting older. This doesn't rule out sex activity and continued pleasure in the sexual act."

Professional therapy involves two stages. The first is to try to change the man's attitudes, by discussing his ideas and feelings about sex and aging, and helping him to see the influences that have been affecting him.

The second is to reduce the fear associated with sex situations by a technique called systematic desensitisation, a process which gradually gets the man more sexually involved and, at the same time, more relaxed in sexual situations so that his fear of failure is minimised.

This therapy was successful with Scott, Dr. Clarke said.

"He was able to drop his unrealistic expectations about how often he made love with his wife, and more importantly, to drop ideas of being evaluated and having to come up to a certain mark.

"Therapy took three months of bi-weekly sessions. It can take longer or shorter, depending on background factors like a man's relationship with his wife.

"If problems are a reflection of a general breakdown of marriage or of serious maladjustment between man and wife, it can be much more difficult.

"With Frank it was a matter of helping to make him aware that background anxiety and outside pressures can lead to impotency which is often only temporary unless the person places a catastrophic interpretation on it.

"If he thinks 'this is what happens when you get old, I am not a man any more, I am over the hill now', the first sign of trouble confirms his worst fears.

"Frank's therapy also involved talking to his wife and getting her to understand that any problems he had didn't necessarily indicate he was unattracted to her.

"She had to understand that Frank's problems had a lot to do with his worries, not her failing allure.

"Many women see their husband's situation as confirmation of their own fears. They worry about getting older themselves. They will sometimes see themselves as being no longer desirable, rather than seeing it as part of the husband's problem.

"It is often difficult to appreciate another person's anxieties and worries when you see the situation in terms of your own worries."

But if a woman sees the situation as it really is, and she has a good relationship with her husband, she can often help her husband overcome his problems. Dr. Clarke advises that the couple talk it over frankly, without hostile debate, and seek out help if needed.

"How serious it is depends on the man's personality," Dr. Clarke said. "Someone troubled in other areas might find it especially difficult to accept the changes in mid-life — such as the fact there is no real prospect of advancement in his work.

"If he doesn't have a stable relationship with his wife, the fact that he now has to live alone with her could be very unpleasant.

"The answer is not in trying to look younger or in seeking diversion, but in adopting a realistic estimate of oneself, and especially in reducing anxiety in a sexual situation.

"People can learn better ways of coping with these problems. They can learn how to overcome anxiety.

"But they must accept whatever changes are inevitable. If you are 55 you are not going to be 35 again."

BETHWYN WEYLAND

ADVICE FOR A SELF-CONSCIOUS TEENAGER

WITH THE RIGHT TREATMENT ACNE CAN BE CONTROLLED

Our family doctor

PIMPLES in an 18-year-old girl make her very self-conscious.

THIS disorder, called acne, partly results from over-activity of the wax-producing sebaceous glands of the skin. The wax, called sebum, plugs up the outlet of the gland resulting in a "blackhead" or sometimes a "whitehead". These plugs are called comedos. As the outlet is blocked they sometimes become inflamed and infected.

Because more wax is produced by the glands, the skin is often greasy. A mild form of the condition is very common. It is to be expected in adolescent years and disappears when the patient nears adulthood.

When it becomes infected, it can cause a problem. This often follows the squeezing of blackheads. The infection can cause inflamation and subsequent scarring of the skin. Do not squeeze blackheads. There are little circular devices called comedo extractors. With these uniform presssure can be applied around the blackhead, which will pop out more easily.

The skin should not be excessively rubbed. A mild soap and water with a soft flannel or a mild astringent lotion can be used to clean the skin.

Some foods cause a flare up of acne. These can be chocolates, nuts, fried foods and fizzy drinks. If they cause trouble, avoid them.

Very mild exposure to sunlight can sometimes help.

Strong lotions and ointments should only be used on the advice of a doctor. When the condition is severe courses of antibiotics in small doses for long periods may be helpful.

BREAST DEVELOPMENT

A GIRL in her teens is shy and embarrassed because of undeveloped breasts.

BREAST development, like other features of body growth, varies widely. Just as some people are short and others tall, there is a range of breast sizes, some women having small breasts and others large ones.

There is also a variation in the age at which breast development takes place, some girls maturing later than others.

On rare occasions, there is a failure of the endocrine glands to produce sufficient hormone to stimulate breast growth. When this takes place in adolescence, there is also a failure for menstruation to develop. Conditions like these need to be diagnosed and treated by a doctor.

After adolescence has finished and the breasts are exceptionally small, it may be possible to have hormone treatment or surgery.

THE PILL

SEVERAL people have asked about obtaining the contraceptive pill and if it is necessary to have a doctor's prescription.

THE contraceptive pill can only be prescribed by a medical practitioner. There are very good reasons for this.

Although it is a most effective means of preventing pregnancy, the substances in the pill are potent hormones that can have disturbing side effects, some of them serious. For this reason it should not be used indiscriminately, but only after discussion and examination by a doctor who would then prescribe it as the best means of contraception for the particular individual patient.

• Our family doctor regrets that because of his busy practice, he is unable to make private replies. Please send your letters to Family Doctor Service, c/- The Editor, New Idea, Box 2237T, GPO, Melbourne, V, 3001.

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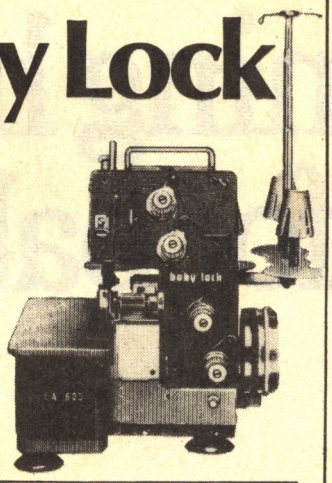

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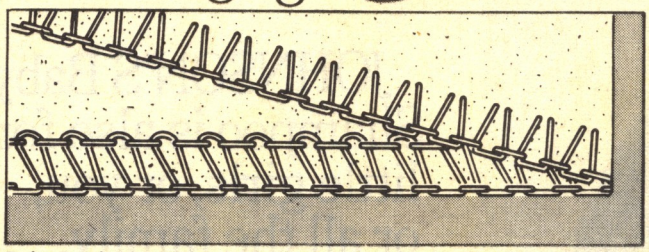

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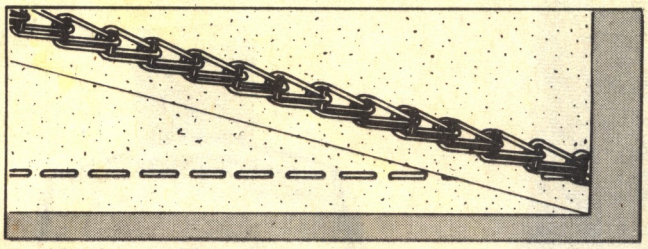

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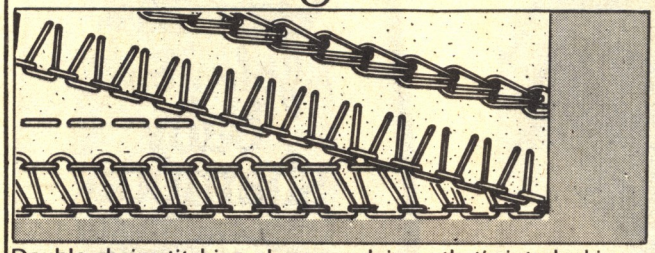

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AS always when Mary sat on the bench outside the hospital, waiting for six o'clock, she prayed that perhaps this time when she stood beside Tony's bed he would be magically better.

But for two years now there had been no improvement in his condition — a form of leukemia that resisted every treatment and kept Tony pale and thinly weak.

And all that time she had loved him. He was her dreams, her waking, her sleeping, the beat of her heart and a future that with loving defiance she refused to doubt.

She wished her mother understood.

Mary was 24, yet she was older than that. She knew that a coal fire, blazing up the chimney could be as cold as an ice box if you sat in front of it with someone you didn't love.

But her mother didn't see things that way.

She wanted Mary to accept Robert. He was fine, healthy, established as a solicitor with the town's leading firm, and adored her. He had money, would have more when he became a partner. He was, in every sense, a "catch". But what is a "catch", if you don't want it?

Only her mother, a woman perpetually angry and given to gales of temper, could not understand this. Mary knew that when she went home this evening after seeing Tony there would be the same scene again, the same dreary recriminations and her defence of love. As if one should have to be in the position of defending it.

The clock in the town hall struck six. The hospital was strict, and despite the fact that Mary had been visiting Tony regularly for so long, she was still not allowed in to the ward until the regulation time.

Quickly, the warm summer air about her, she picked up her bag and the magazines and hurried to the main entrance. She spent a lot of her salary, as a dentist's chair-side assistant, on magazines for Tony.

Before becoming ill he had begun to establish himself as an interior decorator in this pleasant brown country town.

Now, bed-ridden, he liked to make tracings of photographs of rooms, and work out his own color schemes.

His face thin, the skin over his cheek bones alabaster, he smiled at her as she came up to his bed.

"Hello darling . . ."

His voice was light as a dead leaf on concrete.

Mary sat down quickly by his bed. She always wanted to get seated as quickly as possible by his side. In a curious way it made an intimacy between them. Stopped her being a visitor. Made her part of his world.

Mary gave him the gossip of the world outside the ward. All around them were the huddled bunches of visitors, leaning with concern over the other patients, eating their grapes. Fumbling with parcels, glancing with law-abiding apprehension at the wandering nurses who bespoke authority and medical mystery.

She held his hand and it was thin as a clothes line between her fingers. She loved him. This was the moment of the day that she lived towards. The other 23 hours were only waiting hours.

Tony said quietly, "I've been thinking . . ."

Mary's heart hesitated. "Yes . ?"

"We ought to finish it."

"Darling, what do you mean?"

"There isn't any future for us. I don't seem to get any better. Meantime you're living a half-life. You could be happy with someone else. It's not true that there's only one person in the world with whom one can be happy."

Mary said firmly, though she felt as if she were walking a tight rope, "I can only be happy with you. I don't want anyone else."

This was not the first time they had had this discussion. Though in the past Tony had never been quite so definite.

But now he turned his head away from her, buried it into the pillow, and said, "Only be happy with me?" But you can't be with me, can you? One hour an

Fiction

evening? That's not being with someone — is it?"

"It's enough . . . for me."

He twitched round in the bed. His face colored, the blue tint of his skin flushed with emotion. His face was drawn, his eyes went big and pebble black.

"Listen darling," he said, "you're pretty as a freshly varnished dinghy bobbing up and down at the moorings, and because I love you I don't want you to stay tied up to me, don't you understand?"

Mary looked at Tony and loved him. She could feel the hurt that lay behind his words. Before he had become ill he had loved sailing. They had had heavenly days out together. Apart from color and decorating, boats had been his other passion.

She said, trying to make her words light and carefree, "Darling, I'm not stuck on your mooring."

Tony answered, and his voice was quiet as a cobweb, "I don't want you to come and see me again — not ever. I want this to be goodbye. Goodbye for you."

Mary went cold. She told herself: he doesn't mean this. I must remember he's ill. I must not take what he says literally.

She said, striving to swallow the emotion in her throat, "Darling, I'll come and see you tomorrow. As usual."

Mary knew she could only

SUCH IS MY LOVE

BY HUMPHREY KNIGHT

His body went still and he sighed, sighed with every muscle. He said, "Don't you know, darling, that if I don't want visitors I don't have to have them? I only have to ask the Sister? I only have to tell her?"

Mary gasped, "But why? Suddenly like this. What's happened?"

Tony sat bolt upright in bed. He said, and his voice was concrete, "Look, I love you, and I don't want you wasting your time with me. I may never get better. It's because I love you that I'm asking you to get away from me. Do I make myself plain? Go. Please go. They tried some new drugs on me last week. Everyone thought they'd work. Well they didn't. So . . . we say a sensible goodbye. Because I love you. Do you think I'm being selfish, or something?

Mary said, "Yes. I think you're being so selfish it's almost incredible. If I'm prepared for the half life as you call it, can't you be?"

Tony said bitterly, "I don't have much option, do I?"

"Well I do," said Mary softly, "and I'm prepared to accept it."

Again he turned his face into the pillow, "Please go, and don't come back again. I'm trying to give you a present. Don't you understand?"

Mary stood up. She knew better than to continue the argument. She said quietly, "Goodnight darling."

His face was buried deep in the pillow, not with self pity, but rejecting Mary and everything she had to give him.

He said, and the words clicked bleak as marbles, "Goodbye . . ."

"Goodnight darling."

Outside the hospital, the summer air was warm as flesh in a sun trap. But Mary felt completely drained, cold and utterly defeated. There was nothing she could do, except to go on loving Tony and it seemed that this was not enough.

Walking home Mary wondered what the world would say, or indeed what the small world of this country town did say?

Did they think her foolish to stick to Tony and a dateless future? Did they say over tea cups and in the laundrettes she was throwing her life away? It was well known that Robert wanted to marry her. Well known, because many mothers with attractive daughters seethed with matrimonial indignation at Robert being absorbed with Mary, when they had daughters ready and happy to marry him.

Her feet felt heavy as she walked. She might have been wearing laborer's boots.

With reluctance she opened the front door. She could hear her mother in the kitchen preparing dinner. She was a noisy cook. Saucepan lids clanged, china clinked, cutlery clattered metallically and the kitchen stool screeched across the long suffering linoleum.

Mary went into the kitchen. She could smell that it was baked liver tonight, and her mother was just putting the casserole into the oven.

She hoisted her considerable weight from the oven door. Her face was flushed with the indignity of cooking — for Mrs. Cossey an enjoyment of food, despite her size, was always slightly indecent.

"Oh — you're back. Bit later than usual, aren't you dear?"

Mary took a deep breath. She was determined not to quarrel with her mother.

She said quietly, moving over to the sink to clear the things her mother had used in preparation of the casserole, "Tony wasn't at all well tonight."

Mrs. Cossey said, wiping flour off her hands, "He never is dear, is he?"

Evenly Mary answered, "Some days he is, some days he isn't."

"Poor boy, I'm sorry for him. You know that dear. But it's two years now . . . and no improvement . . ."

Mary emptied the sink and answered quietly, "There's always hope, Mother. Always."

Mrs. Cossey suddenly brightened.

"My goodness me! What a memory I've got," she said. "There was a telephone call for you just 10 minutes ago."

Mary looked up at her mother. She did not trust this sudden change of mood.

"That's right dear," said her mother cheerfully, "it was Robert. He wants you to go on a picnic lunch with him tomorrow. To the river and have dinner somewhere. It'll be a lovely day out for you. And that sports car of his . . . I wish I was young again! He'd like you to telephone him as soon as possible."

Saturdays at the hospital were longer visiting hours than any other day of the week. Instead of the regulation half hour, you could stay one whole hour from 5 till 6 pm.

Mary knew at this moment that again she and her mother were on the brink of another battle. Ever since her father had died, five years ago, she had had no advocate.

Mary answered, "Oh . . . yes."

Her mother's head lifted defiantly, "He wants to hear from you as soon as you get home."

Suddenly, the remembrance of Tony, head turned aside, face white as the pillow, and all that he wanted and could not have, put pepper into her heart.

She faced her mother, her dark eyes grown suddenly black.

"Mother — I'll phone him when I want to — not before."

Mrs. Cossey flared, "Why are you so obstinate? He's such a nice boy. And so fond of you. Why can't you be sensible? What future do you have with this boy Tony? What future has he got?"

Stung, angry now and injured with deep hurt Mary snapped, "And what marvellous future does Robert have? He could be killed in a motor car accident tomorrow."

"Something unlikely to happen to your Tony, lying safely in bed all day and night."

Mary answered with quiet grey fury. "And do you think he wants to be there? Do you know this evening he told me he never wanted me to see him again? Because he didn't know when he'd get better? Because he loved me, and didn't want me waiting for him? Waiting my life away. He said that!"

Mrs. Cossey burst into tears. She was liable to rage or sorrow at the tick of a second.

"Oh Mary, don't you understand? I only want what's best for you. Like any mother does for her daughter."

Mary said, "You want what you want. A good marriage for me that will reflect well on you."

"That's not true, you're my child."

Please turn to Page 101

marry for love — but was it right to go on loving Tony now?

Genevieve

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Tony has a model wife

SHE HAS MADE ME LOVE LIFE, SAYS VETERAN MOVIE IDOL

ABOVE: The almost ageless Tony Curtis and his "model" wife, Leslie.

RUGGEDLY handsome Tony Curtis, the swashbuckling idol of Saturday matinee audiences has traded in the Hollywood glitter for, what he considers, a more golden future of the hearth and home.

Now 47 and still immensely attractive, he is living in New York; in the art filled townhouse of actor Henry Fonda.

With him are his third wife, ex-Boston model Leslie Allen and their three-year-old son, Nicholas.

Despite the domestic scene, the Curtis family presents, Leslie said: "We don't have a traditional marriage."

Leslie, who is in her late 20s and often acts as her husband's negotiating agent on complicated contracts, said the marriage was a success because both understood one thing: "True liberation is sexless."

Tony, once a celebrity-in-attendance at Valentino's couture shows in Rome, is now dressed in $8 jeans and a T-shirt — although most of his $200-plus suits are custom-made by a London tailor called Dimitri.

Commenting, with remarkable honesty, on two previous marital failures to Janet Leigh and Christine Kaufman, he said: "I have known a lot of viciousness.

"Look, men and women are always doing numbers with each other. When I met Leslie I was 43 and she was 23. I had spent some heavy years with my ex-wives and, frankly, marriage scared me.

"Living with the element of incompatibility is a miserable existence. Sustained unhappiness is the ruination of the creative human. I ended up hating myself. I've had superficial wives, superficial friends and a superficial job. But Leslie and I have formed a complete partnership.

"I don't tell her that 'acting is my business and, honey, involve yourself in light housekeeping and leave me alone'. Liberation is a very subjective thing."

Bronx-born Tony was the son of a struggling Hungarian tailor who worked for Seventh Avenue fashion manufacturers. He grew up in a cheap tenement which was somewhat different to his $1 million Bel Air home that was recently sold to Sonny and Cher.

It wasn't the old neighborhood, however, that seared his soul, rather, his parents' constant bickering.

Tony, now middle-aged but projecting an ageless quality, said that he had finally grown up. He talked intelligently about dealing with reality rather than escaping into fantasy situations, saying that he had uncomplicated life by reducing every element of living to its basic components.

"I've simplified everything," he said. "I'm not so frantic about my clothes, my friends, my life style. For example, I used to have a lot of ex-officio friends — Frank Sinatra, Sammy Davis jun., Cary Grant. Now I don't find these people interesting. They're part of the show-biz game.

"Today I associate only with people who have great inner qualities and wonderful minds. I'm no longer drawn to people who are insular."

The man who made millions being a movie star has little respect for the Hollywood that was and is. "The motion-picture industry has destroyed itself by its own avarice," he said bitterly. "Then they blamed the self-annihilation on the actors."

Tony will open in a new Broadway play, Turtlenecks, in November. Leslie said she had talked with producers about Tony starring in a future movie version of the play, but commented Tony: "I still think Hollywood is dishonest and disreputable."

Although his wife once worked as a successful fashion model — and it was Tony who was chosen by the Men's Fashion Association to receive a "best-dressed" award — he talks cuttingly about clothes.

"They're a second skin, an extension of self," he said. Then: "But those effeminate designers have no business having power over what people wear. They have a point of view — but it's personal and shouldn't be inflicted on the masses."

Despite his anti-fashion protestations, Tony frequently buys his wife two-carat diamond rings in offbeat settings from Tiffany's and custom-made clothes from Holly's Harp, a Los Angeles moutique that specialises in originals.

"My wife has made me love life," he said. "It's a miracle. In return, I do things that please her."

He has custody of his 16-year-old daughter, Kelly Lee, from Janet Leigh and his second wife, Christine Kaufman, hasn't fought his desire to have their eight and six-year-old daughters join his present household on a semi-permanent basis.

It's quite a cross-section of past lives but: "Having children of all ages around forces you to take stock of your values," he said. "That's very important."

He said he had learned about love from the movies, not at home. He harbored this idealised version of man-woman encounters that were a blur of Spencer Tracy and Errol Flynn movies seen whenever his father made the money available.

"I always thought true love won out, but it took me a long time to find out what true love is about."

On women: "I've only recently become secure with them. It was never easy for me to establish the rapport of camaraderie with them. I'm attractive to women — let's face that. But I'm also a challenge. Women want to joust. They like to get on their little white steeds and lance you.

"To tell you the truth, I've never been comfortable with my two previous wives or countless other liaisons. I suppose I've always been in love with love.

"When I don't have ease in my personal life I am full of doubts. I get very, very nervous. Now, with my wife, I find my work comes easily and my sense of concentration is more sharply channelled. Maybe that sounds hokey but it's true."

MARIAN CHRISTY

Two ways to give your husband more pleasure.

Offer him this beautiful new experience. A White Wings dessert with canned fruit. Looks like it takes two hours to make. Tastes like it, too. In fact, you made it in 30 minutes!

Jamaican Pear Dessert

Base: One packet of White Wings Crunchy Biscuit Base; ½ teaspoon mixed spice; 2 oz melted butter. Mix the biscuit base and spice. Add butter and blend thoroughly. Press mixture firmly over the base and sides of a greased 9″ pie plate. Chill.

Filling: 15 oz can pear halves; one packet White Wings Jamaican Lime Jelly Crystals. Drain pears, keep syrup. Place dry pears decoratively in pie shell. Into measuring jug put jelly crystals, syrup and boiling water to make 1 pint. Stir till dissolved. Place jelly in fridge, chill till consistency of egg white. Gently spoon it over the pears. Chill till set.

Decorate with whipped cream before serving.

Peach Fantasy Dessert

1 packet White Wings Continental Cheesecake Supreme Dessert Mix; 2 oz melted butter; cup milk (8 fl oz); 15 oz can peach slices; 1-2 tspns arrowroot; orange food colouring; 4 oz dark cooking chocolate (melted).

Empty biscuit crumb pack into mixing bowl. Add butter, blend thoroughly. Press mixture firmly over base and sides of greased 8″ pie plate. Chill. Make the cheesecake filling following packet directions. Spoon gently into pie shell.

Drain peaches, reserving syrup. Arrange peach slices decoratively on top of pie. Into small saucepan pour peach syrup, colouring, arrowroot, which has been blended to paste with a little water. Place over low heat, simmer 3 mins. Allow to cool. Brush cooled syrup over peaches and drizzle over melted chocolate. Chill.

ACF3417B

SUMMER BEAUTY HINTS

Prepare to greet the sun with sparkling freshness and confidence

Australian Beauty

with LEONIE ROBBINS

I WANT to buy a new pair of sunglasses for this summer season and wonder just what styles are in fashion, and also if they will suit my square face.

Mrs. M.C., Mooroolbark, V.

NEWEST styles in sunglasses seem to be fine wire frames in a multitude of colors as well as black. Metal frames are also popular. These come in many different shapes, so you should find one to suit. The best way is to try them on before you buy. Rules are made to be broken, so select different shapes and try them, regardless of your face shape. Graduated lenses (shaded from dark to light) and the type of lens that changes color to suit the amount of light available are very good, too. Another frame style is the mock-tortoise shell type in shades of green, pink or shell colorings. The range of V.Y.I. glasses are well worth looking at.

I HAVE been interested to read your ideas for gift-giving in a recent issue of New Idea, and wonder if you can suggest something different for me. I am spending summer holidays with the parents of friends and would like to take something rather out of the ordinary.

Julie S., Boronia, V.

A PERFECT answer would be Interflora's flowers-and-perfume, especially as flowers are a traditional way of saying "thank you". The perfume is a light French floral, very adaptable and suitable for all age groups. Any Interflora florist could give you more details, and I am sure your friend's mother would appreciate such a gift. Enjoy your holiday!

CAN you help, please? During the winter I have suffered an outbreak of blackheads and I want my skin to look its best during summer months as I do not wear much make-up then.

K.F., Ashfield, NSW.

BLACKHEADS can be irritating and stubborn, I know. Double-duty cleansing is one sure way to help. Use a greaseless cleanser like Innoxa's Clean Face twice a day. A rub over the oiliest areas (usually around nose and chin) with a pad of cotton wool soaked in astringent morning and night following cleansing will help, too. Keep working until the pad comes quite clean. Use a normalising gel (Helena Rubinstein Skin Balance) to keep oil down.

I HAVE long hair and want to have it cut for the summer. What styles do you suggest as being new and suitable for a young mother?

Mrs. P.M., Doncaster, V.

CURRENTLY fashionable are all the versions of the short cut. This can vary from the very-short layered cut, which is certainly practical, to the all-one-length and just-above-shoulder cut which is easy to adapt to different styles for day and night. Either would be very right for a young mother, I think.

CAN you help me, please? I am in great trouble as my skin has been flaring up with blotchy red patches and has so much dryness that it almost hurts. This is particularly on my face, also on my neck,chest and arms.

Miss W.M., Glenelg, SA.

THIS could mean allergy problems (these can be caused by anything from air-conditioning to soap) so a visit to your doctor could help. Very careful skin help is necessary. Do not use soap or perfumed skin aids. Moisturiser can be a great help for dryness — Helena Rubinstein's new Moisture Response adapts to specific amounts of dryness, Revlon's Natural Honey Dry Skin Relief is free from perfume and makes an all-over help. Regular routines with non-allergenic aids (like Innoxa Hypo-allegenic or Clinique) are good.

I AM blonde and have always been a "pink and white daisy!" Now I want to try a new look for summer. What do you suggest for a complete change? My eyes are greenish, by the way.

Daisy, Croydon, V.

TRY the tawny-gold look for summer. Sun-gold make-up, very little powder, green-toned eye make-up and honey-gloss lips and cheeks would be a good start. If your hair has darkened during the winter as many blonde-heads do, try a few light streaks.

ADVERTISEMENT

Bring lasting loveliness to your skin

OVER the centuries women have tried countless skin beauty treatments in their search for feminine perfection. Some have proved highly effective and have become widely known and widely used throughout the world.

Here a leading skin care consultant reveals how modern science has made it possible for women in all climates to achieve a softer, smoother, more youthful complexion.

The promise of fine flawless skin beauty is initially determined down under the surface where the tiny oil and moisture reservoirs maintain a delicate balance by releasing just the right amounts of natural nourishment to keep the complexion soft, supple and gloriously alive. With the scientific development of a tropically moist oil blend it is possible to supplement the skin's own natural flow of oil and moisture, maintain a proper balance, and so bring a long term youthful loveliness to the complexion.

A unique beauty fluid

Known in Britain and Europe as Oil of Ulay and in America as Oil of Olay, this remarkable beauty fluid is available from chemists here in Australia as Oil of Ulan. The unique moist oil blend helps the balanced functioning of the skin's liquid assets, makes skin behave beautifully and brings a soft, dewy freshness to the complexion that will withstand the effects of passing years and the weather.

Prevent dry skin

A light film of Oil of Ulan applied to the face and neck each day and always used as a sub-foundation for make-up, will further the skin's ability to maintain an ideal oil and moisture level. This is an extremely important beauty factor – often the vital difference between a complexion progressively drying out and a complexion constantly soft and dewy fresh. Oil of Ulan moist oil blend also protects skin against artificial indoor enviroments, the alternating elements of sun, wind and cold – in fact any of the many hazards of modern day living that directly or indirectly deplete the skin's natural fluids. Above all, it is the truly amazing means of bringing a youthful freshness and radiance to your complexion now and in the years to come.

RUTH gave her sister a look of acid exasperation. "All right, Eleanor, you win. I promise never to produce another handsome eligible bachelor for your inspection again. You can die an old maid for all I care, after the manner in which you received poor Charles."

Her eyes closed on a long painful shudder as she remembered Eleanor's abdominable behavior and speculated on what Charles, who was her husband's chief, must be thinking at this moment.

She felt decidedly cross with her sister, because that sort of thing cast a reflection on one's upbringing and while their's hadn't been exactly top drawer, at least their parents had

Fiction

instilled in them the importance of impeccable table manners. Eleanor's in particular were exquisite, never marred by feelings of inferiority or shyness.

It was a family joke that Eleanor could dine on equal terms with either tramp or king, without intimidating or being intimidated. Ruth could only conclude that Eleanor had acted in that uncouth way for some dubious purpose of her own.

Acted. Yes, perhaps their parents should have let Eleanor go to drama school instead of talking her into that commercial course. The girl was obviously a born actress with an actress' love of playing the fool.

"If I didn't know you better,"

Eleanor was determined not to be swept off her feet by anyone of her sister's choosing — but Charles seemed a little different from the other men Ruth had foisted on to her

BY VANESSA HOLLINGS

A GIRL LIKE ELEANOR

she bleated, "I'd think you'd done it on purpose to discredit me and Bob. You do realise that your lapse could harm Bob's career."

"Oh, stuff and nonsense!" said Eleanor speaking for the first time.

"What did you say? I don't know how you can speak to me like that."

"It's no effort, actually. You will keep making such nonsensical statements. Charles struck me as being a jolly well-integrated man. He wouldn't let my bit of fun affect Bob's chances of promotion."

"Bit of fun do you call it? May the Lord give me strength. Bit of fun, indeed! When you gave him that outrageously flirtatious look and said, Charlie boy would you —?"

"But wasn't I suppose to look flirtatious, Ruth?" inquired Eleanor innocently, thinking a timely interruption was called for.

"I distinctly remember you telling me not to put on the iceberg act I put on for Steve, or was it Paul? No matter, I remember you saying, let your hair down, Eleanor, and flirt a little."

"A little, yes. You don't seem to realise how off-putting your cold manner can be. I didn't expect you to act like some 15th century harlot. Quite frankly, Eleanor, I don't know how I'm going to hold my head up when I next see Charles. If only you'd acted in a reasonable and seemly manner. Charles is such a good catch."

"And you're not getting any younger," mouthed Eleanor under her breath.

"And you're not getting any younger," said Ruth.

"It's not as if you were cut out to be a career girl," mouthed Eleanor.

"It's not as if you were cut out to be a career girl," said Ruth. "To say you don't take to authority is putting it mildly. Employers like a bit of spirit in a girl.

"It's a sign of initiative. But they quickly tire of continual clashes with an over-grown firebrand. It's perfectly obvious that your only outlet is marriage, and I've done my best on that score. You do try a body's patience."

Eleanor closed her hands demurely together. She watched a fly crawl up the wall and start across the ceiling.

Poor Ruth, she was quite overpowering at times. And unbelieving, and a little dazed, still feebly hoping that she, Eleanor, would turn into the sweet amenable sister who had only ever lived in her imagination.

Even as a child, all legs, huge eyes and tangled hair, Eleanor had been a great source of trial. Being several years older, Ruth had adopted responsibility for Eleanor and had misguidedly tried to smooth her path. Something which the younger Eleanor had fiercely resented.

The years had tamed her hair, which was now a beautiful reddish-brown, but not the dancing green demons in her eyes, and she still fought like a termagant when she was asked — meaning commanded — to conform.

She thought that if she kept very, very quiet, Ruth might dry up.

Past experience had taught her that her interruptions, no matter how wittily spiked, only served to incense Ruth to greater degrees of anger. Much as she loved her sister, she wished she'd hurry up and go. She even tried a polite yawn behind a discreetly lifted hand, but all to no avail. Ruth wasn't going until she'd aired her grievance. And what a long-winded grievance it was.

In truth, Eleanor was beginning to feel not a little sorry for the trick she'd played, and not solely on Ruth's account. She hadn't expected Charles to be so nice. If she were given the hand to play again, she'd think twice about playing the joker.

But how was she to know that this time Ruth would produce somebody as absolutely, stunningly right for her. By the time she had taken a proper look at Charles, and this fact had registered, all the joke things had been said and it was too late. She didn't need Ruth to tell her what a fool she'd been, and if Ruth didn't go soon her impetuous tongue would really let fly.

At last. The bliss of being on her own. The peace when the door closed on Ruth. Even the door creaked. In door language Eleanor was sure that was a sigh of relief.

She kicked her shoes off and tucked her legs under her on the sofa. Ruth was wrong in her supposition that Eleanor didn't want to get married. She did. Some time. Some time had a cosy, unhurried, non-panicky sound to it.

She told herself that what she objected to was being shown off like horsemeat at a cattle market. She was sure that if she'd met Charles under her own steam they'd have got on famously.

As their eyes met for the first time she had seen the polite abstraction in his being edged away by a spark of interest that had a strong base of attraction. His expressive eyes had soon been brimful of amusement. Yes amusement!

She didn't think he'd been outraged and she thought he might have entered into the spirit of the thing if Ruth hadn't sat with stiff fingers and a stiff disapproving mouth to match. And poor Bob, Ruth's husband and her much-loved brother-in-law, how he'd squirmed because she was taking the micky out of his boss. She was really very fond of Bob and she hoped her irresponsibility, as Ruth would call it, hadn't done anything to jeopardise his future.

The telephone rang. Thinking it must be her sister, who would

Please turn to Page 70

DO YOU TAKE LIFE WITH A SMILE?

For an honest answer, measure your degree of happiness by answering these questions

SOME of us are better equipped than others to take life as it comes; to ride the crest of the wave when it whips us along; to keep our spirits up even when we are down in the trough; to take the rough with the smooth; to see the funny side of all except the very grimmest situations. Are you like that? Do you take life with a smile? Or do you sometimes find things a bit too much for you? And if so, is there anything you can do about it? Indeed, there is. Answer our quiz to find out how you rate and what you can do about it.

1. The house is a mess and you know you are not looking your best. The door-bell rings. You answer it ... to find two old friends standing on the doorstep. "Surprise! Surprise!" they chorus. Would you be ...
(a) as delighted to see them as they are to see you?
(b) extremely upset — and show it?
(c) slightly disconcerted?

2. Do you talk about the past ...
(a) rather a lot?
(b) hardly at all?
(c) from time to time?

3. Do you worry about the future ...
(a) rather a lot?
(b) a bit?
(c) not at all?

4. Getting up in the morning. Do you find it ...
(a) easy?
(b) difficult — you hate it?
(c) sometimes one; sometimes the other?

5. Tick any of the following you really enjoy.
(a) parties and similar social functions?
(b) meeting new people?
(c) other people's conversation?

6. When it comes to whatever job you do or your household chores, do you ...
(a) try to get through things as quickly as possible?
(b) try to spin them out?
(c) tackle them conscientiously and with pride?

7. If you are left to your own devices ...
(a) can you usually find something to do?
(b) is there always something you are eager to do?
(c) or are you usually restless and bored?

8. Tick any of the following you tend to worry about rather a lot.
(a) your health?
(b) money?
(c) the mess the world seems to be in?

9. If you won some money in a competition, would you ...
(a) spend it on some luxury you've always wanted?
(b) spend it on something you need?
(c) save it for a rainy day?

10. You get a sudden pain in the chest. Do you ...
(a) assume it's indigestion and take something for that?
(b) rush off to see a doctor?
(c) stay away from the doctor — because you fear the worst?

11. You receive a telegram. Do you ...
(a) open it eagerly, assuming it's good news?
(b) simply open it without thinking anything?
(c) fear bad news and ask someone else to open it for you?

12. You have a brand-new car. You are out in it for the first time when a bus or lorry goes out of control and crashes into you. Apart from being shaken up, you are unhurt. But the nice new car is a complete wreck. What would be your first reaction? Would you be ...
(a) upset about the car?
(b) delighted that you weren't injured?

13. You have arranged to meet some friends. They are deep in conversation when you arrive and do not notice your approach. You hear your name mentioned. Then one of them sees you and the conversation comes to a sudden halt. Would you ...
(a) smile and say brightly, "Who's taking my name in vain?"
(b) say nothing, but feel sure they weren't saying anything good about you?
(c) wonder about it briefly, but let it pass?

14. A friend wants to borrow some money. You can afford the loan. Would you ...
(a) lend it without a second thought?
(b) make some excuse not to lend it?
(c) lend it, but get something in writing to make sure you get it back?

15. Do you buy things on an impulse ...
(a) hardly ever?
(b) often?
(c) sometimes, but not often?

16. When going on holiday, do you ...
(a) plan and prepare everything well ahead?
(b) leave everything to the last minute?
(c) plan and prepare some things, but forget others?

17. Do you find sudden, last-minute changes of plan ...
(a) exciting?
(b) highly irritating?
(c) or do you regard them as part and parcel of life?

18. There's an old proverb that "Every cloud has a silver lining". Is this ...
(a) mostly true?
(b) sometimes true?
(c) seldom true?

19. Does the fear of looking foolish keep you from trying or doing something new?
(a) yes — often.
(b) well, sometimes.
(c) no — you'll try anything once.

20. If you were shipwrecked on a desert island, would you ...
(a) regard it as a great adventure?
(b) worry about how long it would be before you were rescued?
(c) start exploring for food and shelter?

HOW YOU SCORE:
1. a 5, b 1, c 3; 2. a 1, b 5, c 3; 3. a 1, b 3, c 5; 4. a 5, b 1, c 3; 5. score 1 for one tick, 3 for two ticks, 5 for three ticks; 6. a 3, b 1, c 5; 7. a 3, b 5, c 1; 8. deduct 1 for one tick, 3 for two ticks, 5 for three ticks; 9. a 5, b 3, c 1; 10. a 5, b 3, c 1; 11. a 5, b 3, c 1; 12. a 1, b 5; 13. a 5, b 1, c 3; 14. a 5, b 1, c 3; 15. a 1, b 5, c 3; 16. a 1, b 5, c 3; 17. a 5, b 1, c 3; 18. a 5, b 3, c 1; 19. a 1, b 3, c 5; 20. a 5, b 1, c 3.

HOW YOU RATE:
If you have scored ...
73 or over — You certainly

Please turn to Page 105

Baby things,

woollens,

synthetics

and delicate fabrics

...all need to be hand washed with a little

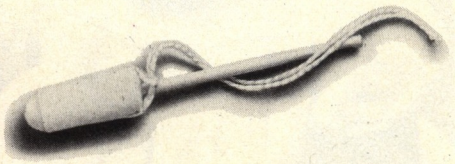
LOVE'N CARE

Liquid Love 'n Care keeps lovely things lovely—all the time because it dissolves instantly—makes the garments soft and gentle.

LOVE'N CARE
is so economical too...
check it out
next time you're shopping

3345

The tampon made with the beginner in mind.



New Fems*Freedom*Tampons.

They were made with the beginner in mind. Made very easy to insert. So that's why each one is gently rounded on top.

And each one comes with its own Natural Positioning Aid– a dainty little guide, no thicker than a daisy stem.

So you can slip the tampon in comfortably.

And most important, you can be sure of Fems Freedom. Why? Because they're so absorbent.

With new Fems Freedom, you'll get all the comfort you've wanted, and all the protection you need.

From your very first tampon.

The simplest tampon.

FREE.
If you would like to try new Fems Freedom Tampons, just fill out this coupon. We'll send an unmarked trial package of three.

Name _____
(please print)

Address _____

Postcode _____

Send to 'Fems Freedom' PO Box 240 Rydalmere NSW 2116
Free offer limited to one pack per person. One name per coupon only. Limited to residents of Australia only.
Offer closes 31st January 1974.

KC42NIBFCB

If you have any questions about menstruation or feminine hygiene, write to Nurse Ellen Worth C/- Life Cycle Centre PO Box A688 Sydney South NSW 2000

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20-PAGE LIFT-OUT:

KNIT FOR YOU AND YOUR MAN

Trendy, easy-to-wear gear to make for holiday fun in the summer sun

WREST POINT

MEASUREMENTS:						in inches (cm)
Chest size	(her)	32	34	36		(81- 86- 91)
	(him)	38	40	42	44	(96-102-107-112)
Garment size	(her)	34	36	38		(86- 91- 96)
	(him)	40	42	44	46	(102-107-112-117)
Length	(her)	22	22½	23		(56- 57- 59)
	(him)	25¾	26¼	26¾	27¼	(65- 66- 68- 69)
Sleeves	(her)	17	17	17		(43- 43- 43)
	(him)	19	19	19		(48- 48- 48)

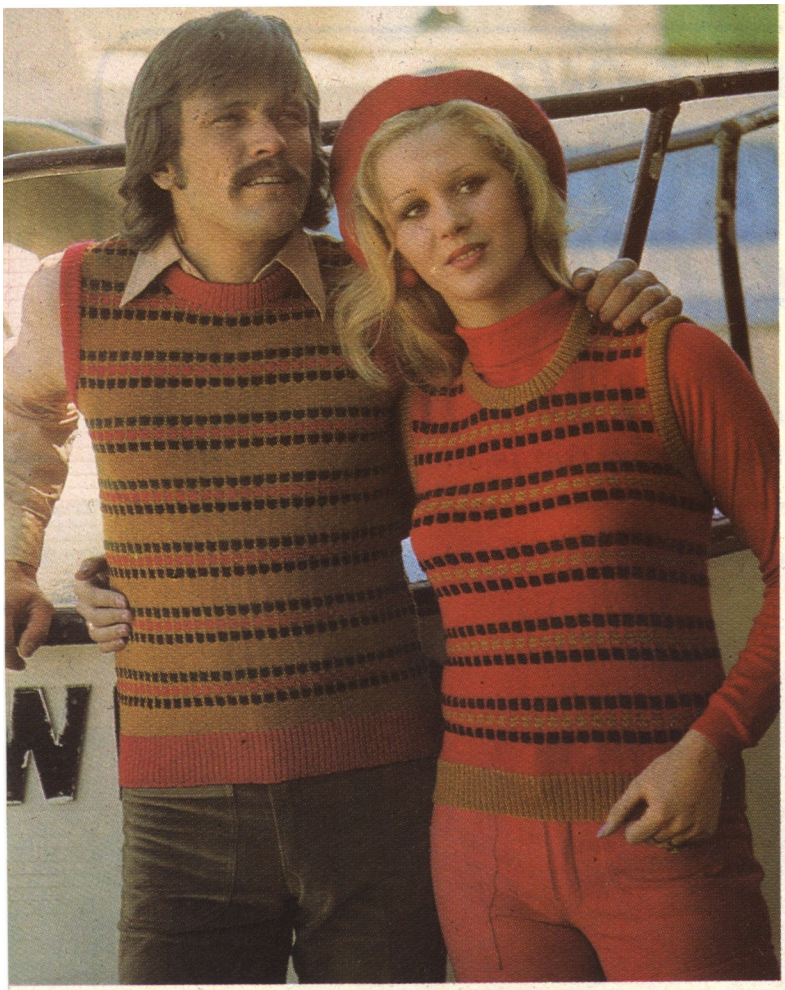
MATERIALS:
Villawool D.C.8 Superknit (25 g.). For her — 13 (15-16) balls main color, 7 (8-8) balls 1st contrast, 3 (4-4) balls 2nd contrast. For him — 16 (18-19-21) balls main color, 9 (10-11-11) balls 1st contrast, 4 (4-4-5) balls 2nd contrast; 1 pair each Nos. 8 and 10 knitting needles.

TENSION:
11½ sts and 16 rows = 2 ins. (5 cm).

PATTERN:
1st row — K 3 (6-9-12-2-5-8), P 1, (K 12, P 1); rep, ending with K 3 (6-9-12-2-5-8).
2nd row — P 3 (6-9-12-2-5-8), K 1 (P 12, K 1); rep ending with P 3 (6-9-12-2-5-8).
Rep these 2 rows inclusive in stripes.

BACK:
With M and No. 10 needles, cast on 98 (104-110-116-122-1281134) sts.

Please turn to Page 66



ROTTNEST

MEASUREMENTS: in inches (cm)

Chest size	**(in)**	**30**	**32**	**34**	**36**	**38**	**40**
	(cm)	**76**	**81**	**86**	**91**	**96**	**102**
Garment size	**(in)**	**32**	**34**	**36**	**38**	**40**	**42**
	(cm)	**81**	**86**	**91**	**96**	**102**	**107**
Length	**(in)**	**18**	**19½**	**20½**	**21½**	**23**	**24**
	(cm)	**46**	**49**	**52**	**55**	**58**	**61**

MATERIALS:
Villawool 5 ply Superknit (25 g), 6 (6-6-7-8-8) balls main color, 1 (1-1-2-2-2) balls each 1st and 3rd contrasts, 4 (4-4-5-5-5) balls 2nd contrast; 1 pair each Nos 10 and 12 knitting needles.

TENSION:
14 sts and 19 rows = 2 ins (5 cm).

PATTERN:
1st row — (right side) — (K 1 M, K 3 C 1); rep to last st, K 1 M.
2nd row — Sl 1 purlwise M, (K 3 yfwd C 1, sl 1 purlwise, yb); rep to end.
3rd row — (sl 1 purlwise, K 3 C 1); rep to last st, sl 1 purlwise.
4th row — P 1 M, (K 3 yfwd C 1, P 1 M, yb C 1); rep to end.
5th row — Using M, knit.
6th row — Using M, purl.
7th row — (K 1 M, K 3 C 2); rep to last st, K 1 M.
8th row — Sl 1 purlwise M (K 3 yfwd C 2, sl 1 purlwise, yb); rep to end.
9th row — (sl 1 purlwise, K 3 C 2); rep. to last st, sl 1 purlwise.
10th row — P 1 M (K 3 yfwd C 2, P 1 M, yb C 2); rep to end.
11th row — Using M, knit.
12th row — Using M, purl.

Please turn to Page 50

KNIT FOR YOU AND YOUR MAN

INSTRUCTIONS FOR KOOYONG PICTURED BELOW ON PAGE 50

KEENIES

Small things bright & beautiful.

Neat little bikini briefs that fit snugly . . . wear light and comfy . . . look and feel just right, even under your most daring fashions!

Style 41045. Printed Balbriggan bikini. Fashioned in pure, fresh cotton for easy washing, easy caring, comfort and hygiene. Colours . . . Pink Flower, Orange Ripple, Blue Tiger. Sizes 12-20. $1.10*
Style 910CM. Printed Nylon bikini. Colours . . . Chocolate Ripple, Red Tiger, Gold Flower. $1.10*

3 skin cross fox boa stole . . . $750 from Cornelius.

*Suggested retail price.

BOND'S

014.P.545A

KNIT FOR YOU AND YOUR MAN

ROTTNEST Continued from Page 48

13th row — (K 1 M, K 3 C 3); rep to last st, K 1 M.
14th row — Sl 1 purlwise M (K 3 yfwd C 3, sl 1 purlwise, yb); rep to end.
15th row — (sl 1 purlwise, K 3 C 3); rep to last st, sl 1 purlwise.
16th row — P 1 M (K 3 yfwd C 3, P 1 M, yb C 3); rep to end.
With M, work 12 rows st st.
Rep these 28 rows inclusive.

BACK:
With C2, No. 12 needles, cast on 105 (113-121-129-137-145) sts.
1st row — K 1 (P 1, K 1); rep to end.
2nd row — P 1 (K 1, P 1); rep to end.
Rep 1st and 2nd rows 11 times.
Change to No. 10 needles and st st. With M, work 12 rows.
Cont in patt until work measures 11 (12-12½-13-14-15) ins. (28-30-32-33-35-38 cm) or length req ending on wrong side row.

Shape armholes:
Cast off 5 (6-7-8-9-10) sts at beg of next 2 rows. Dec 1 st each end of next 5 rows then every 2nd row until 81 (85-89-93-97-101) sts.
Cont until armholes measure 7 (7½-8-8½-9-9) in. (18-19-20-22-23-23 cm) on straight ending on wrong side row.

Shape shoulders and neck:
Cast off 5 sts at beg of next 2 rows (71-75-79-83-87-91 sts).

Next row — Cast off 5 sts, work until 17 (18-19-20-21-22) sts on needle, cast off loosely centre 27 (29-31-33-35-37) sts, work 22 (23-24-25-26-27) sts.
Cont on last sts. Cast off for shoulder at beg of next and each alt row 5 sts (all sizes) once, 5 (6-6-7-7-8) sts once, 6 (6-7-7-8-8) sts once **at same time** cast off at neck edge on every 2nd row 3 sts twice.
Return to rem sts, join yarn at neck edge and finish as other side.

FRONT:
Work as back until armholes measure 3½ (4-4½-5-5-5½) in. (9-10-11-13-13-14 cm), ending on wrong side row.

Shape neck:
Next row — Work 33 (34-35-36-37-38) sts, cast off loosely centre 15 (17-19-21-23-25) sts, work 33 (34-35-36-37-38) sts.
Cont on last sts. Cast off at neck edge on every 2nd row 2 sts (all sizes) 3 times, 1st 6 times.
Cont on rem 21 (22-23-24-25-26) sts until armhole measures same as back ending at armhole edge.

Shape shoulder:
Cast off at beg of next and each alt row 5 sts (all sizes) twice, 5 (6-6-7-7-8) sts once, 6 (6-7-7-8-8) sts once.
Return to rem sts, join yarn at neck edge and finish as other side.

TO MAKE UP:
Press on wrong side. Using small back st sew up right shoulder. Press seam open.

NECK BAND:
With right side facing, C2, No. 12 needles, beg and end a ¼ in. (0.5 cm) in from shoulder edges, neatly pick up and knit 46 sts (all sizes) each side of front neck, 15 (17-19-21-23-25) sts centre front, 50 (52-54-56-58-60) sts back neck (157-161-165-169-173-177 sts).
Work in rib of K 1, P 1 for 19 rows. Cast off loosely ribwise on next row. Sew up left shoulder and neatly join neck band end tog. Press seams open.

ARMHOLE BANDS:
With right side facing, C2, No. 12 needles, neatly pick up and knit 156 (166-176-186-188-196) sts on armhole edges and work as neck band.

TO FINISH OFF:
Sew up side seams and ends of armhole bands. Press seams open. Fold neck and armhole bands in half to inside and loosely sl st down.

KOOYONG (Pictured on Page 48)

MEASUREMENTS:					in inches (cm)
Bust/chest size	32	34	38	40	(81-86-97-102)
Garment size	32	34	38	40	(81-86-97-102)
Length	18	18½	22	22½	(46-47-56-57)

MATERIALS:
Patons Crystal (50 g), 4 (4-6-6) balls main color, 1 ball contrast; 1 pair each Nos. 10 and 12, set of No. 12 knitting needles; 1 stitch holder.

TENSION:
13½ sts = 2 ins. (5 cm) over st st.

BACK:
Using No. 12 needles and C, cast on 107 (113—127—133) sts.

1st row — K 2, * P 1, K 1; rep from * to last st, K 1.

2nd row — K 1, * P 1, K 1; rep from * to end.
Using M, rep 1st and 2nd rows 14 times.
Using C, rep 1st and 2nd rows once.
Using M, rep 1st and 2nd rows once.
Using C, rep 1st and 2nd rows once.
Using M, rep 1st and 2nd rows 14 times.
Using C, rep 1st and 2nd rows once.
Change to No. 10 needles and M, work in st st until work measures 10 (10—12—12) ins. (25—25—30—30 cm) from beg, ending with a purl row.

Shape armholes:
Cast off 11 (12—14—15) sts at beg of next 2 rows **, then dec at each end of next row and alt rows until 65 (69—73—77) sts rem.
Work 51 (53—63—65) rows.

Shape shoulders:
Cast off 13 (14—13—14) sts at beg of next 2 rows.
Leave rem sts on stitch holder.

FRONT:
Work as for back to **.

Shape neck:
1st row — K 2 tog, K 40 (42—47—49), turn.
Dec at armhole edge in alt rows 9 (9—12—12) times, at same time dec at neck edge in foll 3rd rows until 13 (14—13—14) sts rem.
Work 12 (11—18—17) rows. Cast off.
Slip next st on to a colored thread, join yarn to rem sts and complete to correspond with other side.

NECKBAND:
Using back-stitch join shoulder seams.
With right side facing, using set of No. 12 needles and beg at left shoulder seam, knit up 56 (60—76—80) sts evenly along left side of neck, K 1 from colored thread, knit up 56 (60—76—80) sts evenly along left side of neck, K 1 39 (41—47—49) sts from back stitch holder 152 (162—200—210) sts.
1st round — * K 1, P 1; rep from * to end.
2nd round — Rib to within 2 sts of centre st, y bk, sl 1, K 1, p s s o, K 1, K 2 tog, rib to end.
Using M, **3rd round** — Rib to within 2 sts of centre st, P 2 tog t b l, K 1, P 2 tog, rib to end.
Rep 2nd and 3rd rounds 3 times.
Using C, rep 2nd and 3rd rounds once.
Cast off in rib.

ARMHOLE BANDS:
Using No. 11 needles and C, knit up 121 (125—175—183) sts evenly around armhole and work 11 rows in rib (as for back) and stripes (as for neckband).
Cast off in rib.

TO MAKE UP:
Using back-stitch, join side seams. Using C embroider tennis racquets as illustrated.

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ABH 9

SURFERS

MEASUREMENTS				in inches (cm)
Chest size	38	40	42	(96 - 101 - 106)
Length	26	26½	27	(66 - 67 - 68)
Sleeve	18½	18½	18½	(47 - 47 - 47)

MATERIALS:
Patons Gem Knitting Cotton, 11 (12-12) balls main color, 11 (11-12) balls contrast; 1 pair each Nos. 13 and 14 knitting needles.

TENSION:
8 sts and 11 rows = 1 in. (2.5 cm) square.

BACK AND FRONT (alike):
With No. 13 needles and M, cast on 158 (166-174) sts.

1st row (right side) — With M, purl.
2nd row — Knit.
3rd row — With C, purl.
4th row — Knit.
These 4 rows form the patt. Cont in patt until work measures 18½ ins. (47 cm) from beg, ending with a 4th row.

Armhole shaping:
Keeping continuity of patt, cast off 7 sts at beg of next 2 rows. Dec 1 st at each end of next and every foll alt row until 128 (132-136) sts rem. Cont on these sts for 11 rows, ending with a 4th row.

*** Beg broader stripes:**
With M, knit 9 rows, ending with a right side row.
With C, purl 8 rows, ending with a right side row.
With M, purl 1 row.
Knit 8 rows, ending with a wrong side row.
With C, knit 2 rows. *
These 28 rows complete broader stripes.
Beg with a 1st patt row, cont in patt until armhole measures 8½ (9-9½) ins., 21.5 (23-24) cm, ending with a wrong side row.

Shoulder shaping:
Keeping continuity of patt, cast off at beg of next and foll rows 9 sts twice, 9 (9-10) sts twice, 9 (10-10) sts twice, and 10 sts twice. 54 (56-58) sts.

Neck and shoulder facing:
Work 1 row.
Cast on at end of next and foll rows 10 sts twice, 9 (10-10) sts twice, 9 (9-10) sts twice, and 9 sts twice. 128 (132-136) sts.
Work 8 rows. Cast off.

SLEEVES:
With No. 14 needles and M, cast on 80 (84-88) sts. Cont in patt for 4½ ins. (11.5 cm), ending with a right side row. Change to No. 13 needles. Inc 1 st at each end of next and every foll 8th row until there are 120 (124-128) sts. Cont without shaping until sleeve seam measures 20 ins. (50.5 cm) from cast on edge, ending with a 4th patt row.

Top shaping:
Keeping continuity of patt, cast off 7 sts at beg of next 2 rows. Dec 1 st at each end of every row, until 88 (96-104) sts rem, then at each end of every alt row until 72 (74-76) sts rem, ending with a 4th patt row. Work from • to * as for back and, **at same time,** dec 1 st at each end of the 2nd and every foll 3rd row until 54 (56-58) sts rem. Beg with 1st patt row, cont in patt, dec 1 st at each end of next and every foll alt row until 48 sts rem, then at each end of every row until 30 sts rem. Cast off.

TO MAKE UP:
Sew shoulder and shoulder facing seams, side and sleeve seams. Slip-stitch neck and shoulder facings on wrong side. Set in sleeves, sewing shoulder facing edges in with sleeve seam at top. Fold 1½ ins. (4 cm) from hems on sleeves and lower edges and slip-stitch in position. Press lightly on the wrong side with a warm iron.

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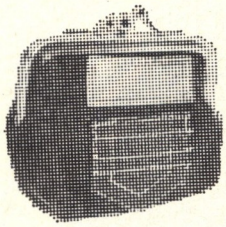

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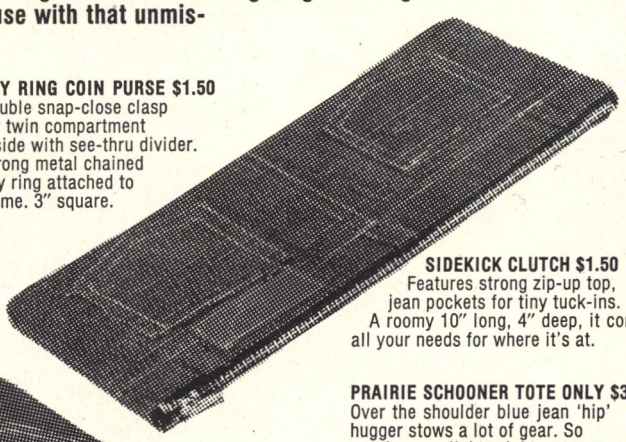

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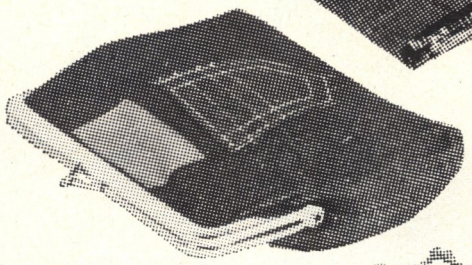

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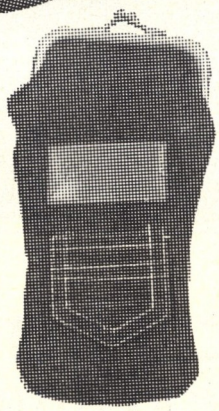

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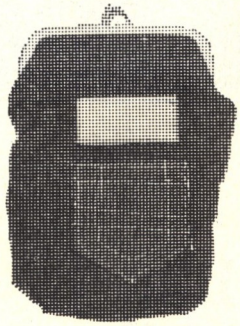

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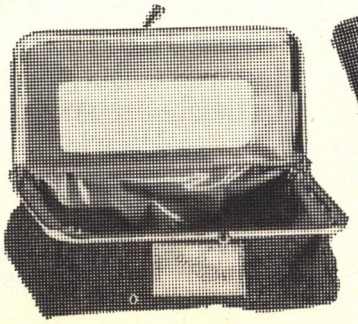

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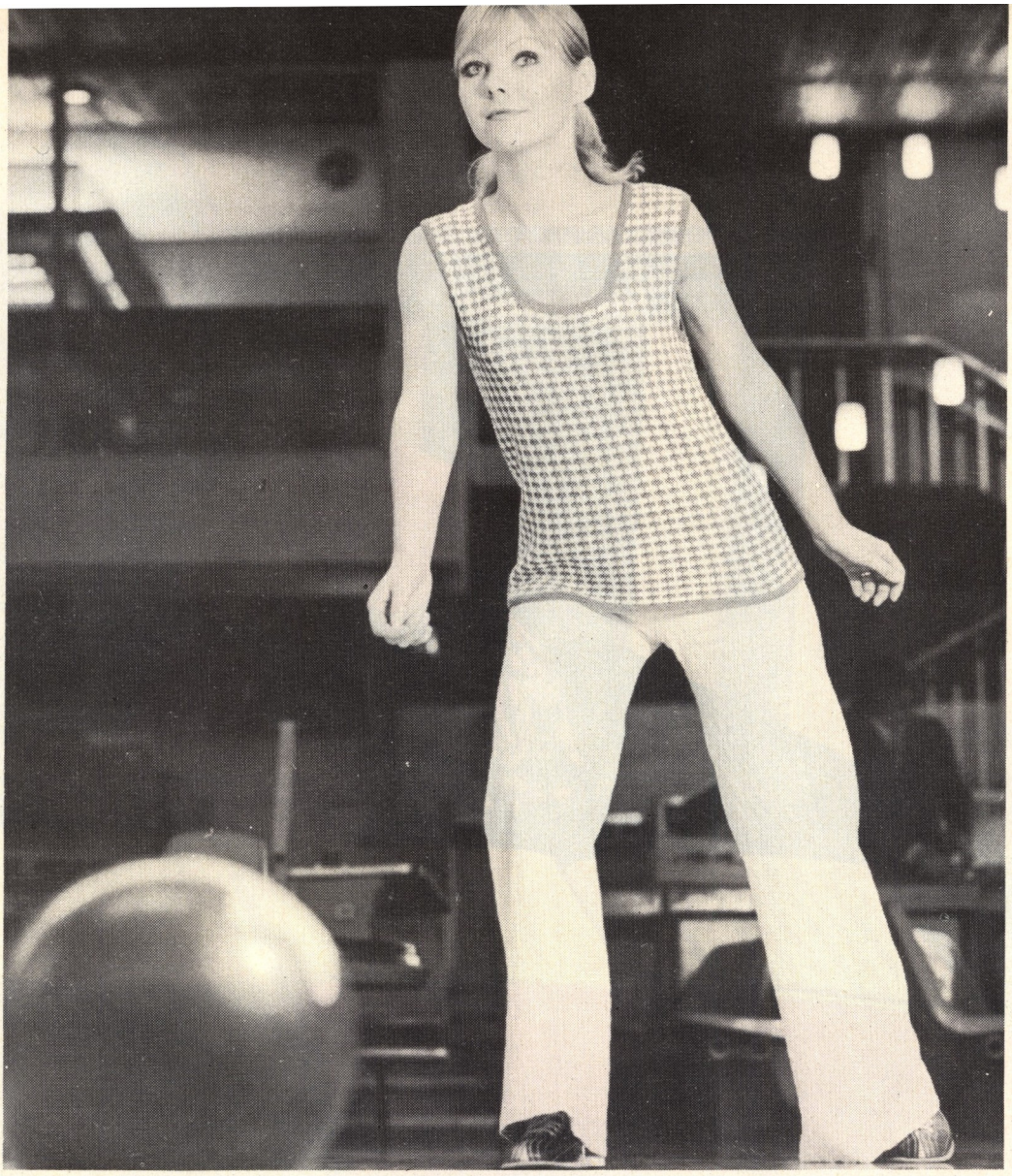

KNIT FOR YOU AND YOUR MAN

ALICE

MEASUREMENTS:	in inches (cm)				
Bust size	**34**	**36**	**38**	**40**	**(86-91-96-101)**
Length at shoulder	**21½**	**21½**	**23**	**23**	**(54-54-58- 58)**

MATERIALS:
Patons Gem Knitting Cotton (50 g), 4 (4-4-4) balls main color, 3 (4-4-4) balls contrast; 1 pair each Nos. 12 and 13 knitting needles; 2 stitch holders.

TENSION:
8 sts and 16 rows = 1 in. (2.5 cm).

SPECIAL ABBREVIATIONS:
sl 1 P = slip 1 st purlways.

BACK:
With No. 13 needles and M, cast on 143 (149-161-167) sts.
Knit 8 rows.
Change to No. 12 needles and patt.
1st row (right side) — With C, K 5, * sl 1 P, K 5; rep from * to end.
2nd row — With C, K 5, * yfwd, sl 1 P, yb, K 5; rep from * to end.
3rd and 4th rows — As 1st and 2nd rows.
5th row — With M, K 2, * sl 1 P, K 5; rep from * to last 3 sts, sl 1 P, K 2.
6th row — With M, K 2, * yfwd, sl 1 P, yb, K 5; rep from * to last 3 sts, yfwd, sl 1 P, yb, K 2.
7th and 8th rows— As 5th and 6th rows.
These 8 rows form the patt. Cont in patt until work measures 13½ (13½-14½-14½) ins. (34-34-37-37 cm), ending with a 4th patt row.

Armhole shaping:
Keeping patt correct, cast off 9 (9-10-10) sts at beg of next 2 rows, 3 (3-4-4) sts at beg of foll 2 rows, and 2 (2-3-3) sts at beg of foll 2 rows.
Dec 1 st at each end of next and every foll alt row until 107 (113-119-125) sts rem **.
Cont without shaping until armhole measures 6 (6-7-7) ins. (15-15-18-18 cm), ending with a 4th patt row.

Neck shaping:
Next row — Patt 28 (31-33-36), turn, leaving rem sts on a spare needle.
Dec 1 st at neck edge of next and foll 4 alt rows. 23 (26-28-31) sts.
Cont without shaping until armhole measures 8 (8-8½-8½) ins. (20-20-22-22 cm), ending at armhole edge.

Shoulder shaping:
Cast off 7 (8-9-10) sts at beg of next and foll alt row. Patt 1 row.
Cast off rem 9 (10-10-11) sts.
With right side facing, slip centre 51 (51-53-53) sts on to a stitch holder, rejoin yarn to rem sts, patt to end.
Complete to correspond with first side, reversing shapings.

FRONT:
Work as back to **. Cont without shaping until armhole measures 2 (2-2½-2½) ins. (5-5-6-6 cm), ending with a 4th patt row.
Neck shaping:
Next row — Patt 36 (39-41-44), turn, leaving rem sts on a spare needle.
Dec 1 st at neck edge of next and foll 4 alt rows, then every foll 8th row until 23 (26-28-31) sts rem.
Cont without shaping until armhole measures same as in back, ending at armhole edge.
Shoulder shaping:
As in back.
With right side facing, slip centre 35 (35-37-37) sts on to a stitch holder, rejoin yarn to rem sts, patt to end.
Complete to correspond with first side, reversing shapings.

BACK NECKBAND:
With No. 13 needles, M, and right side facing, pick up and K 20 sts down neck edge, knit centre 51 (51-53-53) sts, pick up and K 20 sts up neck edge. 91 (91-93-93) sts.
Next row — Knit.
Next row — K 18, K 2 tog tbl, knit to last 20 sts, K 2 tog, K 18.
Rep these 2 rows twice.
Knit 1 row. Cast off.

FRONT NECKBAND:
With No. 13 needles, M, and right side facing, pick up and K 27 sts down neck edge, knit centre 35 (35-37-37) sts, pick up and K 57 sts up neck edge. 149 (149-151-151) sts.
Next row — Knit.
Next row — K 55, K 2 tog tbl, knit to last 57 sts, K 2 tog, K 55.
Rep these 2 rows twice.
Knit 1 row. Cast off.

ARMHOLE BANDS:
Sew shoulder seams. With No. 13 needles and M, and right side facing, pick up and K 147 sts evenly along armhole edge.
Next row — Knit.
Next row — K 12, K 2 tog tbl, knit to last 14 sts, K 2 tog, K 12.
Rep these 2 rows twice.
Knit 1 row. Cast off.

TO MAKE UP:
Sew side seams. Press seams lightly on the wrong side with a warm iron.

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BAROSSA (Pictured on cover)

MEASUREMENTS					in inches (cm)
Bust/chest size	32	34	38	40	(81-86-97-102)
Garment size	32	34	38	40	(81-86-97-102)
Length	26	26½	27	27½	(66-67-69-70)
Sleeve	17	17	19	19	(43-43-48-48)

MATERIALS:
Patons Crystal (50 g), 10 (11-12-13) balls; 1 pair each Nos. 10 and 12 knitting needles; 2 stitch holders; 6 buttons.

TENSION:
13½ sts = 2 ins. (5 cm) over st st.

SPECIAL ABBREVIATIONS:
"Tw 2" = knit into front of 2nd st on left hand needle, then into front of first st, slip both sts off needle tog.

BACK:
Using No. 10 needles, cast on 107 (115-121-129) sts.
1st row — K 2, * P 1, K 1; rep from * to last st, K 1.
2nd row — K 1, * P 1, K 1; rep from * to end.
Rep 1st and 2nd rows twice, inc 1 (0-1-0) st(s) in centre of last row.
Change to No. 12 needles.
1st row — * K 3, P 1, "Tw 2", P 1; rep from * to last 3 sts, K 3.
2nd row — * P 3, K 1, P 2, K 1; rep from * to last 3 sts, P 3.
Rep 1st and 2nd rows until work measures 17 ins. (43 cm) from beg, ending with a 2nd row.
Shape raglan:
Cast off 3 (4-5-6) sts at beg of next 2 rows.
3rd row — K 1, K 2 tog tb 1, patt to last 3 sts, K 2 tog, K 1.
4th row — P 2, patt to last 2 sts, P 2.
Rep last 2 rows until 32 (33-34-35) sts rem.
Work 3 rows. Cast off.

POCKET LININGS (Make 2):
Using No. 12 needles, cast on 34 (35-36-37) sts.
Work in st st until work measures 5½ ins. (14 cm) from beg, ending with a purl row.
Leave sts on a length of yarn.

RIGHT FRONT:
Using No. 12 needles, cast on 51 (59-65-73) sts and work 6 rows rib, inc 1 (0-1-0) st(s) in centre of last row.
Change to No. 10 needles and work in patt until work measures 5½ ins. (14 cm) from top of ribbing, ending with a 2nd row.
Place Pocket:
Next row — Patt 9 (12-15-18), slip next 34 (35-36-37) sts on to a stitch holder and in place of these patt across first Pocket Lining, patt 9 (12-15-18).
Cont in patt until there are 18 rows less than Back to underarm.
Shape front slope:
Dec at front edge in next row and foll 5th (5th-4th-4th) rows until 48 (55-61-68) sts rem.
Work 3 (3-2-2) rows.
Shape raglan:
1st row — Cast off 3 (4-5-6) sts, patt to end.
2nd row — K 2 tog, patt to last 3 sts, K 2 tog, K 1.
Next row — P 2, patt to end.
Dec at front edge in foll 6th (5th-5th-4th) rows from previous dec, **at same time** dec at raglan edge (as before) in next row and foll alt rows until 15 (11-5-6) sts rem.
Dec at armhole edge only until 2 sts rem.
Next row — P 2, turn, K 2 tog. Fasten off.

LEFT FRONT:
Work to correspond with Right Front.

SLEEVES:
Using No. 12 needles, cast on 59 (65-73-79) sts and work 22 rows rib (as before) inc 0 (1-0-1) st(s) in centre of last row.
Change to No. 10 needles and work in patt (as for Back), inc at each end of 9th row and foll 8th (8th-10th-10th) rows until there are 81 (88-93-100) sts.
Cont until side edge measures 17 (17-19-19) ins. (43-43-48-48 cm) from beg, ending with a 2nd row.
Shape raglan:
Cast off 3 (4-5-6) sts at beg of next 2 rows.
Dec at each end of next row and alt rows until 5 (6-5-6) sts rem.
Work 1 row. Cast off.

FRONT BAND:
Using No. 12 needles, cast on 13 sts.
1st row — K 2, (P 1, K 1) 5 times, K 1.
2nd row — K 1, (P 1, K 1) 6 times.
3rd row — Rib 5, cast off 3 sts, rib 5.
4th row — Rib 5, cast on 3 sts, rib 5.
Work 24 rows.
Rep last 26 rows 5 times.
Cont until band is long enough to fit (slightly stretched) along fronts and across tops of sleeves and back neck.
Cast off in rib.

POCKET TOPS:
With right side facing using No. 12 needles, knit across sts from a stitch holder, inc 1 (0-1-0) st(s) in centre of row.
Work 6 rows rib. Cast off in rib.

TO MAKE UP:
DO NOT PRESS. Using backstitch join raglan, side and sleeve seams. Sew front band and pockets in position. Sew on buttons.

KNIT FOR YOU AND YOUR MAN

WHITE CITY

MEASUREMENTS:							in inches (cm)
Bust/chest size	(in)	32	34	36	38	40	42
	(cm)	81	86	91	96	102	107
Garment size	(in)	34	36	38	40	42	44
	(cm)	86	91	96	102	107	112
Length for her	(in)	21	21¼	21½	21¾	22	22¼
	(cm)	53	54	55	55	56	57
Length for him	(in)	23	23¼	23½	23¾	24	24¼
	(cm)	58	59	60	60	61	62

MATERIALS:
Villawool Carousel 8 ply (25 g), 9 (10-10-11-11-12) balls; 1 pair each Nos 8 and 10 knitting needles; 1 cable needle.

TENSION:
23 sts and 32 rows = 4 ins (10 cm).

BACK: With No. 10 needles, cast on 98 (102-110-114-118-126) sts.
1st row — Sizes 32; 38 — P2, (K2, P2); rep to end. **Sizes 34; 36; 40; 42** — K2, (P2, K2); rep to end.
2nd row — Sizes 32; 38 — K2, (P2, K2); rep to end. **Sizes 34; 36; 40; 42** — P2, (K2, P2); rep to end.
Rep these 2 rows until 4 in. (10 cm) ending on 2nd row.
Change to No. 8 needles and proceed in patt as follows:—
1st row — K 12 (14-18-20-22-26), P 2 (K 6, P 2) 9 times, K 12 (14-18-20-22-26).
2nd row — P 12 (14-18-20-22-26), K 2 (P 6, K 2) 9 times, P 12 (14-18-20-22-26).
Rep last 2 rows 7 times.
17th row — K 12 (14-18-20-22-26), P 2 (K 6, P 2, C 6, P 2), 4 times, K 6, P 2, K 12 (14-18-20-22-26).
18th row — As 2nd row.
Rep last 18 rows inclusive.
Cont until work measures 13 in (33 cm) **for Her,** 15 in (38 cm), **for Him** or length req ending on wrong side row *.
Shape armholes:
Keeping patt correct cast off 8 (8-9-9-9-10) sts at beg of next 2 rows. Dec 1 st each end of next 3 (3-5-5-5-5) rows then every 2nd row until 60 (64-68-72-76-80) sts rem.
Cont until armholes measure 8 (8¼-8½-8¾-9-9¼) in. (20-21-22-22-23-23 cm) on straight ending on wrong side row.
Shape shoulders:
Cast off at beg of next and every row 9 (10-11-12-13-14) sts twice. 42 (44-46-48-50-52) sts once.
FRONT:
Work as back to *.

Please turn to Page 66

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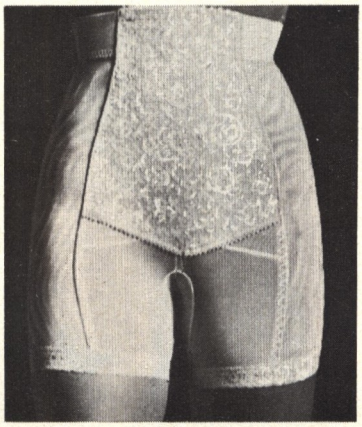

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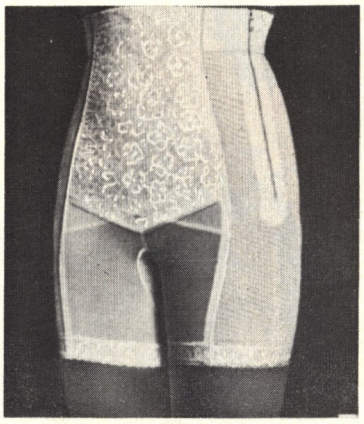

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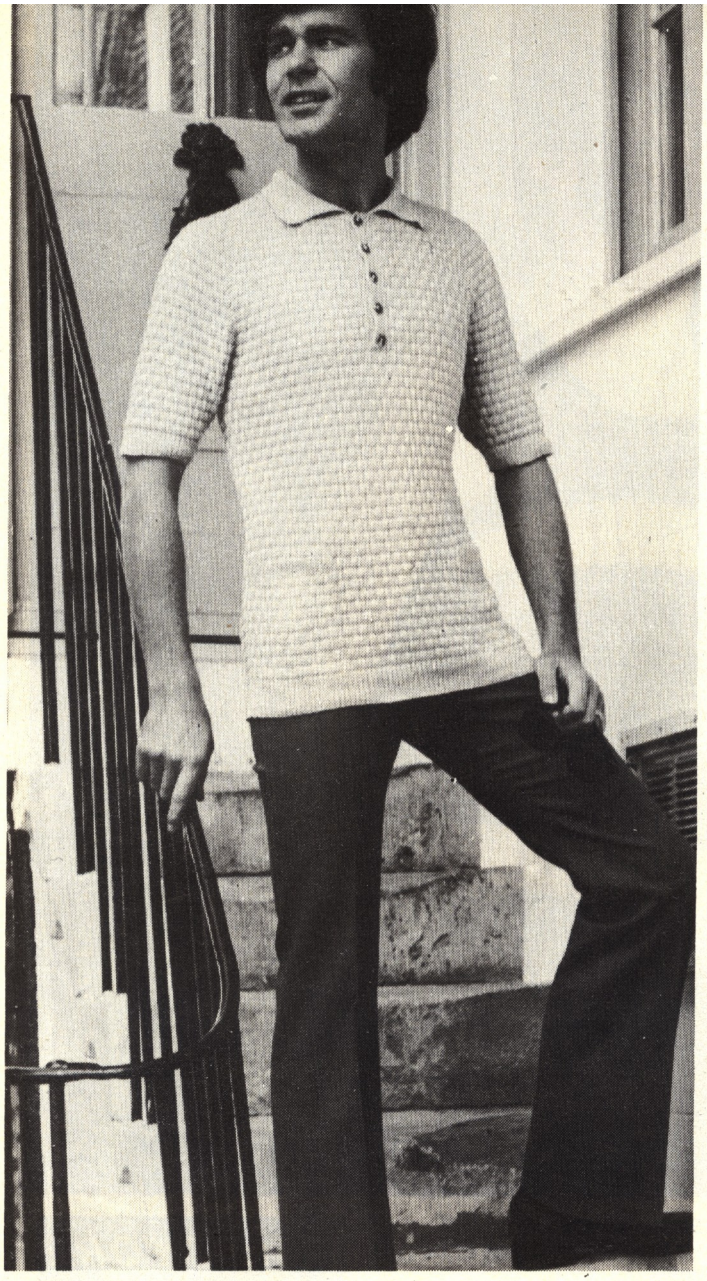

SORRENTO

MEASUREMENTS:	in inches (cm)				
Chest size	38	40	42	44	(96-101-106-111)
Length at centre back	25½	26	26½	27	(64- 66- 67- 68)
Sleeve	5½	5½	5½	5½	(14- 14- 14- 14)

MATERIALS:
Patons Gem Knitting Cotton (50 g), 10 (10-11-12) balls; 1 pair each Nos. 12 and 13 knitting needles; 2 stitch holders: 5 buttons.

TENSION:
7½ sts and 11 rows = 1 in. (2.5 cm).

BACK:
With No. 13 needles, cast on 150 (156-162-168) sts.
Work 2 ins. (5 cm) in K 1, P 1 rib.
Change to No. 12 needles and patt.
1st row (right side) — Knit.
2nd row — Purl.
3rd row — K 1, * P 4, K 2; rep from *, ending last rep K 1.
4th row — P 1, * K 4, P 2; rep from *, ending last rep P 1.
5th and 6th rows — As 3rd and 4th rows.
7th and 8th rows — As 1st and 2nd rows.
9th row — P 2, * K 2, P 4; rep from *, ending last rep P 2.
10th row — K 2, * P 2, K 4; rep from *, ending last rep K 2.
11th and 12th rows — As 9th and 10th rows.
These 12 rows form the patt. Cont in patt until work measures 16¾ ins. (42 cm), ending with a 6th patt row.
Raglan shaping:
Keeping patt correct, cast off 5 sts at beg of next 2 rows. ** Dec 1 st at each end of next and every foll 3rd row until 76 (78-80-82) sts rem. Cast off.

POCKET LININGS (make 2):
With No. 12 needles, cast on 36 sts. Beg with a knit row, st st 50 rows. Leave sts on a spare needle.
FRONT:
Work as back until the 6th row of the 5th patt has been worked.
Next row (pocket insert row) — K 12, * slip next 36 sts on to a stitch holder, with right side facing knit across pocket lining sts, * K 54 (60-66-72); rep from * to *, K 12.
Cont as back to **. 140 (146-152-158) sts.
Divide for front opening:
Next row — Work 2 tog, patt 64 (67-70-73), turn, leaving rem sts on a spare needle.
Patt 2 rows. Dec 1 st at raglan edge of next and every foll 3rd row until 40 (41-42-43) sts rem, ending at inner edge.
Neck shaping:
Next row — Cast off 8 (9-10-11) sts, patt to end.
Cont to dec at raglan edge as before and **at the same time** cast off 3 sts at beg of foll 4 alt rows. Dec at raglan edge only until 14 sts rem. Cast off.
With right side facing, rejoin yarn to rem sts, cast off centre 8 sts, patt to last 2 sts, work 2 tog.
Complete as first side.

SLEEVES:
With No. 13 needles, cast on 90 (96-102-108) sts.
Work 1¼ ins. (3 cm) in K 1, P 1 rib.
Change to No. 12 needles and patt. Working extra sts into patt, inc 1 st at each end of 5th and every foll 6th row until there are 102 (108-114-120) sts.
Cont without shaping until sleeve seam measures 5½ ins. (14 cm), ending with a 6th patt row.
Raglan shaping:
Keeping patt correct, cast off 5 sts at beg of next 2 rows. Dec 1 st at each end of next and every foll 4th row until 56 (62-68-74) sts rem, every foll alt row until 44 sts rem, then every row until 18 sts rem.

Patt 1¾ ins. (4.5 cm) without shaping for saddle. Cast off.

COLLAR:
With No. 13 needles, cast on 147 (153-159-165) sts.
1st row — K 1, * P 1, K 1; rep from * to end.
2nd row — P 1, * K 1, P 1; rep from * to end.
Rep these 2 rows until work measures 3½ ins. (9 cm), ending with a 2nd row.
Cast off 13 (14-14-15) sts at beg of next 8 rows. Cast off rem 43 (41-47-45) sts.

BUTTON BAND:
With No. 13 needles, cast on 13 sts.
Rep 2 rib rows as in collar until band is long enough to fit front opening. Cast off in rib.
Mark positions for 5 buttons, the first ½ in. (1.3 cm) from cast-on edge, the 5th ¼ in. (6 mm) from cast-off edge and 3 more evenly spaced between.

BUTTONHOLE BAND:
With No. 13 needles, cast on 13 sts and work as button band, making buttonholes as foll to correspond with marked positions:
1st buttonhole row — Rib 5, cast off next 3 sts, rib to end.
2nd buttonhole row — Rib 5, cast on 3 sts, rib to end.

POCKET TOPS:
With No. 13 needles and right side facing, knit across sts on each stitch holder, increasing in last st. (37 sts.)
Beg with 2nd row, rib 9 rows as in collar. Cast off in rib.

TO MAKE UP:
Sew edges of saddles to front shoulders and corresponding 14 sts of back. Sew raglan side and sleeve seams. Sew buttonhole band to left front and button band to right front.
Lap buttonhole band over button band and sew edges to cast-off sts at centre front. Sew pocket linings in position. Sew down side edges of pocket tops.
Beginning and ending at centre of front bands, sew cast-off edge of collar around neck edge. Sew on buttons to correspond with buttonhole.
Press lightly on the wrong side with a warm iron.

EAGLE FARM

MEASUREMENTS:				in inches (cm)
Chest size	**36**	**38**	**40**	**(91-97-102)**
Length	**22½**	**23**	**23½**	**(57-58-60)**

MATERIALS:
Patons Katie (50 g), 3 (3-4) balls main color, 3 balls each 1st and 2nd contrasts, 1 ball 3rd contrast; 1 pair each Nos. 8 and 10, set of No. 10 knitting needles; 2 stitch holders.

TENSION:
12 sts = 2 ins. (5 cm) over st st.

BACK:
Using No. 10 needles and C1, cast on 121 (127-133) sts.
1st row — K 2, * P 1, K 1; rep from * to last st, K 1.
2nd row — K 1, * P 1, K 1; rep from * to end.
Rep 1st and 2nd rows 7 times.
Change to No. 8 needles and C2.
1st row — K 2, P 3, * K 3, P 3; rep from * to last 2 sts, K 2.
2nd row — P 2, K 3, * P 3, K 3; rep from * to last 2 sts, P 2.
Rep last 2 rows 7 times.
Work throughout in stripes in this manner.
17th and 18th rows — In C1.
19th and 20th rows — In M.
21st and 22nd rows — In C1.
23rd to 38th rows — In M.
39th to 44th rows — As 17th to 22nd rows.
45th to 60th rows — In C3.
61st to 82nd rows — As 17th to 38th rows.
83rd to 88th rows — As 17th to 22nd rows.
These 88 rows form stripe patt.
Keeping stripes correct, cont in rib (as before) until work measures 12½ ins. (32 cm) from beg, working last row on wrong side.
Shape armholes:
Cast off 3 sts at beg of next 2 rows.
Dec at each end of every row until 97 (103-109) sts rem then in every alt row until 77 (81-85) sts rem. **
Work 51 rows.
Shape Shoulders:
Cast off 5 (6-6) sts at beg of next 4 rows then 7 (6-7) sts at beg of foll 2 rows. 43 (45-47) sts.
Leave rem sts on a stich holder.
FRONT:
Work as given for Back to **.
Shape neck:
Next row — Patt 22 (23-24), work 2 tog, turn.
Dec at neck edge in every alt row until 17 (18-19) sts rem.
Work 37 rows.
Shape Shoulder:
Cast off 5 (6-6) sts at beg of next row and foll alt row.
Work 1 row. Cast off.
Slip next 29 (31-33) sts on a stitch holder, join yarn to rem sts, work 2 tog, patt to end.
Complete to correspond with other side.

KNIT FOR YOU AND YOUR MAN

NECKBAND:
Using back-stitch, join shoulder seams.
Right side facing, using set of No. 10 needles and C1, and beg at left shoulder seam, knit up 44 sts down left side of neck, knit across sts on front stitch holder, knit up 44 sts up right side of neck, knit across sts on back stitch holder. 160 (164-168) sts.
Work 6 rounds "K 1, P 1" rib.
Cast off in rib.
ARMHOLE BANDS:
Right side facing using No. 10 needles and C1 knit up 155 (157-159) sts evenly around armhole, and work 8 rows rib as given for lower Back band. Cast off in rib.
TO MAKE UP:
With a slightly damp cloth and warm iron press very lightly. Using back-stitch, join side seams. Press.

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GP008

WREST POINT

Continued from Page 47

*** 1st row** — (K 1 tbl, P 1); rep to end *.
Rep 1st row 21 times (22 rows).
Change to No. 8 needles and patt and work in stripes as follows: 2 rows M, 6 rows C1, 2 rows C2, 6 rows C1, 12 rows M (28 rows).

FOR HER:
Rep last 28 rows twice, then 1st 16 rows once.

FOR HIM:
Rep last 28 rows 3 times.

Shape raglans:
Keeping patt and stripes correct, cast off 2 (2-2-3-3-3-3) sts at beg of next 2 rows.
Next row — K 2, sl 1, K 1, psso, work to last 4 sts, K 2, tog, K 2.
Next row — P 2, work to last 2 sts, P 2.
Rep last 2 rows until 34 (36-38-38-40-42-44) sts rem. Work 1 row. Cast off loosely on next row.

FRONT:
Work as back until 54 (56-58-58-60-62-64) sts rem in raglan shaping, ending on right side row.

Shape neck:
Next row — Work 19 sts (all sizes), cast off loosely centre 16 (18-20-20-22-24-26) sts, work 19 sts.
Cont on last 19 sts and dec 1 st at neck edge on next then every 2nd row 6 times, **at same time** cont shaping raglan until 2 sts rem. Work 2 tog, fasten off. Return to rem sts, join yarn at neck edge and finish to correspond with other side.

SLEEVES:
With M and No. 10 needles, cast on 50 (52-54-56-58-60-62) sts.
Work in rib as back from * to * until 30 rows for Her, 34 rows for Him. Change to No. 8 needles and with M proceed as follows:
1st row — K 5 (6-7-8-9-10-11), P 1, (K 12, P 1); rep, ending with K 5 (6-7-8-9-10-11).
2nd row — P 5 (6-7-8-9-10-11), K 1 (P 12, K 1); rep, ending with P 5 (6-7-8-9-10-11).
With M, rep these 2 rows 3 times more and cont in patt and 28 rows in stripes as back, **at same time** inc 1 st each end of 3rd row, then every foll 8th (8th-8th-6th-6th-6th-6th) row until 74 (78-82-88-92-96-100) sts, taking all inc sts into patt. Cont until sleeves measure 17 ins. (43 cm) for Her, 19 ins. (48 cm) for Him, ending on same patt row as back.
Shape raglans as back until 10 sts rem. Work 1 row, then cast off on next row.

TO MAKE UP:
Press on wrong side. With C2, embroider a line of chain st up each line of purl sts on back, front and sleeves.
Using small back-st, sew up 2 front and right back raglans. Press seams open.

POLO COLLAR:
With right side facing, using M and No. 10 needles, beg and end 1 st in from raglan edges, neatly pick up and knit 8 sts on each sleeve, 20 sts (all sizes) each side of front neck, 16 (18-20-20-22-24-26) sts centre front, 40 (42-44-44-46-48-50) sts back neck (112-116-120-120-124-128-132 sts). Work from * to * of back until 3 ins. (7.5 cm). Change to No. 8 needles and work a further 3 ins. (7.5 cm). Cast off loosely ribwise on next row.

TO FINISH OFF:
Sew up rem raglan and press seam open. Neatly join collar ends tog. Sew up side and sleeve seams. Press seams open. Fold collar over to right side.

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PM1257/73

WHITE CITY

Continued from Page 58

Shape armholes and neck:
Next row — Cast off 8 (8-9-9-9-10) sts, work until 38 (40-43-45-47-50) sts on needle, K 2 tog, K 1, turn (slip rem sts on to holder).
Work 1 row.
** Dec 1 st at armhole edge on next 3 (3-5-5-5-5) rows then every 2nd row 8 (8-7-7-7-8) times **at same time** dec 1 st at neck edge on next and every foll 2nd row 9 (10-11-12-13-14) times, then every 4th row until 9 (10-11-12-13-14) sts rem.
Cont until armhole measures same as back ending at armhole edge. Cast off.
Return to rem sts, join yarn at neck edge, K 1, K 2 tog tbl, work to end.
Next row — Cast off 8 (8-9-9-9-10) sts, work to end.
Finish as other side from **.

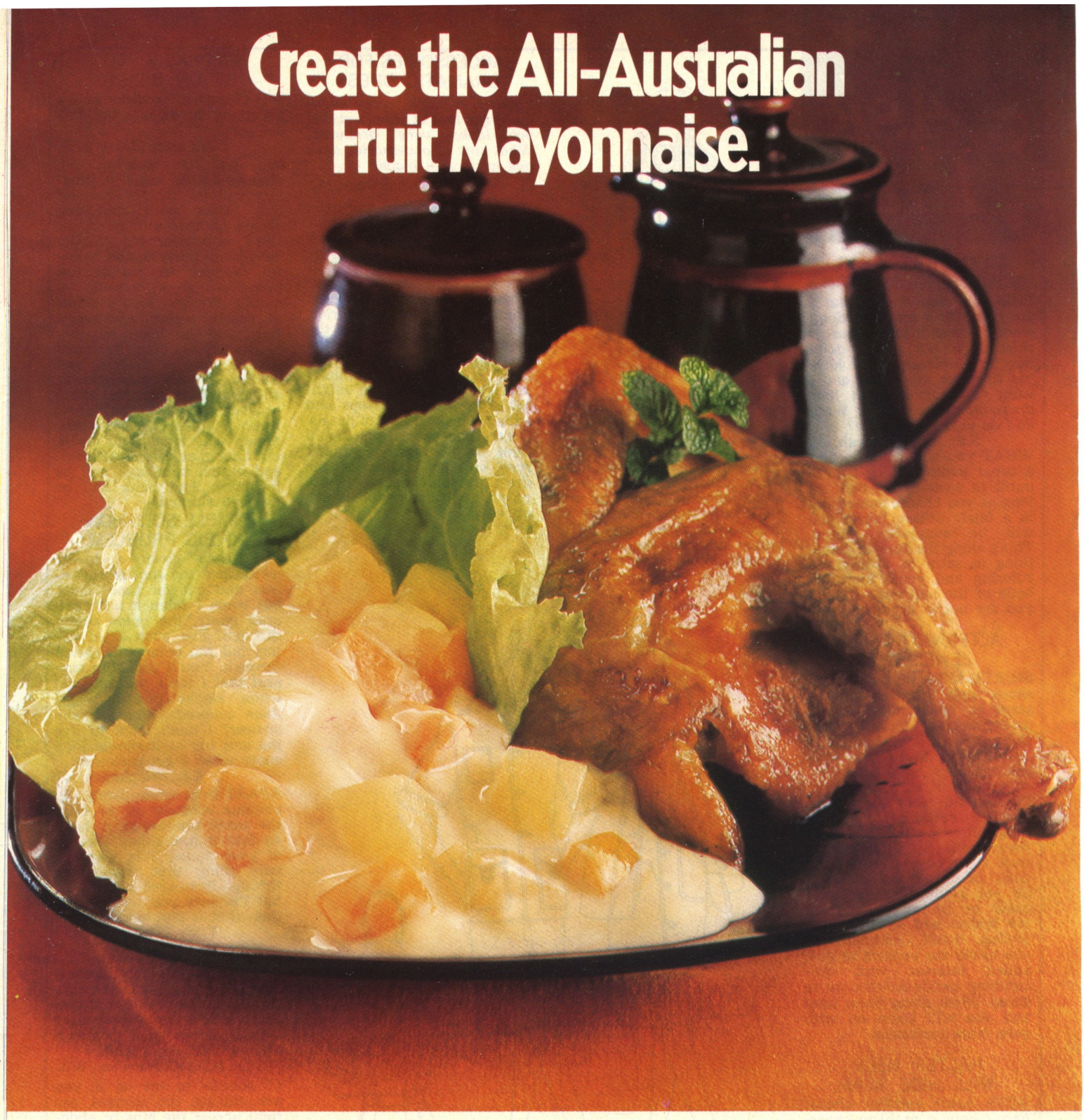
TO MAKE UP:
Press on wrong side. Using small back st sew right shoulder. Press seam open.

NECK BAND:
With right side facing, No. 10 needles, beg and ending at shoulder edges, neatly pick up and knit 60 (62-64-66-68-70) sts each side front neck, 1 st at centre front (mark this st for centre st), 46 (48-50-52-54-56) sts on back neck (167-173-179-183-189-193 sts).
Work in rib of K 1, P 1, keeping centre st plain and dec 1 st each side of centre st, on every row for 8 rows.
Next row — Knit.
Cont in rib and inc 1 st each side of centre st on every row for 8 rows. Cast off loosely ribwise.
Sew rem shoulder and press seam. Neatly join ends of neck band.

ARMHOLE BANDS:
With right side facing, No. 10 needles, beg and ending at side edges, neatly pick up and knit 133 (135-139-141-145-147) sts on armhole edges. Work in rib of K 1, P 1 for 8 rows.
Next row — Knit.
Work 8 more rows in rib. Cast off loosely ribwise.

TO FINISH OFF:
Sew sides and ends of armhole bands. Press seams. Fold neck and armhole bands in half to wrong side and loosely sl st down.

Create the All-Australian Fruit Mayonnaise.



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You can give your family a beautiful new taste experience in the time it takes to read this page. Just combine these ingredients thoroughly.

½ can Nestlé's°Condensed Milk
½ teaspoon salt
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1 teaspoon dry mustard
15 oz. can Two–fruits, drained
(Serves 4-6. Costs around 55c.)

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Combine all ingredients excepting fruit. Stir till mixture thickens and allow to stand a few minutes.*Add fruit to mayonnaise, stir gently. Chill.

You've created the All-Australian Fruit Mayonnaise. Delicious with chicken, cold meats, or salmon.

* Suggest using ¾ cup (6 ozs.) mayonnaise to 15 oz. can fruit. Keep balance (¼ cup) in refrigerator for other uses.

Ask Prue

MEANWHILE WEAR SOMETHING IN SATIN

THIS may sound silly, but I am going to a ball and don't want to wear a long dress or skirt. It is not that I don't like long dresses, but I have yet to make my debut and I want to wear my first long dress on this occasion. What do I do in the meantime?

S.B., Lake Rowan, V.

WHAT you should do is find a super pants suit or culotte outfit to wear to the ball. As long as you choose something in a fairly dressy fabric you will be admirably suited. Think along the lines of something in satin in a dramatic coloring and you'll look the belle of the ball even though you are not in a gown!

ALTERNATIVES TO JEWELLERY

SHIRTMAKER styles suit my shape well, but they always seem so much alike. Please don't suggest that I dress them up with scarves and jewellery as these just don't suit me. Any other ideas?

K.M., Goroke, V.

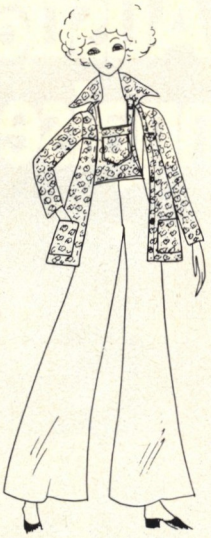
YOU could team them with contrast vests or sleeveless cardigans. Or you could have them made up with a contrast color on the revers and cuffs, or on a shoulder yoke. Or you could stitch colorful braid or ric-rac binding on the bodice and skirt to give styling detail. Alternatively you could use pockets to give added interest with eye-catching motifs stitched on to these. Work along these lines and you will come up with even more variations.

HALTER NECK WILL HIDE SCAR

WITH beach weather almost here I have a problem choosing a swimsuit that will cover a big scar that I have just below my collar bone. Any suggestions on styles?

E.P., Esk, Q.

YOU are probably worrying unnecessarily as you will find that many of the new styles in bathers and bikinis will be ideal for you to wear as they feature high halter fronts and low backs. So take a look at the new collections for summer in local stores. You will be able to dress in an up-to-the minute style and disguise your scar at the same time.



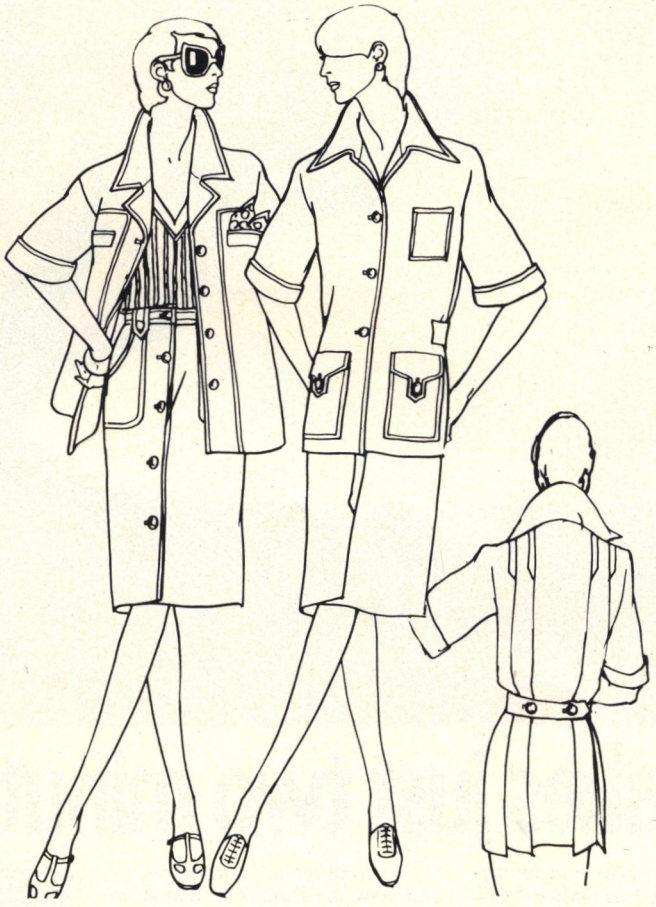
ABOVE: Summer gaiety comes in a new fashion form when pants are made from plain fabric and the top and hip-length jacket contrast in bright floral material. The boiler suit can be worn on almost any casual occasion.

ACCESSORIES FOR DRAMATIC DRESS

I HAVE a black jersey evening dress that is simply styled yet looks very dramatic. What sort of accessories does one wear with black?

P.N., Brookstead, Q.

IF you feel you can carry the dress off on its own without accessories, then wear it plain and dramatic. On the other hand you probably feel it needs a little extra or you would not have written to me. Think about pearl accessories. They are really "in" at the moment, especially on the evening scene. Maybe all you need is a pair of chunky pearl earrings, or you might settle for pearl eardrops and a long rope necklace of pearls. Other than pearls, you could think of pinning a big fabric rose on the bodice of the dress. It could be red, white or pink, depending on which appeals.



ABOVE: Short sleeved safari jackets with slim skirts are the rage for summer with details that include welting, half-belts and easy pleating for elegant back interest.

EMPHASIS TO BE ON BEADS

WHAT sort of accessories are we going to be wearing this summer?

L.N., East Malvern, V.

WE will be wearing big chunky beads, usually king-size baubles that will circle our necks with matching clasps on ears and on rings. We'll also wear big chunky bangles in perspex and colorful plastics to match fun brooches in a variety of motifs. We will also see lots of pearls, amber, and ivory. Hats will be head hugging cloche styles, often trimmed with a sprig of flowers, and we'll also see headscarves with visor brims for those occasions when you don't wear king-size sunglasses. Shoes will have high heels, but finer than in past seasons, and clutch handbags will be in favor. And belts will be ever so skinny!

SIMPLE SOLUTION TO BIG PROBLEM

I'VE been given a lovely white lace top that is sleeveless and cut on tunic lines, but when I team it with colored pants, the color shows through. I've even lined the top, but the color still shows through. You'll probably suggest that I wear the top with white slacks but I prefer them colored. What is the answer? I don't want to dye the lace top as it should look super when I get a suntan.

A.L., Blackburn, V.

APART from white pants, the obvious solution is to crop the tunic top to waist level so that it just skims the top of your pants. This way the only thing that may show through is a bared midriff . . . but I'm sure you won't mind that, if it is trim and tanned!

TOO TIGHT FOR COMFORT

I MAKE all my own clothes, and check my measurements carefully for each pattern. But I often find the dresses I make are inclined to bunch up in front when I walk.

P.D., Carnarvon, WA.

IT sounds to me as if you are cutting the dresses too tight across the hips or abdomen. You may be cutting the patterns exactly to size and not allowing for ease of movement. So next time you make a dress allow an extra inch at the hipline and see the difference it makes.

Send your fashion problems and inquiries to our fashion expert, enclosing a stamped addressed envelope. Your query will be answered personally or in Prue's column. Address it: ASK PRUE, Box 1292K, P.O. MELBOURNE, V.

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A GIRL LIKE ELEANOR

Continued from Page 43

have just had time to reach home, ringing to deliver some acerbic afterthought, her spirits dropped. She considered ignoring it, but the bleep-bleep of her smart new white telephone sounded especially insistent this evening. Sighing, she reached out her left hand.

"ELEANOR?" a male voice said imperatively. Her spirits rose.

"Charlie boy here."

Her spirits collapsed.

"Did I really call you that?"

"You did. You also refused to use a knife and fork, declaring it was much easier to eat with your fingers. And when I said I'd just have a piece of fruit for desert, you insisted on my having an orange. By the way, Nell, who gave you your name?"

"My father. But I always get Eleanor. It's never shortened to the pet form of Nell."

"So I can safely assume you take after him for your sense of humor, Miss Gwyn."

"I've never met a Charles before. To play the original Mistress Gwyn was just too irresistible. But I didn't do it just for that. There was another reason."

"Am I permitted to come round and hear it? I really shall have to get an extension fitted to this phone. I'm not at my best perched on a very small telephone table in a minute hall."

"I don't know," said Eleanor, patently open to persuasion.

"I can be round in half an hour," he coaxed.

Replacing the telephone, Eleanor wished she'd insisted on an hour's grace. There wasn't time to change her dress and tidy up the room. She'd been doing some sewing and she hadn't properly got the bits of thread off the carpet, and to make time for the sewing she'd skimped on the dusting. But the dress she was wearing had to be seen to be believed.

It had started life as a crisp, pink cotton, and until she looked at herself as Charles might look at her, she hadn't realised how faded and limp it was. The room lost hands down. She switched off the bright centre light and switched on the kindlier wall lights bathing the room in a tender glow that didn't show up the threads of cotton on the carpet and cloaked the dust.

On the completion of that crafty move, she changed into a sapphire blue dress with full sleeves caught into deep wristbands that were lavishly embroidered with white daisies. It was a special dress, unworn because a special enough occasion hadn't previously presented itself.

She brushed her hair out, decided to leave it loose about her shoulders, except for one long strand which she caught up on top. Very feminine. And she dabbed on the last bottle of precious duty-free perfume, relic of a past holiday abroad. She put a low light under her instant coffee maker and set out her best coffee cups.

When his knock sounded on the door she made herself count 10 before she went to answer it. She had a funny feeling in the pit of her stomach, tingly, hopeful, apprehensive.

So, taking a deep breath, she opened the door. She could hardly bear to bring her eyes up past the wide shoulders straining the dark cloth of his suit, for if the attraction had only been in her imagination, the disappointment would be too keen.

She looked up and found bright blue eyes waiting to ambush hers. Her breath expelled s-l-o-w-l-y. She hadn't been mistaken. As their eyes made contact they generated sufficient electricity to fuel a power station for a fortnight. A bubbling, frothing, urgent, eruption of sound filled Eleanor's ears.

"Our coffee, I think," said Charles whose powers of reasoning were still intact. "I see you've also got one of those handy little Italian espresso coffee makers.

Eleanor gathered her impaired senses together and asked him in. When she returned from the kitchen bearing the coffee and a plate of little bitter-sweet macaroons., he looked very much at home in her favorite chair.

He smiled. "This is nice."

Did he mean her flat, the coffee and macaroons, or the twosome they made?

"Yes." She smiled at him. She knew very well what she thought was nice.

"Now then," he said. "What was it all about the other evening at Ruth and Bob's? Whatever it was, let me hasten to add, I enjoyed it immensely."

"I thought you did." Eleanor dimpled. "It was my own private mutiny. I got sick and tired of my sister's matchmaking ploys. I thought, I'm jolly well going to teach her a lesson."

"And you certainly did." He joked: "It's refreshing to meet a girl who hasn't matrimony on her mind."

She hoped he was joking.

"A fella can relax, stride out, expand himself, when he hasn't to be wary of the tender trap."

He wasn't joking.

"M'm, this is nice." A complacent smile was glued to his lips.

Eleanor found herself having to stretch hers to cover a panicky little quiver. Oh my goodness! What was he thinking? Just for a moment she saw the set-up through his eyes. The fuss she'd made over her dress. The discreet lover's lighting. Too late to say. I didn't mean it that way. I dimmed the lights to hide my no-routine cleaning routine. Oh dear! What had she done?

No wonder he'd laughed the other evening when she played Nell Gwyn to his Charles II. After all Nell Gwyn was Charles'

— she closed her eyes and swallowed on a dry throat — mistress. Oh dear!

Charles seemed to be looking at her rather intently and she felt a queer tremor in her stomach. If he thought there was going to be any of that Charles and Nell hanky-panky, he was very much mistaken. Those history book capers weren't Eleanor's idea of fun, despite this so-called permissive age.

It might be a good idea to drop this present day Charles like a ton of bricks.

It was most inconsiderate of him to have such disconcertingly blue eyes, and a smile that unlocked resolutions and threw the key out of the window.

Eleanor said dazedly: "Would you like another cup of coffee?"

Next morning, while eating her breakfast toast, Eleanor made up her mind not to take up with Charles. He was a charming time-waster and Eleanor had woken up to the fact that she was tired of her bachelor-girl existence. Her flat was messy because she had nobody to clean it for. And she was getting a little tired of preparing solitary tray meals.

It was ironic that up to talking with Charles yesterday evening she'd had no desire to become deeply involved with another person. Marriage and having children had had little appeal and she'd been happy to put it off as something inevitable, but blessedly in the future.

The telephone rang. Charles? It was a good job she did not anticipate the caller by name because it was her sister's strong peremptory tones that assaulted her ear.

"Eleanor. You must drop Charles at once."

"Pleasure," said Eleanor in a voice that matched the lifted hairs at the nape of her stiff, on the defensive, elegant neck.

"Where shall I drop him from. Westminster Bridge? That would make a nice splash."

"Apparently people have been trying to marry him off for years, but the maddening man refuses to be converted. He complacently boasts that he finds the bachelor way of life highly compatible.

"You do see, don't you Eleanor, that you haven't the time to waste on him?"

ELEANOR would never know what got into her. Perhaps it was the reference to her advancing years, and the hint that at 27 she was leaving it a bit late, considering the talent got younger and younger.

"No I don't," said Eleanor rising to the challenge, all unquenchable five feet four of her. "It might interest you to know that I'm going to waste lots and lots of time on Charles in the immediate and the indefinite future."

Ruth put down the telephone astounded, no shattered, at what she had done. She would never be able to square herself with Eleanor if she ever found out. She gave Charles a cold, grumpy look. "You might be my husband's boss, but that's no excuse for making me do that."

Charles shuddered delicately. "My dear Ruth, blackmail was the last thing I had in mind."

Ruth continued querulously: "It isn't as if I can understand what you are up to. If you are really as interested in my sister as you are making out, I should have thought you'd want me to put a good word in for you."

Charles said disbelievingly: "And women are supposed to be the sex blessed with the most intuition. Don't you know your sister at all?"

"I'm beginning to think I don't know people at all," Ruth admitted with dismal candor. "I'm getting more baffled by the minute. Every man I've pushed, Eleanor has turned her nose up at. But the moment I tell her she mustn't have anything at all to do with a man, she tells me in no uncertain terms that she's going to have lots to do with him.

"Why do you want to marry such a contrary creature? And if you do want to marry her, why did you have me tell her that you're not the marrying kind?

"Yes," said Charles.

Yes wasn't much of an answer, but it covered the most important item on that lengthy questionnaire. Eleanor was a wonderful girl and he wanted to call her his in the time it took to order the cake and fix it with the vicar.

But because Eleanor was such a special girl, she needed specialised handling. He had an idea that if he went masterful on her and told her that she was going to marry him, she'd turn him down flat out of sheer contrariness!

Eleanor's wedding gown had a distinctive medieval flavor. Looking down at his bride Charles' eyes were a bright blue burn of pride. He didn't even look slightly shamefaced as he said: "I was such a contented, self-reliant, self sufficient, determined bachelor. I'll never know how you pulled it off."

The eyes that had shamelessly shed tears during the more moving parts of the ceremony, contained several dancing imps. And every one of them had a wise and knowing look.

"Don't you, Charles?"

Charles thought it wise not to pursue the matter. He kissed her instead. But there were so many people about that it cramped his style. So he threaded his fingers through hers and said in splendid, one could almost say, royal style: "Come on, wench. To a place where there aren't so many prying eyes."

Imaginative to the last, to Eleanor it was as if the sigh that brushed her own throat came shivering down the ages.

It was such a contented, happy sigh as Charles took his own dearest Nell into his arms and kissed her sweetly on the lips.

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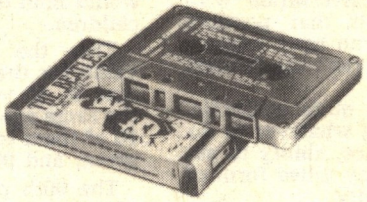

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Medical jargon presents problem for mothers

Baby clinic

WITH SISTER LEE PATTINSON

A WORRIED mother wrote recently to ask about a check that had been made in which her pre-school child was included. What appeared to be concerning her was a written report she had seen referring to the 10th percentile and 90th percentile. From her letter it appeared as though she was worried that her child would be low on the graded list, and that this could either indicate he was sub-normal in some way, or that he could have trouble with school work at a later date.

I was able to set her mind at rest by explaining just what the whole thing meant — but as the word cropped up again recently in a conversation with another woman, I felt that possibly there may be others who have vaguely heard the word, but haven't the faintest idea what it means.

Firstly, let me state quite emphatically that it has nothing whatever to do with level of intelligence, ability to absorb instructions, or any allied form of assessing a child's ability.

It is purely and simply a means of assessing and evaluating children's measurements in a typical group of 100 children, and is the means by which the charts you often see can be compiled—almost every mother who has taken her child to a health centre or pre-school will have seen the chart on which its growth progress is measured.

It is called a percentile chart — you will see, if you study one, that there are three lines drawn across it in an arc. Usually a heavy line runs top and bottom, with a lighter one, or one in a different color, in the middle.

The top one is marked 90 and the bottom one 0; down the side of the chart is a height measurement, across the bottom is marked off the various age groups to correspond with the spaces above them.

If it is a weight chart, then a row of different weights will be printed down the side.

As your child is weighed or measured, the sister will mark the square at the point where his weight and the age level cross, then draw a line from the point of his previous record. She can see by the relation of this line to the ones printed on the chart whether your child is much below or above the average for his age, or within the usual range.

There will be times when he will shoot well above the lines printed on the chart . . . he may have a sudden spurt of growth; he may have an illness which causes considerable weight loss.

Intermittent variations such as these will cause no concern; what is more important is the consistent level at which the child progresses. He may all his life be below average, yet be perfectly healthy . . . the consistent curve spreading evenly over his chart shows that, for him, this level is normal.

The 10th and 90th percentile about which my reader was concerned can be readily explained. Percentiles is the word used to express the distribution of measurements obtained from children in each age group. Each percentile gives a value representing a particular position in the normal range, and refers to the position which a measurement would hold in any typical group of 100 children.

Thus the 10th percentile gives the value for the 10th in any 100 of them; that is, if you group 100 children of the same age and sex, you would expect 10 of them to be smaller than the figure given, and 90 of them larger.

The 90th percentile would show that 89 children would be expected to be smaller than the figure given while 10 would be larger; the 50th percentile is marked off on charts as the middle position of the usual range (this is the centre light line on the chart, used as a guide against which to measure the child's actual record).

TOO MANY VITAMINS

Mrs. A.D. (Gympie, Q): What is hypervitaminosis D? I've been told that a neighbor's small child is in hospital being treated for this.

IT simply means that, if the diagnosis you have heard is correct, he has been on excessive doses of Vitamin D over a period of months. The result of this is likely to be an excess of calcium in the blood and tissues.

CHROMOSOMES AND SEX

Mrs. A.L. (Bundaberg, Q): Isn't it true that a woman has more chromosomes than a man, and that this is what makes her feminine? A friend is sure I am wrong, though she doesn't know just what is correct.

BOTH sexes have the same number of chromosomes (46) but the division of these is different. A female has two X chromosomes, and a male has one X and one Y chromosome. They both have 22 pairs of similar chromosomes (called autosomes).

PRIMIPARA

Mrs. T.W. (Geelong, V): I have the word primipara written on my hospital card by the antenatal clinic staff. What does it mean?

IT simply means it is your first baby; this is important when it comes to labor ward, for usually the pattern of labor of a mother-to-be with her first baby differs from that of one who has already had children.

NICOTINE FOR BABIES?

Mrs. A.A. (Darwin, NT): I have been told that babies need a certain amount of nicotine for full development and that they get this from some ordinary foods. I find it hard to believe this is right, but my informant insists it is.

THERE is a slight inaccuracy in the name of the product that makes all the difference. What is required in the balanced diet is nicotine acid (niacin), needed in amounts of approximately 4 mg daily for the first year, 8 mg daily for older children. Rich sources are liver, meat, fish, rabbit, poultry, yeast, wholewheat. It is also present in breast milk, which has approximately twice the quantity contained in the same amount of cow's milk. There is little loss in cooking, as it is not destroyed by pasturising, drying or condensing milk; an effect of deficiency is pellagra, fortunately rare in Australia except for isolated cases.

PREGNANCY SYMPTOM

Mrs. C.P. (Dee Why, NSW): What is amenorrhoea? I saw it written on my pre-natal card at the hospital.

IT simply means the cessation of menstrual periods — usually the first symptom of pregnancy, and one which remains throughout its course.

MEDICINE EFFECTS

Mrs. A.S. (Wilcannia, NSW): I've been told that some medicines such as bismuth and iron can make a child's motions a different color from normal, but that this is nothing to be concerned about. Is this correct?

YES — bismuth will produce a bowel action of a greyish color, and iron, one which can be quite black (this does not apply to breast-fed babies).

FATS AND OIL DIFFER

Mrs. T.R. (Bentleigh, V): Could you please settle a friendly argument I'm having with a friend? She says that paraffin oil has a fat base, and therefore has a certain small value as a fuel food. I think she's wrong.

SHE is — mineral oils such as paraffin are not fats and therefore cannot be classified with them as fuel foods.

Have you a problem about the care of your baby or older child? Send your letter to Sister Lee Pattinson SRN, SCM, IWC, New Idea, Box 1292K, PO, Melbourne, V, 3001. Please send stamped, addressed envelope for reply.

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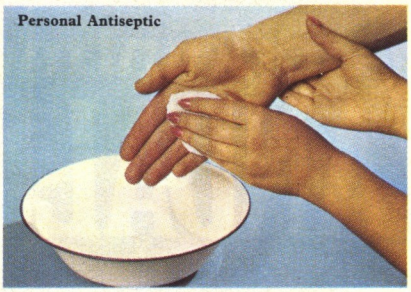

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appointment in ANDALUSIA

by MAY MACKINTOSH

FROM the time LAURIE GRANT left her native Scotland for the Mediterranean resort of Andalusia, her life was filled with strange events. The murder of BRUNA CAPALDI, maid to the famous actress, EDNA SELLEY, and the consequent police inquiries, made Laurie realise that she had unwittingly smuggled the stolen Torrance Diamond out of England, the diamond for which Miss Selley and her companions, KNEBEL and BLACKBURN, were prepared to murder. STEWART NOBLE, an insurance investigator staying at the Hotel Golden Peace as a guest of the owner, PACO RUIZ, decided to investigate Laurie's hunch the day of the maid's funeral, while Laurie and Paco were in Malaga with a fractious LOLA, Paco's daughter and Laurie's charge. But Paco returned to the hotel early, and Laurie had to notify Stewart. NOW READ ON:

IMMEDIATELY, I deposited Lola in the powder-room, left her splashing in the washhand basin, and went to a telephone.

I could hear the bell ringing in the suite for several minutes. Finally Stewart answered and I said hurriedly. "I thought you would want to know that Paco has just left Malaga. He should be at the Golden Peace in about 35 minutes."

"That's my girl!" said Stewart. "I've had a boring, but profitable morning listening to last night's tape. I've fixed another one this morning. It should last until shortly after six. Probably I won't have a chance to play the first one to you, but I'll tell you about it when I can. Thanks for thinking about phoning. I certainly would not have wanted Paco to hear strange noises coming from the toy-room. What are you doing?"

"Preparing to see some carriages and ducks with Lola."

"Sounds fun." His voice altered. "You know that I am going to the funeral this afternoon? I think that poor Paco feels that he needs some moral support. The problem is that I may not be able to change the tapes. Can you do it?"

"Of course!" A little belatedly, I worried in case there was something special and strange about this particular tape recorder.

"I'll leave a key for the toy-room and a new tape in the right-hand upper drawer of your dressing-table. I suggest that you put this morning's tape there and I can collect it later.

"I had a second tape-recorder delivered to the hotel this morning and tonight I move into the guest-room, so I'll be able to play the tapes over in the comparative safety and comfort, I almost forgot to tell you that the player is behind the largest doll's house on the left-hand side of the toy-room. Sorry!"

"I'll miss my Abyssinian slave," I said lightly and heard him laugh before he hung up. I could picture the self-mockery of his smile.

When I collected Lola from the powder-room, it was clear that she was very wary of me. She looked so frail that my heart almost melted, but I stifled the impulse to take her in my arms. She must make the journey back into my good graces on her own, I decided. Remembering the stubborn line of her chin, I did not expect the capitulation to be speedy.

I was polite, but no more, when we made our way into the green tunnel of the Alameda, but I was hard put not to exclaim in delight at the sight of the gaily painted open surreys . . . Lola's carros.

About 20 of them were ranged in a long string along the right-hand side of the avenue. The horses drooped sleepily between the shafts, each head crowned with an absurd little sunshade. Gold medallions of sunlight lay along their flanks and some had a flower tucked rakishly behind an ear. Occasionally, a tail would twitch somnolently to dislodge the persistent flies.

All around was the sun-warm fragrance of fruit and earth and trees . . . here at the quiet limit of the world . . .

Lola could not quite restrain a delighted look as we clambered into the first carriage. First, a drive beneath those arching trees, I decided, then a tourist's quick look at some of the special features of the town.

We clip-clopped under the soft greenness. A chequerboard of sunlight and shadow spread over our laps and a peace, sweet as deep sleep, settled on my spirit.

On our right were quick glimpses of a restaurant where people sat at little tables in the mounting heat, eating their tapas and drinking coffee with a great deal of waving of hands and shrugging of shoulders.

There was a bandstand, deserted now, set deep among

Please turn to Page 77

Laurie knew it was vital that she warn Stewart of Paco's return to the hotel

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A DRAMA FROM LIFE.
BY ANTOINETTE FISHER.

IT was a vicious circle, Jill thought. Jim wasn't earning much while he was being trained. When he qualified, things would be much better. But that didn't help now. It was even affecting the kids. When they came home from school with bright eyed stories of how other kids had this doll or that toy, all she could say was, "When Mummy can afford it, darling". But the way she felt now, it didn't seem like they'd ever be able to afford anything. She was tired. Tired of having to buy the cheapest of everything. Tired of having to buy the kids the "bargain price" shoes, knowing that a few dollars more would buy things that would last much longer and save her money in the long run. She'd given up looking in dress shops. She'd given up the hairdressers. "I'm a mess," she said into the mirror and burst into tears. Even her legs hurt. They'd been hurting for ages.

"You should have seen me sooner, Mrs. Brady," the doctor said. She nodded without answering, not even trying to explain that it took two weeks of saving to come to see him now. "Your legs need help and they need it as soon as they can get it," he said. Now her eyes lifted. She'd expected to hear that she was overtired or overworked but this sounded more serious. And more expensive. "Let me explain why your legs are hurting and why they'll get worse it you don't treat them," he went on. "You spend a lot of time on your feet. That can naturally enough cause aches. But in your case, I'm afraid it's something more than just tiredness. You're suffering from a complaint that affects four out of ten women in Australia. There are small blockages in the veins of your legs and the blood is being forced to take detours through smaller, finer veins. In short, Mrs. Brady, you're heading for varicose veins and a lifetime of leg aches unless you treat them now." "How, doctor?", she asked. "With support stockings," he answered." Like Hilton Supp-hose, for instance. They'll keep your veins from swelling and force the blood to follow its proper course. Consequently, your legs will feel better than you ever thought they could. And they'll stay that way." She thanked the doctor and as she rose to leave, he handed her a prescription. "It's for a tonic," he said. "And get more rest. You could do with plenty of both."

The following morning, her legs hurt again. She couldn't ignore it, not after what the doctor had told her. But she wasn't prepared for what she learnt in the hosiery section of her local department store. "Five dollars 99," she gasped. "But that's a fortune." Her mind raced over all the things she had to buy for the kids and almost immediately, she ruled Supp-hose out of the question. "Yes," said the salesgirl, and "four dollars 20 for the stockings. But that's not the bad news it seems. How much do you spend on hosiery now?" Jill told her about her "bargain price" brands. "And how long do they last?", asked the assistant. "Sometimes only two or three days," Jill admitted. "Well let me tell you something," said the assistant. "Three pairs of Supp-hose stockings will last you a year. That's about a dollar a month. The pantyhose are sheerer, so naturally they won't last quite as long. But they're still excellent value. And they come in popular fashion colours." For the first time in a long time, Jill smiled. Really smiled.

Jim noticed it first. "Hey, smiley," he said. "You look like you've just won Tatts or something." "He's right," she thought. And the grin just spread wider across her face. She hadn't felt this good in ages and her mood changed the whole atmosphere of the place. The kids felt it, too. "Gee, mum. You look different. You look sort of . . . real happy." "Well, here's something that should make you even happier," Jim whispered in Jill's ear. "From Monday, I get a tidy little raise in pay. What can I get you to celebrate?" "I've already got everything I want," she answered and hugged him. She turned and walked into the kitchen. "Hey", he called softly. "Did I tell you lately, you've got great legs?" HSH7505NI

THE DANGERS OF VERBAL WARFARE

Continued from Page 29

anxiety, he projects it on to his wife and then blames her for the failure. If she is unsure of herself as a person, and of her lovability, she only hears the "accusation" and rushes to her own defence by counter-attacking.

THUS what is a simple opportunity to confirm each other as people is lost because of the failure to communicate effectively. This was brought about because of the discrepancy between the verbal and non-verbal levels.

Another common domestic scene illustrating defensive communication is the one where a husband arrives home late, after a few drinks with his mates. He enters the house with a clear expectation of strife.

He may realise his wife has a perfectly legitimate reason for being angry, but he is unable to let her vent her fury and instead attempts to defend himself. This is exactly what his wife anticipates since she has decided that her husband will be on the defensive. So both of them attempt to communicate with each other from within their own set mental contexts of what the other one is "really saying". Yet this "really" is a product of their own imagination.

The situation not infrequently spirals into a strong argument. The sole goal of the interchange inevitably becomes a game of prosecution versus the defence.

Often the male consciously precipitates the argument in order to ease his anxiety about being late. Having got his wife to say several hostile and derogatory things about him, he can then safely say to himself, "she's just a fool, so what was the point in coming home early".

It concludes with both partners feeling hurt, rejected, misunderstood and unloved.

However, if there was some way we could intervene in this interchange and alter the respective psychological context a very different message would be heard.

Often at the non-verbal level the wife is trying to express her resentment that her husband has had time to relax and enjoy himself while she is feeling exhausted, claustrophobic and frustrated. If unsure of herself,

she may be trying to say her husband doesn't love her, because he is late home. That is, she equates his late-coming, even if perfectly justified, as a rejection of herself. At this point she often feels so terrible that she finds she is propelled forward into a headlong argument.

In these situations a wife is often trying to communicate a fairly complex message of how she feels about her lot. The husband having time to relax highlights for her the intolerable demands that she experiences in her everyday life.

Sometimes she is trying to communicate her experience of being a slave and this brings into question the whole validity of her existence. Since he is able to mix with friends, her feelings of being isolated are accentuated and not infrequently this reinforces her already existing lack of self-confidence.

She is sometimes trying to communicate the fear that her husband finds his friends' company more attractive than hers, and this feeling hurts. She irrationally fears that he must ultimately leave her because she is so drab and uninteresting.

But husbands, partly because of their guilt, are unable to allow their wives to express these feelings and see them only in terms of personal attack. If they can accept their own unease about being late and their wife's feelings of resentment and anger, then she is able to express her negative feelings in a more constructive way.

Having been allowed the freedom to get angry and then to still be loved and accepted provides her with a sense of identity.

FOR the husband to passively withdraw from the situation is equally destructive as attacking, since either way he denies his wife the freedom to express her feelings. This denial restricts her opportunity to be a person and merely confirms the negative things she feels about herself.

The husband in such a situation ought to strive to listen to, and understand, the complex meta-communication and check himself against producing a situation that has already been anticipated. Otherwise it merely becomes a game of fulfilling one's own prophesies in order to be able to say "There, I was right after all."

Though projection seems more prevalent in males introjection appears to predominate in the female. Introjection is the opposite of projection and essentially it refers to a process of taking all the responsibility and blame on to oneself. Projection represents disowning attitudes, traits and feeling; introjection refers to a marked tendency to claim ownership for such feelings and attitudes that do not in fact belong to the person.

This is clearly illustrated in the lawn-mower example, where the wife responds only to the "accusatory message". She unwittingly introjects the blame and responds to this as if her husband really was blaming her for the mower.

In a marriage where a husband has a marked tendency to project his guilt or anxiety and the wife has an equally well developed propensity to introject the blame, communication can be very difficult. Often the only confirmation that takes place in such a relationship is a confirmation of each other's negative qualities.

When wives recall some of their husbands' more colorful comments, the men are often fascinated and intrigued that their wives actually believe the words that they have uttered. Such husbands frequently reply "But you know that I didn't mean it, I was just letting off steam."

EQUALLY often one finds wives who experience enormous degrees of emotional hurt as a result of placing too much belief in her husband's verbal level or word level of communication. They cannot be objective about their husbands' emotional outbursts and feel the punch of every word.

Males find it remarkably difficult to express their feelings and instead of having a good old cry they utilise their word power and the defence mechanism of projection to provide themselves with some relief from their pent-up emotions.

Next Week:
Don't Be A Mind-Reader

This article was extracted from Mirror On Marriage by Peter O'Connor, published by Sun Books Pty. Ltd., Melbourne 1973. Recommended retail price $1.95.

APPOINTMENT IN ANDALUSIA

Continued from Page 74

the trees. Finally, there was Lola's much desired duck-pond where an unknown breed of strange fat birds waddled importantly across the grass, trailing their ducklings behind them like the string of a kite.

"We'll come back later for that," I promised her.

While we kept rigidly to our respective corners in the carriage, Lola and I had a fine time. We visited the market, a lusty, sprawling building, crammed with every conceivable type of fish, meat, vegetables, cheeses and flowers.

I unbent sufficiently to buy Lola a ridiculously large pink candy-floss.

We jogged back to the Alameda and paid our driver off at the sunlit duck-pond. I settled myself on a bench while Lola spoke love-talk to the ducklings and their browny-black parents. I found a small packet of nuts in my bag and they didn't refuse them.

Soon it became apparent that Lola had decided to forgive me. It was hot on the bench, but she pushed her thin body hard against mine. Her eyes were melting pools of appeal.

Now it comes! I thought happily, glad that the battle was over.

"You were angry with me," she said finally, in an accusing, childish voice. "I think you didn't like me, because I gave the Jack-in-the-box to the Senorita Selley." She paused expectantly.

You little minx! I thought delightedly. You were half asleep . . . no, ninety per cent asleep . . . and yet you caught my mood last night!

"I didn't give it to her because I like her better than you." There was a note of anxiety in the voice.

"When I was a very little girl, seven years old, I didn't like her. But you said we must give even to people we don't like. I remembered that St. John of the Cross said that, too." The last was an accusation. Saint and sinner had let her down.

There was a small moment of silence which lasted until eternity. I heard myself saying in a strained voice, "Do you mean, Lola, that the Senorita Selley has been to the Golden Peace before?"

"Of course. Many times."

I FELT slightly sick as I recalled Paco's blank unrecognising look at Edna Selley.

"Papa pretends to like her, but I know that he doesn't." Her voice was ridiculously grown-up, soft with a precocious indulgence. "He's always happier when the three of them leave. Once—" her eyes grew round at the memory—"he hit Senor Blackburn!"

There was a roaring confusion in my mind. It didn't occur to me to doubt Lola. She was a truthful, indeed a very matter-of-fact child, not given to flights of

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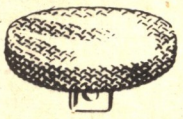
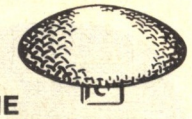
Now! 3 easy ways to make covered buttons without sewing!



NEW FLAT TOP BUTTONS
you can cover perfectly in seconds! This exciting new shape is great for today's fashions. Simple instructions make covering easy. 'Pearl-glo'® backs give extra glamour.



DOME SHAPE BUTTONS
—the ever-popular traditional shape. Now with new 'Pearl-glo'® backs and new easier to follow instructions. No fraying. No metal teeth. Perfect buttons every time.

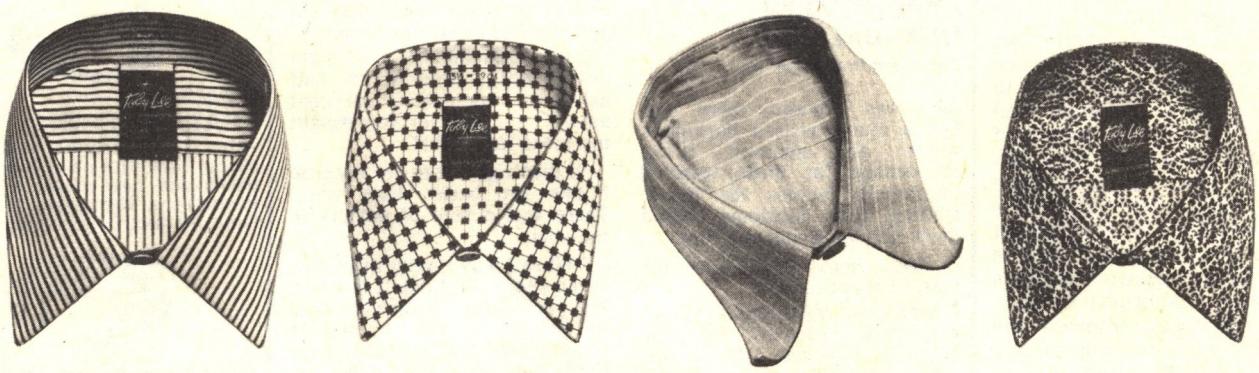
WINDOW BUTTONS
—the new, beautiful covered button with the tough, protecting plastic window. Just snap the clear plastic disc over any material for easy, instant fashion. Change the material whenever you wish.

LOOK FOR THESE PACKS AT BEUTRON BUTTON BARS

Beutron
Fully guaranteed Buttons, Buckles, Zippers, and the Unique Invisible Zipper.

BE34x101

3 years ago we threw our designers a curly one



We said: "What's the most important part of a shirt? The collar, right? Now go to it and come up with a collar that will never curl."
That was almost three years ago. And now, after twenty different designs, and continuous testing, they've come up with three perfect collars.
They asked us to put in new machines (like a new top fusing process).
They asked us to retain the vital, highly skilled hand operations (even though it's a costly way to make collars).
And they insisted on the tightest quality controls and factory inspections.
Now the results can be seen in a Toby Lee collar. The curly problem has finally been ironed out.

Toby Lee

The shirt with a tale in the collar

2700/2

APPOINTMENT IN ANDALUSIA

Continued from Page 77

fancy. What she said had the cold ring of truth.

Something of my bewilderment communicated itself to her. She looked earnestly into my face, our past differences quite forgotten, and drew a small hand comfortingly down my arm.

"You're not angry now that I gave the Jack-in-the-box away?" she inquired anxiously.

"No. Not angry at all."

"Of course," she added consolingly, "I didn't give the Senorita Selley the bottle of perfume."

Slowly I turned to look at her.

Whatever she saw in my face must have frightened her a little. She hurried on, "I took the perfume box out before I gave her the Jack-in-the-box."

I forced myself to speak calmly. "What did you do with the perfume, Lola?"

"Oh I put it in your bathroom . . . on the top shelf, among the other bottles and jars. I threw the package away. Was that all right?" The anxious, placatory note was back.

"Quite all right," I managed to say, trying to control the sudden, wild beating of my heart.

"Wasn't the Jack-in-the-box a funny place in which to keep a bottle of perfume?" I made my voice as casual as possible and stole a glance at her.

"Not really." She was intent on gathering a small pile of stones on the grass, scuffing them together with the toe of her right shoe. She answered indifferently, already bored with the subject. "When Mama could get out of bed, we often played Hide-and-Seek. I expect we hid the bottle then, but I've forgotten."

I was on fire with impatience to get back to the hotel, but Lola dragged her feet and was inclined to whine with disappointment.

I ought to have been able to laugh at my foolishness, but the responsibility for £500,000's worth of diamond was a nightmare

BY the time we drew up with an ear-splitting screech of brakes at the Golden Peace, I knew what I would do.

But I was not free to go up to my room at once. As we stood at the foot of the hotel steps, Lola tugged at my hand. She looked paler than usual and there was a determined set to her little chin. Her words came out in a rush. "Will we look at the little pool? I want to see that the lady has gone."

Poor baby! We were both haunted by the memory of that sprawling, bat-like figure, but she at least had the courage to try to exorcise it. I looked at my small charge with increased respect. How, I wondered, could Paco so misjudge the calibre of his child?

The pool had been drained. The turquoise tiles gleamed clearly. As we stood silently, hand in hand, the head gardener came through the gate and called out cheerfully that it would be ready for use in the morning. With a shiver, I realised that Lola and I must come soon to swim here before Bruna's ghost could finally be banished.

Lola gave a small sigh and pulled my hand in the direction of the hotel. Before we had reached the reception hall, she was skipping ahead of me like any happy 10-year-old.

Juan was on duty, his poise fully restored. I collected a large, stout buff envelope from him.

The suite was empty, but I had no idea when the others might return from the funeral. There was probably very little time in which to do what I had to do.

Lola went off to her room on some secret ploy. I blessed the fact that she was a child who could amuse herself.

The temptation to go at once to collect the perfume bottle was almost overwhelming, but I dared not risk Stewart's cold anger if I did not attend to the tapes.

THE toy-room looked just as usual. When I had inched my way behind the doll's house, I saw how carefully the recorder had been concealed. Nothing of the aerial could be seen by a casual visitor to the room. My hands were clumsy with haste and a deep inner excitement as I changed the tapes.

When I put the used tape and the key back in my dressing-table drawer, I felt a tiny stab of happiness that I had done something for Stewart. What might be on the tape did not at that moment interest me. The thought of the diamond blotted out everything else.

I locked the bathroom door behind me and stood against it for a minute, waiting for the tight feeling in my chest to go away. The glass vanity table stretched the length of a mirrored wall. Lola must have climbed up on the table to reach the glass shelves above.

The bottle was at the front of the shelf on the right of a clear expanse of mirror, intended for use as a dressing-table mirror. It was flanked on one side by an impressive bottle of Cabohard and on the other by a beautifully carved bottle of Guerlain's Mitsouko. The vials and bottles on the shelves had caught fire from the pale sunlight and threw a dancing confetti of colors on the ceiling and floor.

But the amber-colored perfume in the Tempo bottle imprisoned the light and the stopper was a high, dull dome. I lifted it down and saw that the

Please turn to Page 83

How to discover the special delights of Girgarre Blue Vein Cheese in four simple ways...

ADD TO YOUR CHEESEBOARD
Serve with crisp apples, dried fruits and whole walnuts.

DEVILLED BLUE FRANKS
Crumble 4 oz. wedge GIRGARRE BLUE and combine with 4 oz. pkt. cream cheese. Add 1 tbsp. milk and 2 finely chopped spring onions. Cut 8 thick frankfurters in half lengthwise, but not completely through. Grill for 5 minutes. Stuff each with cheese mixture. Split 8 frankfurt rolls, toast and butter. Place frankfurters in centre. Sprinkle with paprika. Makes 8.

DANISH BLUE FONDUE
Melt 2 oz. butter in fondue pot. Stir in ½ cup flour. Cook over a low heat 2 minutes. Remove from heat. Gradually beat in ½ pint milk. Bring to the boil, cook until thick. Add salt to taste. Shred and add 6 oz. DAIRYLEA SAMSOE CHEESE, then 2 oz. GIRGARRE BLUE, stir until melted. Gradually stir in ½ cup dry white wine. Bring to the boil. Season with pepper. Serve with cubes of french bread.

DANISH SPREAD
Cream 4 oz. wedge GIRGARRE BLUE and 3 oz. butter. Add 1 tsp. Worcestershire sauce and ¼ tsp. salt. Serve with biscuits or apple wedges.

Prize winner at Melbourne and Adelaide Royal Agricultural Shows

Mere Male

Readers tell their stories of the stronger sex

Saints alive ?

"WOULD you like some tender archbishops for dinner?" MM inquired on his return from the market. No, not a husband turned cannibal, just my MM who is not Australian-born talking about the half-dozen artichokes he had bought.

D.G., Klemzig, SA.

Ego boost

FEELING extravagant, I bought myself a bunch of flowers. When MM arrived home, he asked where they had come from. When I told him "from an admirer", he said with a laugh: "So you bought them yourself."

Impossible, Fortitude, Q.

Illuminating

I WAS trying to describe an acquaintance to MM. "Oh, yes, I know whom you mean," he said, "it's that woman who married her husband."

Avie, Gladesville, NSW.

Inhuman

MM AND I were arguing and I was getting more and more upset. "You shouldn't blow your top," said MM. "You should be calm, cool and collected." "Well, I'm not," I raved. "I'm only a human being after all." "Oh, no, you're not," MM countered, "you are my wife and don't you forget it, either."

Be Okay, Oakleigh, V.

Do him good

MM HAD done more horse riding than usual and his legs were red and sore as a result. I suggested that he rub some cream into them, so off he went to the bedroom. He came out later to say he had used some of my cream in a white tube. What was it? Only my expensive hormone - enriched night cream.

Beautiful Legs, Hannaford, Q.

Distinctive

MF SAID to MM, "I thought I saw a truck that looked like yours drive past this afternoon." MM thought for a while then said, "It could have been mine. Did it have hub-caps on?"

C.Y., Taree, NSW.

Helpless

MM (BROTHER-IN-LAW) had been a boy scout, but evidently always dodged kitchen duty. When his wife became ill, he kept appearing at the bedroom door with numerous queries. Finally, he came out with: "When do you turn over the boiled potatoes?"

B.L., Indooroopilly, Q.

Suicidal?

I TOLD MM to expect "hurry curry" for tea. When he came home and found me almost prostrate, kneeling in front of the stove he thought, momentarily, that I had said "hari kari" instead of the recipe promised. (I was only drying my hair.)

Sadie, Tamworth, NSW.

Thoughtful

FOR years, MM (father) has nagged at the family to switch lights off after them to keep the electricity bill down. On a frosty morning our daughter gleefully reminded him that he had been the last one to use the bathroom and the light was still on half an hour later. MM retaliated: "I did that so it would warm the room up for you."

Karntwin, Eden Valley, SA.

Fair's fair

MY friend was most irate. She and her MM had returned home the previous night after spending the weekend away. She was about to clean the house when MM asked if she would help him unload the wood he had brought home and stack it in the shed. She complied with his request and set to work. The job completed and just back inside the house, she could hardly believe her ears when she heard her MM exclaim, "You should have cleaned up this house."

Can't Win, West Wyalong, NSW.

Asked for it

I WAS ill with a stomach upset and remarked to MM that my tummy sounded like a horse grinding its teeth. MM replied: "You never know what may have got in there. You always sleep with your mouth open."

Martha, Nambour, Q.

Dog's life

MM'S WORKMATES were shocked to hear that he had gone to work when I was quite ill, but had taken the day off when the dog developed a bad cold and had to be taken to the vet. I would have been shocked if it had been the other way around.

MLC, Wiley Park, NSW.

Bird watcher

"MY word, that young widow needs watching," said MM (grandfather of 82) as he sat gazing at our bikini-clad, sunbaking neighbor. (Protectively?)

Says Who, Rockhampton, Q.

Infectious

MM, WHO is a diabetic, was rushing around fiercely trying to kill mosquitoes. He finally gave up with a sigh of failure. That night I awoke to hear MM giggling to himself. When asked why, he said: "I should have let those mosquitoes bite me. They would have died from diabetes anyway."

Mrs. P. Ballarat, V.

Defensive

MY MM scoffs at the idea of me locking the doors after dark after reading of people being molested in their own homes. Recently, however, he came home and showed me what he had bought — a water pistol in which he intended to put ammonia and have it ready. Not so fearless after all.

E.F., Levin, NZ.

Hopeful

MMs MUST have their dream times. Mine says his idea of a perfect holiday is to rest quietly in the shade of a beautiful blonde.

Not One In Sight, Gladstone, Q.

Appreciative

NOT being particularly fond of cooking and always fully occupied with my interests, work and study, I regard MM's predilection (regardless of heatwave, snow, riot, catastrophe, unexpected visitors, sleeping late and even just late home) for baked beans on toast, followed by a heartfelt: "That was good," as his most prized tribute.

Mullian, Bendigo, V.

New name

WHILE taking a shower, MM called out: "Where is that fat little towel for putting my feet on?" Yes, I had washed the bath mat and it was still hanging on the line.

Delilah, Grenfell, NSW.

For toasting?

I ASKED MM to bring home a bottle of bubbly for a special occasion. He went to work saying he would not forget it. He didn't either. He came home carrying a large bottle of bubble bath. What would other readers do with him?

Who's Fault, Rochedale, Q.

Made her day

AFTER the debs had been presented at a ball I attended, the guests were asked to join in for general dancing. A barn dance began and an elderly MM dancing with me said: "What a lovely deb you are, m'dear." (I had a white gown on.) I told him I was 30 and had two children at home. He then added: "And what a sense of humor!" One rather swollen headed Mum was seen going home that night.

C.M., Willoughby, NSW.

Accident prone

MM IS bald and always seems to be knocking the top of his head. Recently he came running inside, holding his head and exclaimed, "I have nearly killed myself again."

Nine Lives, Richmond, SA.

No Circe

WHEN we got into bed, I started to tell MM of the day's events. He suggested I wait until the next morning to tell him as he simply wanted to go to sleep. "I thought my voice would be like the sirens to you," I teased. "Yes," came his instant reply, "the fire sirens."

Meg, Cobram, V.

Definition

MM (FATHER) was easy going about money. "Money is made to go round," he said. Retorted MM (grandad): "Nonsense, money is made flat to pile up." Said MM (grandson): "It's two-sided to please you both."

Seff, Ipswich, Q.

Put down

AT the local garbage tip space is diminishing, so only locals are supposed to use it. As they entered the gates, MM asked two people where they came from, meaning the suburb. "Home," said the first MM. "Lebanon," said the second.

Saje, Campsie, NSW.

Leg pull?

MM, WHO is a footballer, had sore legs after a rugged match so he asked me to: "Please rub them with some ligaments."

S.F., Euroa, V.

Raw deal

THIS MM (friend) certainly got his answer. He was visiting an exhibition of paintings and, trying to be funny, asked the artist if he ever did anything in the nude. "Well," the artist replied, "occasionally, I take a bath." MM had the grace to blush.

XYZ, St. John's Wood, Q.

Wordy

MY mother is well-known for writing very long letters about very little, but still MM insists on reading them right through. After finishing one laborious letter, he said thoughtfully: "Why is it that you can read all of your mother's letters and still be none the wiser?"

What A Letter, Armidale, NSW.

Unromantic

ON our 33rd wedding anniversary I cooked a chicken with all the trimmings, made an apple pie, whipped some cream and, after setting the table, using the good silver, I lit a candle. MM walked in, looked at the table and said: "Saving on electricity, love?" I give up.

Marg, Ipswich, Q.

Wind up

WE were brand-new parents. I told MM all the fascinating details I learned at the baby clinic, such as that a blue look around the babe's mouth meant wind. MM came home one night to find our son grinning at him with a mouth painted with gentian violet. Said a shaken Dad: "Good Lord, that child's got a dreadful case of wind."

Gee, Forrest, V.

Squirt

SIGHT of the week: MM had fixed a leaking tap and connected the hose before turning it on for testing. The tap wasn't leaking, so why the sudden deluge of water? Well, he was only sitting on top of the sprinkler.

Zany, Berridale, NSW.

Generous

I ADMIRED a $100 bracelet in a shop window. "Tell you what," said MM, "if you can get them to knock $95 off the price, I will buy it for you."

K.J., Adelaide, SA.

Point stretched

MM HAD just become a scoutmaster. Guess what I received as a recent gift? A super-duper camp stretcher, no less.

He'll Keep, Mackay, Q.

Wise words

I OVERHEARD MM counselling his young nephew, who was about to take the matrimonial plunge. "Remember the old saying, my boy: 'Marriage is like a hot bath. After you get used to it, it 'aint so hot'. And don't bicker about who is going to be boss after marriage. Just accept gracefully, for you can't win."

Experienced, Northgate, Q.

At her word

AFTER frying chips, my mother carried a pan of hot dripping across the kitchen. MM (father) gave her a friendly poke in the ribs. "Careful, I've got fat," she cried. Eyeing her critically, MM concluded, "Yes, I'll say you have."

Diet, Epping, NSW.

Fair share

AFTER MM (motor mechanic husband) had finished a job on a customer's car, the customer gave him a bottle of beer. 'I'll share that with you," said a workmate standing nearby. MM replied, "Yes, I'll have the contents and you can have the bottle."

Fair Enough, Bundaberg, Q.

Holey

AT work, a friend of mine during her lunch break took out the very beautiful little jumper she was crocheting for her niece. She noticed a fellow worker watching her. On asking if he liked her work, this MM replied not too enthusiastically, "Yes . . . but look at all the holes in it."

D.P., Mossman, NSW.

. . . Er

THE bridegroom became ill with a bad dose of flu only a few days before the wedding and it was about a month before he was really well. On meeting the newlyweds at a party, MM exclaimed in a loud voice for all to hear, "Must offer my congratulations on your wedding. About a month ago wasn't it?" Then, remembering the groom's illness, he added, "Nice to see you up and about again."

Foot In It, Heidelberg West, V.

Big spender

MY son brought home my NI just before lunch and during the meal I excitedly discovered that I had had a par printed. "Ha," I said, "I've won myself a dollar." MM said, "About me, I suppose?" On informing him it was for the LTIO page, his reaction changed, "Good on you Mum. How shall WE celebrate?"

Yours An' Mine, Ceduna, SA.

Move over

MM SAID he didn't need an electric blanket on his side of the bed as it made him too hot. So next day I moved our single electric blanket over to my side. Guess who woke up the following morning with only an inch to spare on her side of the bed? MM was spread out comfortably on top of the blanket.

A.N., Frankston, V.

PICK OF THE BUNCH

"I AM not like all those blokes in NI who never know whether their wives have had their hair done or not," MM said. "I always know." Then he added, "You always ask me for the money to pay for it before you go."

Ormagine, Blair Athol, SA.
($5 for this par.)

Blameless

MM (BROTHER-IN-LAW) offered to buy new shoes for his two-year-old daughter. He set off with instructions to buy beige, white or black shoes with a T-bar, size six. He returned with burgundy shoes, single strap, size five. MM commented, "The shop assistant must have given me the wrong ones."

Uh Huh, East Fremantle, WA.

Bowled over

MM (UNCLE) was brought home from bowls with an injured foot. "What a fool thing to happen to me. That's the end of bowling. At least I will catch up with my book work," he consoled himself. "Ah," sighed my demure aunt, "I am so pleased you realise at last and want an end to that game." "What?" MM roared as he struggled to get up, "End it? Only until I'm able to get back at it again."

No Go, Wondai, Q.

Simple ill

MM (FATHER) consulted a doctor about some ailment and was prescribed a new drug. MM protested anxiously, "Sorry doc, but I don't think my old kidneys can catch up with such a recent innovation."

S.L., Strathfield, NSW.

Taken literally

MM AND I were sharing the first orange from our tree. I suggested he remove the seeds from a quarter and give some to our 10-month-old baby to suck. MM queried: "But won't he choke?" Looking up, I was horrified to see him popping a seed into baby's mouth.

P.R., Mt. Isa, Q.

Scare

OUR pet dog goes everywhere in the car and usually is first in when the door is opened. MM had to go out urgently one night, raced outside and into the car and felt the family pet alongside him. As usual, MM said, "Over the back, boy." Can you imagine the fright he got when a possum scuttled over his knees and out through the door?

Mrs. 241, Semaphore Park, SA.

Frank

MY MM and I were enjoying a rare row. "It's just as well for you that NI doesn't have a Mere Female page," MM said hotly, "because I could write a few home truths about you."

Frightened Female, Swan Reach, V.

Willie Winkie

I HAD not seen anything like it — MM in bed on a cold, winter's night clad in thick woollen socks, tattered army great-coat, leather gloves, balaclava and swathed in blankets.

Kiss Me Goodnight, Halifax, Q.

Promising?

I THOUGHT that only age brought absent-mindedness. But when my MM, at 29, puts away the dirty supper dishes and, after his bath, dons his pyjamas instead of his suit to go to a ball, I wonder what he will be like in 30 years time?

Judith, Christchurch, NZ.

She did!

MM HASTILY jumped into the bath that was filling with water and got his tail scalded under the hot tap. As I raced for liniment, MM said, "Now don't go writing this into that Good Idea book."

It's A Good Idea, Coffs Harbour, NSW.

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APPOINTMENT IN ANDALUSIA

Continued from Page 79

stopper was encased in a covering of thick, opaque cellophane, secured round the neck of the bottle by a film of colorless wax. This extended over the lip of the bottle for further security against evaporation.

A fine gold silk cord, ending in an ornate tassel, circled the stopper and was ornamental rather than serving any purpose.

I was disappointed. I had hoped to see the diamond in all its glory, but was thwarted by the concealing cellophane. I had already reached for a pair of nail scissors, when I was halted by a sudden thought. Slowly, I turned the bottle over in my hands, examining the covering.

Every woman knows how a perfume bottle is sealed and the exasperating difficulty of removing the thick protective covering. That on the Tempo bottle, I decided, was the work of a professional packer. Find him and he might be the weak link in the chain that led to Knebel and company. For the first time, I felt the stirrings of genuine hope.

I abandoned my original intention of ripping the covering off and removing the most expensive stopper in the world. Instead, I collected a thin wad of cotton-wool.

Back in the bedroom, I tried to be as quick as possible, but I was clumsy with nerves.

The bottle was much too large for my trinket case and, for a moment, I was in despair. I could think of nothing else that would hold the bottle and conceal its shape. In the clutter of my Glasgow flat there would have been no problem, but here, even the smallest wrapping seemed to be cleared away almost as soon as it was discarded.

Out of nowhere came the memory of the long cardboard box which held several cakes of my favorite soap. I scrabbled feverishly in a drawer for it and emptied the soap back into the drawer among my underwear.

THE bottle in its swaddling wrap of cotton wool was held firmly by the sides of the box. I tucked in my mother's opal ring and several quite valueless trinkets. My traveller's cheques formed an effective, though thin, padding on top. I had a maddening search for tape, but at last I had finished. With shaking hands, I placed the box in the buff envelope and wrote my name in a sprawling, flowing script along the edge of the flap.

Juan showed not a flicker of curiosity or surprise when I asked for a box. He led me to an inner room behind the reception desk and produced the usual two keys. He handed one to me. When we had both used our respective keys, I was able to slide the box out. I deposited the envelope in it and both keys were used to lock it.

At the front of the desk, Juan reached for a register, presumably to note my number . . . 73. I expelled my breath in a sigh of relief.

It was not in any sense dispelled by the sight of Paco and the trio of Blackburn, Knebel and Selley immediately in front of the counter. The diamond was as safe as if it were in the Bank of England. Even if, by any wild chance, one of them managed to steal my key, it was quite useless without the second one. A heady champagne feeling of accomplishment made me smile brilliantly at Paco, who was looking pale and out of sorts.

Stewart was nowhere to be seen.

Even Blackburn looked subdued, though he shot me that wide, open, meaningless grin. Knebel looked at me thoughtfully, bowing his head graciously in my direction in acknowledgment of my presence.

As always, Edna Selley looked quite startlingly lovely, though her smile never reached her eyes. As a child, I had immersed myself in Greek mythology and she reminded me of one of the goddesses in my illustrated school copy. Even yet, I found it hard to accept that she could be criminally involved, but I could no longer look at her with my earlier uncritical admiration.

"Ah! Miss Grant," she said in the famous throaty voice, dripping with friendliness. "We have had the most ghastly afternoon. Spanish funerals are the end, the absolute end."

She shuddered delicately. "That dreadful box arrangement on the walls, like a filing system! And the strangeness of the graveyard! Did you know that they put photographs of the dead above the coffins, and some mementoes of them? Horrible! Quite, quite dreadful!"

The switch of expression from disgust to sorrow fascinated me.

"What a tragedy! Poor Bruna, my darling Bruna . . . I still can't believe that it has happened." Her voice dropped to a sympathetic note. "And poor you! You have had a bad shock. You must let us try to help you to forget. Perhaps lunch or dinner together some day soon?"

She swept towards the lift, leaving me to wonder if her conversations with others were always one-sided.

And still there was no sign of Stewart. All my nagging doubts of him had been pushed to the back of my mind. As soon as he appeared, I would tell him everything I knew about the diamond. He could take charge of it and decide what ought to be done.

Once the decision had been taken, it was as if a great weight had been removed from my shoulders. I tucked the key into my bag and made for the lift.

(To be Continued)

From the book Appointment In Andalusia by May Mackintosh, published by Collins, price $4.95.

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HAVE YOU A PROBLEM

When chaos strikes, who is to blame?

WHO do you blame when teenagers at parties start behaving like animals on the rampage? Do you blame permissive parents, or the outside influences that are forever urging them to try this thrill, wear that gear, drive this prestigious car . . . spend up and grow up, ready or not? Whatever the cause, the scramble to conform to the stereotype good-time pattern can end in chaos, as many shocked parents have discovered after returning home to find their hard-won, triple-fronted brick veneer a mere shadow of its former glory. Cigarettes ground into expensive carpets, windows and treasured keepsakes smashed, liquor stains over the furniture, and bedrooms in tell-tale disarray, make them ask, "Why us?" Like this upset mother:

WHEN my husband had to go interstate to a conference recently, I went with him. We thought I could at last safely do this, as our student son is 18 and our daughter 16 — surely old enough to look after themselves for the four days we would be away. How wrong we were! Because of a change in the conference program, we came home a day early and found what I can only describe as a disaster. Our lovely home was wrecked; furniture, ornaments and windows broken, cigarette burns in our almost new carpets, books torn up, and an indescribable mess of dirty dishes, stale food and liquor. Also the bedrooms, including ours, had obviously been well used. My son was aghast at our unannounced arrival, as he had obviously been planning to clean up as much as possible. He admitted to having a party the night before and that it had got out of control because many uninvited people had come, some even forcing their way in. He said most of his friends had parties when their parents were away and that some were wilder than his had been. My daughter was obviously a reluctant ally in the plan and was upset at the outcome. Would you say we were wrong to leave them alone? I had no reason to expect such consequences as my husband and I have never gone in for riotous parties.

ALTHOUGH you should be able to leave older teenagers to take care of themselves, it is often unwise, as you have found out to your sorrow. They can succumb to pressures from many contingencies once the brakes are off, or parents are absent. Don't be too hard on your son, for although he must accept responsibility, the situation got beyond his control and he no doubt felt very guilty in spite of his defensive attitude. Without moralising too much, insist that he takes financial responsibility for repairing the damage. This might mean him taking a part-time job — not easy when he has to study as well — but the message will get through, I promise you. I hope you are not the type of parents who hand out over-generous allowances to their children. It makes self-indulgence much too easy. Try not to make your children feel that you no longer trust them but, on the other hand, do not be afraid to maintain a stricter attitude at least for a while.

Does she need treatment?

I AM 14. My father died two years ago. Mum and I live a short distance from my brother, his wife and their three children. My sister-in-law hates me and my mother and calls us names. She has turned her children against us, and tells stories about us which we are told about. She treats my brother like dirt. He works hard, seven days a week, but spends his spare time with his friends, because there is nothing to come home to. Mum cooks for him sometimes as there is no food prepared for him at home. My sister-in-law will not let us see the children and asked my brother to tell Mum not to give their children any presents as she will send them back. My brother made his wife go to a doctor but she told lies. Does she need treatment?

IT must be very upsetting for your mother not to be able to see her grandchildren and for you both to be gossiped about so unkindly. The solution really lies with your brother. He must discuss the differences between the two families with his wife. I do not think it wise for you to suggest psychiatric help for your sister-in-law to your brother. This would only alienate him against you and, after all, their lives and the upbringing of their children are their concern. All you can do is to maintain your dignity. Shy away from the gossips and above all don't indulge in talking about your sister-in-law yourself. That way, she will have no cause to turn her family against you and, in time, she may realise this.

He treats me like a child

I HOPE you can help me. I have been married for nine years. I'm 31 and have three children (one born before marriage). My husband has always been very domineering. If I go out he demands that I be home before him and if I'm late he will not kiss me hello or even talk to me. If we run out of money he blames me although I only get enough for housekeeping. He says as long as I do as I'm told everything will be all right. I have to agree with him even if he is wrong because he is my husband. Because he treats me like a child my nerves are very bad — so are the children's. I am thinking seriously about leaving him.

YOU will have to do something before you are completely cowed. Your husband is typical of many males who overplay their role of protector and provider, requiring the family to revolve around their every wish and whim, and hapless wives to subjugate themselves entirely, for no better reason than that it feeds their egos. No wonder you all have bad nerves waiting for his every order and admonishment. This must stop — not in a torrent of arguments and recriminations, but gradually, subtly, and with dignity on your part. Remain pleasant and friendly but do not look for the hello kiss and acknowledgement of your presence. Pretend you are not missing anything and don't apologise for being late home or otherwise not shaping up to his demands. Do things your way for a change, always continuing to be pleasant and efficient so he can have no real cause to complain. When (and if) he comments on your new attitude, explain that this is how it is going to be from now on, with you retaining your dignity and stature as an individual. A part-time job might inject you with some much-needed confidence and independence as well as broaden your husband's vision of you. If these remedies don't work you might have to give serious thought to leaving but only as a last resort, for in spite of his peculiar ways of showing it, your husband probably still loves you all.

My mother is too lazy

I AM 18½ and earn more than $60 a week. I pay $20 a week board to my mother but she still expects me to do all the housework. I have two younger sisters, 15 and 13, and they don't do a single thing! My mother says they need time to themselves and with their friends, yet she doesn't realise that I do too. My mother doesn't go out to work so she can't offer this as an excuse for giving me so much to do. I'm afraid she and my sisters are all lazy. I've been considering an offer I had from a girl friend to share a flat with her which would be cheaper as well as more private. I know it would hurt my mother but she still has my two younger sisters so she would soon get over it. Do you think I'm being selfish?

YOU are doing a full-time outside job and paying a generous portion of your salary to your mother, yet she still expects you to do

all the housework. This seems very unfair! Of course you should help around the house, but so should your sisters and your mother. Before you think any further about taking a flat, why don't you talk the matter over calmly with your mother and at least give her the chance to see your point of view and reorganise the work load. She might even consider using part of your contribution to pay for outside household help if you all can't, or won't, manage between you. Remember there are many hidden costs when you set up house yourself. I certainly can't see it costing any less.

His family wants him back

FOR 12 months I have been going out with a married man with a grown up family and grandchildren whom he loves. I knew this but from just having a few drinks together, we started going away for weekends and his wife caught us having intercourse one weekend in a motel. I don't want to marry him as I am married although I have not lived with my husband for several years. My family would be hurt if they knew of this relationship, also, my man's wife and his family want him back. He has left them and lives not far from me. I am worried his wife will find him and cause trouble. He is in his mid 50s and I am in my mid 40s. He said his wife was not to blame, that he still likes her but loves me. I have told him to go back to his family but he won't so then I told him he had to choose between his wife or me. I am a nervous wreck. What can I do?

IF you and your friend continue this relationship as it is, his family will continue to be hurt and ultimately yours will too. The fairest thing to do would be to break completely with this man and give his wife the opportunity to retrieve their marriage. It is not uncommon for a man to stray at his age but seeing that he still likes his wife and loves his family and she obviously is willing to forgive all, there is a chance that their marriage can be saved. If a future with you appears to be made up of concealing your relationship from your family, he may finally regret his decision, particularly as he grows older. Then you would be the hurt party. If you refuse to see him, you will probably find he will go back to his wife. But it is he who must make a positive decision. You can only make it easier for him and his wife by being hard on yourself.

Self-control is difficult

I AM 17 and have been going out with a boy of 19 for seven months. I love him and he feels the same way about me. He never takes me for granted and respects me for my virginity. He doesn't ask me for anything but I can't help wanting to have sex with him. Is it wrong to want to have his baby at 17? We plan to get married in two years' time. Do you think this is too young? Sometimes I think we won't wait that long. We both have good jobs and he is a very good worker. He gets along with my parents who treat him like a son, and his parents want us to marry in two years. Sometimes we reach our breaking points and almost give in and forget our principles. Please give us some sound advice.

YOU are a lucky girl to have a boy friend who does not take you for granted, and both of you are fortunate to have such good relationships with each other's parents. You appear to have a happy future together ahead of you and I don't think you will be too young to marry in two years' time if you are as sure of each other then as you seem to be now. It is perfectly natural to want to bear the child of the man you love, no matter what your age is, but consider the problems it could bring about at present. When you are alone and in love it is very hard to control your physical desires, particularly when everyone else seems to be so permissive. But if you really want to maintain your standards, you will have to work at it. Discuss the matter with your boy friend and try to avoid situations where it is easy to become involved in a heavy petting session. You can still be alone in a crowd. The possibilities of outings are endless — go to a theatre instead of a drive-in, out in a group instead of alone, resolve to jog around the block if you find things getting out of control. You can do it if you want to. When you are finally married, you will look back and be grateful you married, because you will have a marriage based on mutual respect.

Write to me if you think I can help you with your personal problems. Address your letter to ELIZABETH WYSE, at NEW IDEA, BOX 1292K, P.O., MELBOURNE, VICTORIA, 3001.

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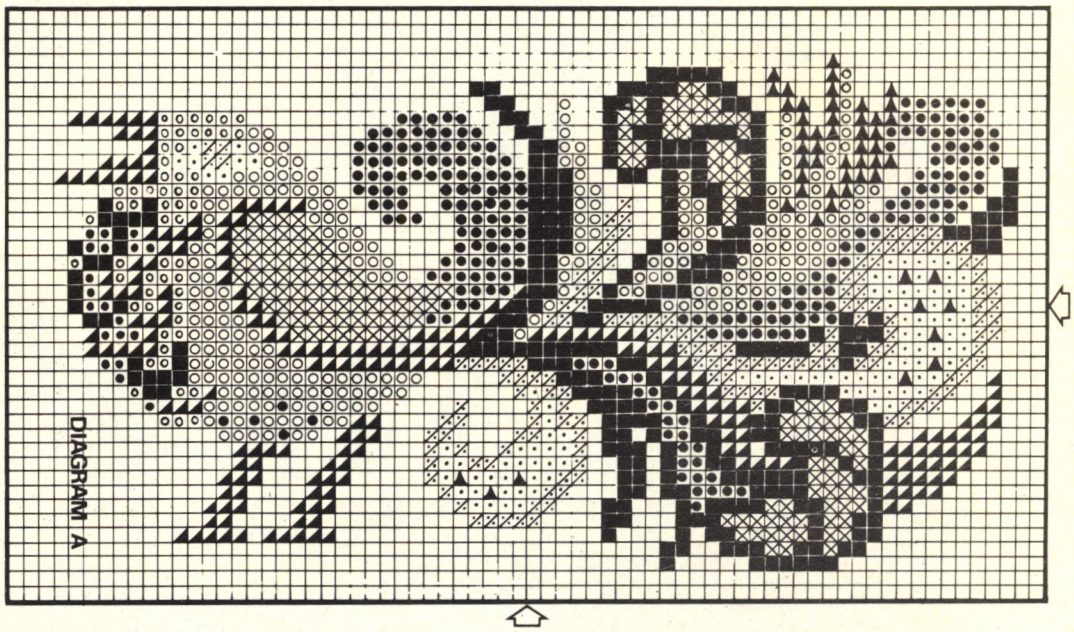
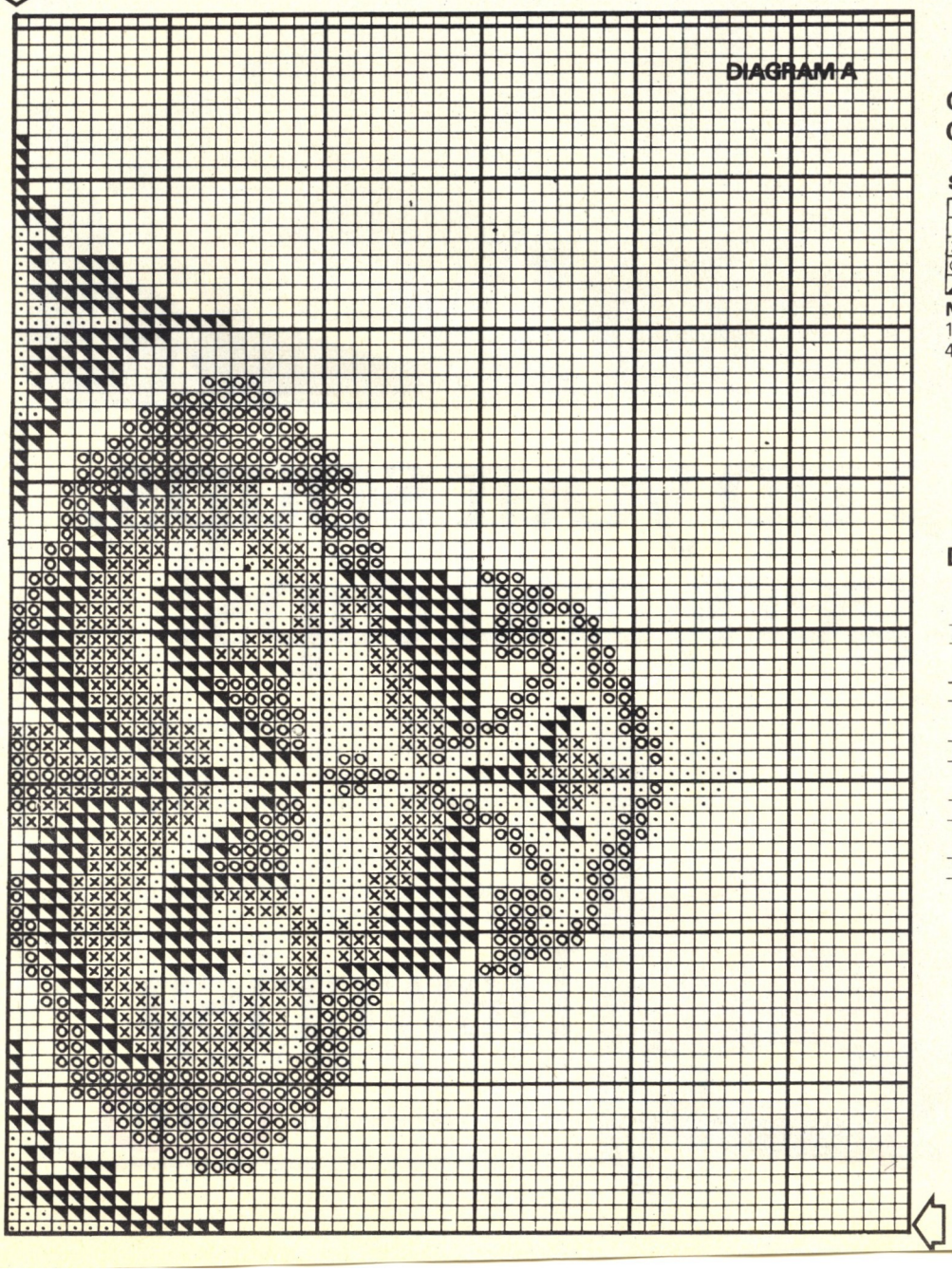
- Dark Olive Green





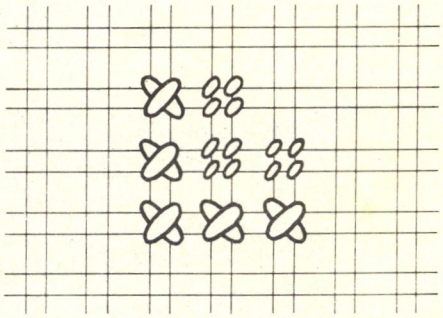
GEOMETRIC CUSHION

STITCH AND COLOUR KEY

- Mid Grey cross stitch
- White cross stitch
- Brown cross stitch
- Cyclamen Half cross stitch
- Deep Maroon Half cross stitch

Note.
1 cross stitch = 1 square on the diagram
4 half cross stitches = 1 square on the diagram

DIAGRAM B



Soup up your soups, burgers, and dips!

Dewcrisp* Chopped Onions. Just add them as they are to your soups and stews-fabulous! Or beef up your burgers. Or whip them into PHILADELPHIA BRAND* Cream Cheese for a delicious dip. Dewcrisp Chopped Onions. So very convenient! Pick up a pack from your grocer's shelf today.

Dewcrisp
Super-Vegies

Another fresh idea from **KRAFT**

*Reg'd Trade Mark
059P 781

New Idea Pattern Service

8819

5550

8819 — 75c. Bikinis with cross over top and buttoned wrap-around in two lengths. Available in sizes 32½, 34, 36, and 38 in. bust. Size 34: Left, short wrap-around requires 1⅞ yd.; centre, pants and top takes 1⅝ yd.; right, long wrap-around requires 2 yd. Wrap-arounds include top. All lengths in 36 in. material.

Eye-catching styles to suit both the slim and more mature figure

5550 — 75c. Short sleeved and three-quarter sleeved dress. Available in sizes 40, 42, 44, and 46 in. bust. Size 42: Left, short sleeved dress requires 3⅜ yd. 36 in. material; right, three-quarter sleeved dress requires 2⅞ yd. of 54 in. material.

HOW TO ORDER YOUR PATTERNS

Fill in your order form, attach postal order or money order for EACH pattern ordered (stamps not accepted) and send to PATTERN SERVICE, New Idea, Box 70B, PO, Melbourne, Victoria, 3001, MAKING MONEY ORDERS PAYABLE TO ELIZABETH ST. PO ONLY. Patterns are available for six weeks after publication date and will reach you three weeks after receipt of order. In New Zealand patterns are available for 12 weeks after publication date. (Refer to special instructions for New Zealand readers.) Insufficiently stamped letters cannot be accepted. Please note that when more than one pattern is asked for they are not sent together. If you receive one before the other, wait a while and the second one will arrive. NEW ZEALAND READERS NOTE: Because of currency restrictions, only money orders can be accepted.

N.I., 27/10/73, MARK YOUR ENVELOPE "PATTERN"
(Please indicate in box how many patterns you require)

☐ 8819 ..... Size .....

☐ 5550 ..... Size .....

Fill in the coupon, attach money order or postal order and post to Pattern Service, New Idea, Box 70B, PO, Melbourne, Victoria, 3001.

Name (block letters).....

No and Street.....

City, Suburb, Town.....

State or Country..... Postcode .....

ENTER THE GREAT AUSTRALIAN COOKOUT

AND YOU COULD WIN ONE OF THE 1521 PRIZES

SCOTT FAMILY NAPKINS AND SCOTTOWELS

Ideal for all your barbecueing needs. They come in a range of prints and plain colours keyed to suit your barbecue decor. You will find many uses for ScotTowels and Scott Family Napkins, either barbecueing at home or away. Make sure you carry them in the boot of your car.

COMPANION BARBECUES

There is no better way to enjoy the great outdoors than with a Companion Barbecue or Stove. Companion have a range of quality products to suit everyone's taste and at a price to please every pocket. If it bears the name Companion you can be sure it's the best. See the complete range of Companion models at your favourite Department or Hardware Store.

COMALCO ALFOIL

Always take Comalco Alfoil to all your barbecues and you will find it has dozens of uses. You can make instant disposable cooking pans, wrap vegetables, meat, bread and fish and cook direct on the hot plate.
You will find cooking, wrapping, covering and capping with Comalco Alfoil your brightest idea outdoors.

TUPPERWARE

Only Tupperware stores food to carry and serve kitchen fresh. It is the natural partner in any barbecue picnic plan. The famous Tupperware seal allows you to carry lettuces dewy crisp, meat frig. fresh, and all other goodies which make up the family barbecue pack. See the marvellous range of Tupperware barbecue items. Phone your nearest Tupperware distributor listed under Plastics in the Pink Pages.

BARBECLUES CROSSWORD COMPETITION

Just fill in the Barbeclues crossword below and name 3 types of Companion Barbecues and 3 colours of Scott Family Napkins and your favourite Tupperware item.You could win one of these great prizes.

DeLuxe Companion Gourmet 2000 Barbecue
2 Companion Outdoor Kitchens
7 All-Rounder Companion Barbecues
A Tupperware Barbecue Kit
1,500 x 64-page Barbecue Books
1,500 ScotTowels and ScotTowel Holders
10 x 500 ft. Rolls Comalco Alfoil.

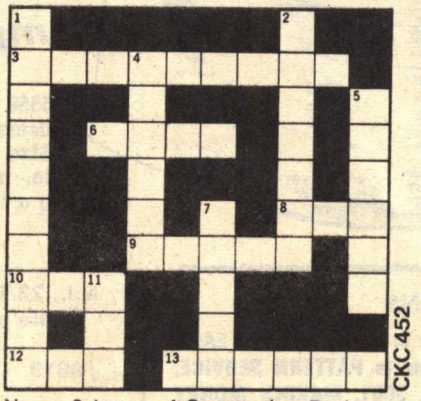
ACROSS

3 Australia's best Barbecue.
6 You can.....fruit with ScotTowels.
8 Cook.....and Bacon for a barbecue breakfast.
9 .....Family Napkins.
10 Barbecueing is a great way to.....
12 .....helps your barbecue.
13 Comalco.....is the best Aluminium Foil.

DOWN

1 There's a job for..... every day.
2 Name of Companion Barbecue which is an expert in wine and food.
4 Scott Family Napkin.....are decorative and colourful.
5 Type of Companion Stove.
7 ScotTowels make a good guest.....
11 You can cook a.....of food on a Companion Barbecue.

Mail entry to:
Barbeclues Competition,
P.O. Box 2107,
Avalon Beach, N.S.W. 2107.



Name 3 types of Companion Barbecues

Name 3 of the colours of Scott Family Napkins.

Name your favourite Tupperware item.

Name.....
Address.....
.....Postcode.....
.....

Conditions of Entry.

1. Chance plays no part in determining the winners and each entry will be judged on its merits by a panel of qualified judges — whose decision will be final.
2. The competition closes on 30th November, 1973.
3. There is no limit to the number of entries but only one entry per envelope may be submitted.
4. Winners will be notified by mail. Major prizewinners will be published in TV Week. Prizes may not be exchanged for cash.
5. Anyone may enter except employees (and their families) of Bowater Scott Aust. Ltd., Companion Pty. Ltd., Comalco Limited, Tupperware Pty. Ltd. and their advertising agencies.
6. All entries submitted become the property of Bowater Scott, Companion, Tupperware Comalco and R. Stephens & Ass. Pty. Ltd. and can be used without prejudice.

At your service

One Cook to Another

Nut loaf

2 cups sr. flour
½ teaspoon salt
1 teaspoon mixed spice
1 cup raisins, chopped
½ cup walnuts, chopped
1 tablespoon peanut butter
2 tablespoons sugar
2 tablespoons golden syrup
1 cup milk

Mix all ingredients together in a bowl until well combined. Spoon into a greased 8 in. by 4 in. loaf tin and bake in a moderate oven for ¾ hour or until done when tested. Serve sliced with butter.

Camille, Launceston, T.

Children's party sweets

2 oz. butter
2 tablespoons golden syrup
1 teaspoon vanilla essence
12 oz. sifted icing sugar
½ cup chopped walnuts
½ cup chopped crystallised cherries
½ cup coconut

Cream butter and sugar, add golden syrup and blend until smooth and creamy. Add nuts and cherries and mix thoroughly. Take small portions and roll into balls, coat with coconut and refrigerate until required.

Dahlia, Whalan, NSW.

Readers' Requests

ACKNOWLEDGEMENTS: Mrs. K. Lobeguir, PO Box 82, Thangool, Q, 4716, thanks readers who sent the pattern for a romper suit . . . Mrs. R. Allen, 52 Barton St., Blair Athol, SA, 5084, thanks readers who sent pattern for upside down doll . . . Mrs. J. Robertson, 368 Esplanade, Island Bay, Wellington, NZ, thanks readers who sent copies of NI.

SUNDRIES: Mrs. J. Broadhead, 3 Fitzherbert Ave., Wanganui, New Zealand, seeks cuttings, stamps anything about Sir Charles Kingsford-Smith . . . Mrs. J. Cole, 22 Early St., Parramatta, NSW, 2150, wants old time pre-1920 picture post cards, also cigarette cards of any year . . . Mrs. D. Smith, 25a Pengilly Rd., Orelia, WA, 6167, seeks a long wire needle for an old hand sewing machine . . . Miss B. Kittel, 68 Wileman St., Whyalla, SA, 5600, wants used postage stamps from any country . . . Mrs. G. Wilson, 1 Deanswood Close, Wantirna South, V, 3152, seeks 1 entree plate or any other pieces of Arzberg, Hanover design . . . Mrs. R. Holt, PO Box 103, Baradine, NSW, 2858, wants to exchange skillets or labels from the Australian Aboriginal match box series, wants Nos. 15, 17, 18, 19, 25, 38, 44, 47, 48 . . . Miss S. Marshall, 20 Raglan St., St. Arnaud, V, 3478, wants any Lan-choo tea labels.

Handy Woman

Bath bleacher

MIX cream of tartar to a paste with peroxide, apply to stubborn stains on bath or hand basin. Leave standing for a while, then wash off with warm water.

N.B., Knumburra, V.

Hint of the week

WHEN making apple sponge, cover the apples with thinly sliced, crustless bread before pouring on the sponge. The bread will absorb some of the mixture and it won't sink into the apples.

Illalangi, West Launceston, T.
($2 for this hint)

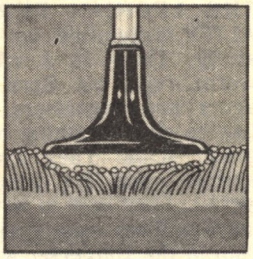
SOLD OUT

WE regret that, due to your tremendous interest, both the New Idea All-Color Cookbook and our sew-on zodiac patches offer are sold out.

We are planning a new cookbook for you with some exciting new ideas, and we also hope to have another great zodiac offer for you soon.

WE pay $1 for recipes published in One Cook To Another; $1 for Handy Hints; $2 for Hint Of The Week. All contributions must be original, and please print your name and address clearly and state your postcode.

Give your furniture flat feet and make your carpets last longer



Weight is spread over the large flat surface. Result: less carpet wear.

flat feet for furniture is the **RUG RUNNER**

Use them to replace the conventional castors under your heavy furniture.

Carpets last longer because 'Rug Runners' slide along on a large flat nylon surface that can't catch even long-piled 'shag' carpets. 'Rug Runners' never need oiling, so they can't stain; and they cunningly spread the weight of your bed (or other furniture) so that no impression is made on the carpet. Ever. Some of Australia's leading hotels and motels are replacing castors with our 'Rug Runners.' And we expect many more to follow suit. Particularly when they discover how much longer their carpets last. You can buy 'Rug Runners' at most better hardware stores.

Yes, I want to know how to make my carpets last longer by fitting 'Rug Runners' to my furniture. Please also send list of retailers.

FURNCO

FURNCO INDUSTRIES (AUSTRALIA) PTY. LIMITED
BOX 405, P.O., BANKSTOWN, N.S.W. 2200

MR/MRS/MISS _____

ADDRESS _____

_____ POSTCODE _____

 Continued from Page 9

down the next. Their vitality can flag but their endurance is great. Most benefit from a bland diet and a residence near water, and many may find their bio-rhythmic pulse is that of night-birds, so they should plan their lives accordingly.

LEO

If you were born between July 22 and August 21, you are a Sun Leonian. If you were born any day of the year at the time the Zodiacal sign rises over the horizon, you are said to have a Leonian Ascendant. If you were born when the Moon was passing through the sign Leo (about 2½ days each lunar month) you will have a Leonian personality. So Leonians can be, and are, born every day of the year.

Have you a Leonian in your family?

THE LEONIAN PERSONALITY is dignified, yet never stuffy. There is a vibrant, warm, regal air. Born managers and organisers, they like to do everything on the grand scale. They are big spenders and like delegating detail. They love to have admirers. They equate with the Sun in the Universe, with all other planets rotating round them. If frustrated they can be boastful, and hot tempered. Extremely loyal in family relationships and friendship, they value loyalty from others.

LEONIAN APPEARANCE derives from having the sign Leo on the Ascendant. Their most striking features are the mane of hair like the Lion, same lean, narrow hips and slightly turned up corners of the mouth, again like the Lion. They are also very light on their feet, pad along, and can come up on one almost unheard.

THE LEONIAN WIFE AND MOTHER is a bossy, energetic, gay, fun - loving go-getting woman. She is positive in her outlook. She wants her husband and children to "get on", and do the best they can for themselves. She will give them her support, but wants to be a personality in her own right too. She is not particularly a Woman's Liberationist, but rather Queen of all she undertakes — a loved person in her family, an organiser in community affairs, and a power to reckon with any career she embarks on. She can think like a man without losing any of her charm or femininity, she can't be bothered with pettiness. She entertains well and makes good social entrances and exits.

THE LEONIAN HUSBAND AND FATHER sees himself as head of the household. He may want to be waited on quite a lot, but is generous, loyal, faithful and helpful often through who he knows rather than what he knows, so don't begrudge his social life. He wants a wife and children he can be proud of. A well-dressed, well-groomed family pleases him; as does a home where he can comfortably ask friends. As you can guess, you have to try to please him, but the rewards can be worthwhile. A big spender himself, he is rarely mean to those he loves, and his affections are as magnanimous.

LEONIAN CHILDREN are usually, bright, cheerful and energetic. They are natural leaders who like to organise games and play. Follow the leader must have been originated by a Leonian. They are happy to do "party pieces" — some people might think them show-offs, but the desire is to entertain and create happiness. Exam passing is not their forte, as they hate drudgery of "cramming" — their potential is to grasp the broad issues, and they are destined for managerial, executive or administrative careers. Social life is important to them.

LEONIAN HEALTH should be good. Sun ruled, they should have strong physique and a sound constitution. The danger lies in strain from over exertion. Nature has given them the ability to relax with ease as an antidote (visualise the Lion), so don't hound them as lazy when they are regenerating.

VIRGO

If you were born between August 22 and September 21, you are a Sun Virgoan. If you were born any day of the year at the time the sign Virgo rises over the horizon, you have a Virgo Ascendant or rising sign; that is why the time of birth is important to know. If you were born when the Moon is passing through the sign of Virgo (for about 2½ days each lunar month), you will display a Virgoan personality. So Virgoans can be, and are, born every day of the year.

Have you a Virgoan in your family?

THE VIRGO PERSONALITY inclines to be quiet, studious, conservative, polite and sometimes standoffish. There is a desire to be of service to others in a good or useful way, and to inform instruct, teach and improve. Hygiene, correct behavior and good habits are important. Virgos are highly critical and selective. They expect high standards from others and give of their own best. They will rarely act as their own publicity agents.

VIRGO APPEARANCE due to the sign rising at the time of birth may be tall and slender, with long hands and feet, straight dark hair, a long nose. Virgos are inclined to stoop or have rounded shoulders. Virgos can also be of medium height with a rounder face, a ruddy complexion, brown hair and eyes. They are alert and agile.

THE VIRGO WIFE AND MOTHER inclines to be industrious, duty-conscious, a worrier, anxious for her family's safety, health, education and job prospects — so much so that she can get bogged down in all the details of doing her bit with clean clothes, punctual meals, a tidy home, facilities for study, keeping dental appointments, attending PTA meetings and correcting "their" faults, that she loses the ability to "silly things". There is a romantic strain in her nature, however, and as most Virgoans go off the rails once in their life, maybe as an antidote to all that righteousness (and maddeningly, Virgos are right nine times out of 10) this helps her to have her moments.

THE VIRGO HUSBAND AND FATHER has usually come to marriage late, at the "right time" for him. He plans and fully intends to provide security, be faithful, idealise his wife and educate his children. He may seem fussy, critical and routine ruled, but he can be an interesting, informative man with a quiet sense of humor that is a delightful surprise. He may, despite his high standards, put up with an untidy wife and take on the role of "housekeeper" himself, but he will never be happy with an ignorant wife. Mental communion and intelligent well behaved children are essential to him.

VIRGO CHILDREN are happiest at school, in libraries, soaking up information and learning. They don't mind being alone, so if you can give them a room of their own, you are helping them maintain the repose, poise, inner assurance and mental achievement they aspire to. Early toys can be educational of the piecing together type, and Virgos enjoy craftwork. They have both manual and mental dexterity.

VIRGO HEALTH rests on the nerves. They are born worriers, and their greatest need is to learn to relax. They feel unhappy if not perpetually doing something useful. A diet of wheat germ, cereals, nuts, milk, eggs, salads and herbs, suits them best, and they need somewhere quiet to think things out.

LIBRA

If you were born between September 22 and October 22, you are a Sun Libran. If you were born any day of the year during that two hour period when the sign Libra is rising over the horizon, you have a Libra Ascendant, that is why the time of birth is so important when charting a horoscope. If you were born when the Moon is passing through the sign Libra (for about 2½ days each lunar month), you will have a Libran personality. So, Librans can be, and are, born every day of the year.

Have you a Libran in your family?

THE LIBRAN PERSONALITY is usually charming, well mannered, courteous, affable, poised and considerate. If unhappy, a Libran may be argumentative and apparently quarrelsome, but mainly they want harmonious relationships. They try to please and will only protest when they think things are "unfair." They are anxious for companionship, but prefer it to be that of "one other" than a crowd. Librans hate noise, crudeness and sordid surroundings. They like having "things nice" and can appreciate what has "eye appeal", is pleasant, kind, gentle smooth and happy.

LIBRAN APPEARANCE derived from having the sign rising on the Ascendant is usually good looking, and often beautiful. The general form is symmetrical, and balanced, with smooth tapering limbs, a fine complexion, soft, curling hair, beautiful eyes, dimples or a cleft chin, graceful movements, and good taste.

THE LIBRAN WIFE AND MOTHER inclines to be a "wife first". She loves her children and is affectionate, indulgent and caring but gives her husband priority. If she were to lose him, she would try to replace him quite soon, as she needs a close partner and she does all she can to please, harmonise and keep her partnerships intact. She is likely to be a gracious, easy-going, feminine woman, willing to entertain, she can be clever by "balancing the budget", making clothes, furnishings. She would like to live close to social amenities, and send her children to exclusive schools. If unhappy in her marriage, she can be positively aggressive trying to "get things right".

THE LIBRAN HUSBAND AND FATHER is an equable man — urbane, pleasant, prepared to keep his mouth shut and get on with most people, but in the face of injustice, he can be a force to reckon with. Mainly as a father figure, he leaves disciplining the children to mother, which makes him popular; but he will accept responsibility, take the children out and entertain them, but do see they are trained to table manners before you start eating out in public. Good manners and courtesy are important to him; he gives them himself, plus love and charm, to a wife.

LIBRAN CHILDREN are naturally good mannered and considerate of others. They don't like to get really dirty at play, hate sordid whispered playground stories, bad language and noisy over-boisterous games. This does not make the boys effeminate; whilst seeming to dither about a lot because they can "see both sides" of the situations, they can be loyal friends, always settling for what is fair and just. Most like to have one close friend at a time. Toys and games should be of the type to share with "one other."

LIBRAN HEALTH may seem "delicate" and is greatly affected by environment. Among pleasant people and nice surroundings they remain happy and well. Most crave "sweet things", as a bland diet of milk, honey, nuts, fruit, eggs, fish, counteracts this.

SCORPIO

If you were born between October 23 and November 21, you are a Sun Scorpion. If your were born any day of the year during that two hour period of the day when the Zodiacal sign Scorpio is rising over the horizon, you are said to be Scorpio on the Ascendant. If you were born when the Moon is passing through the sign Scorpio (this occurs for a period of approximately 2½ days each lunar month), you will display much of the Scorpio personality whatever your Sun sign may be. So Scorpios can be, and are, born every day of the year.

Can you recognise one in your family?

THE SCORPIO PERSONALITY is reserved, masking hidden depths of emotion. When annoyed, their temper can be violent. To those a Scorpion likes, respects or loves, he will show courtesy, kindness and adoration; to those he dislikes, a Scorpio can be rude, sarcastic, cutting and cruel. The Scorpio can be inspirational, and like the scorpion they can be treacherous. They have two extremes of personality, the highest and the lowest responses of human nature. They are capable of great self-sacrifice and of terrible jealousy. Although complex and hard to understand, they are always magnetic.

SCORPIO APPEARANCE when this sign is on the Ascendant seems to take two forms — one truly Scorpio with a strong body, a dark appearance, hooked nose, swarthy complexion and dark, glittery eyes. The other inclines to fairness, regular features, a smooth pale complexion, looking angelic in childhood. Sometimes the blue eyes have a "penetrating" look, and appear to be under a shelf of the brow.

THE SCORPIO WIFE AND MOTHER is deeply devoted, possessive, easily jealous and domineering. You can eat cake all the time if you eat it out of her hand, which with differing personalities in a family makes for clashes in family life. She can be extremely self-sacrificing for those she loves, and is capable of removing colossal obstacles to their progress or fulfilment. She will never be easy to live with. She is a person reaching the highs and lows of emotion, creating feuds, having terrific drive and ambition. She is sensitive and broods over slights, but excels at dragging the dying back to life, making the lazy work, soothing the grief-stricken, getting out there to fight for her family. She is proud — she would sit up all night making a child's garment rather than let the neighbors know she was hard-up.

THE SCORPIO HUSBAND AND FATHER rules his roost. He is something of a disciplinarian. He can be unforgiving, but loves intensely — to misquote, "Hell knows no fury like a Scorpio thwarted" — so try to understand him, because none can be more giving, loving, patient, tender, kind and caring than those of this sign when appreciated. He will work his mind and body to extremes for a loving family. He can be interesting, ingenious and versatile in making things, planning outings and holidays, to give opportunities and a good start to his offspring. He gets embittered if his efforts are wasted.

SCORPIO CHILDREN can be little angels or little devils. Give them all the love you can and they respond with their best. Jealousy is the thorn in their hearts — of a parent maybe, siblings, even pets if they get more attention. Don't be angry, but show your appreciation of what is good in them as there is much to appreciate. They can be loyal, devoted, busy little people, humming through life industriously, fascinated by so much. Give them challenges as they love to conquer something.

SCORPIO HEALTH should be robust. The will to live is tremendous, but also, like their namesake, the scorpion, they carry the death sting in their tail. This little insect will turn death on itself rather than be subjugated, so train your Scorpio early in good habits — you won't cure them of smoking or any other health injuring addiction once they have established it.

SAGITTARIUS

If you were born between November 22 and December 20, you are a Sun Sagittarian. If you were born any day of the year during a two hour period when Sagittarius is the sign of the Zodiac rising over the horizon, you are astrologically a Sagittarian Ascendant type. If you were born when the Moon was passing through the sign Sagittarius in its monthly lunar orbit, you will appear to have a Sagittarian personality. So Sagittarians can be, and are, born every day of the year.

Can you recognise a Sagittarian in your family?

THE SAGITTARIAN PERSONALITY is breezy, casual, friendly, talkative, restless, generous, gregarious, sporty, yet appearing knowledgeable, well-read, maybe much travelled, intellectual. Talking, walking and gambling could appear to be their greatest proclivities, and, as they get older, philosophising. They are humanitarian, tolerant, rarely jealous or prejudiced, but they can be tactless and too outspoken, believing they have the right to speak their mind. Sometimes they are flirtatious.

SAGITTARIAN APPEARANCE when this sign is on the Ascendant is sometimes described as "horsey" — that they are tall, slim, with long limbs and face, "equine" nose, big front teeth, large dewy eyes, chestnut brown hair. There is a shorter variety of Sagittarian, who are sturdy like mountain ponies, fairer in coloring, and who have short sturdy legs. A Sagittarian give-away is looking into the distance when talking to anyone, and the "fly away" unrestrictive clothing they choose to wear.

THE SAGITTARIAN WIFE AND MOTHER can be a happy-go-lucky, cheerful person. She is optimistic, casual and needs to get out and about. She becomes irritable if she is tied to her home too much. As a wife, she is tolerant of her husband and understands the need for personal freedom. She encourages her children to develop according to their abilities, she will try to further their ambitions, but is not too pushing. She is philosophic about failure and can give solace and comfort, and can inspire them to another start. She is happiest in a home that lets the outdoors in. She has pets, but, also wants to be "over the hills and faraway" a lot of the time.

THE SAGITTARIAN HUSBAND AND FATHER is often referred to as a good sort, always ready for a game, a bit of a flirt, yet faithful, loyal, extravagant, generous and one for nights out with the boys. He sees the sense of a sound education for his children. At

Please turn to Page 102

Girl Talk

It's the talk of the town . . . for little . . . and *not* so little girls.
Style 42928. Casual top in two-tone stripe. Colours Saxe, Canary, Lime and Blossom. Sizes 8-14, price $4.99*
Style 92697. Skirt with elasticized waist, stud trim and contrast stitching. In Blue, Scrub, Mauve, Lime, Canary and Blossom. Sizes 3-14, from $3.99*
Style 12959. Halter neck top with elasticized midriff. In Blossom, Mauve, Canary, Lime or Red. Sizes 2-14, from $1.75*
Style 92068. Tailored hipster-style shorts with stud fly opening. In Blue, Scrub, Mauve, Lime, Canary and Blossom. Sizes 8-14, price $5.99*
Style 929HD. Jacket shirt with reverse collar style and stud front opening. In Blue, Scrub, Mauve, Lime, Canary and Blossom. Sizes 3-14, from $5.99*
Style 92067. Tailored hipster-style jeans with pockets and flared legs. In Blue, Scrub, Mauve, Lime, Canary and Blossom. Sizes 2-14, from $7.99*

*Suggested retail price.

BOND'S

Girl Talk

014.P.539A

A MILLION DOLLAR BABY

Sunbathing takes on new meaning in homes with solar heating

On the house

Compiled by
CAROLINE ROSS

THE problem of putting the sun to use has tantalised man from the beginning of his earliest thought.

Modern science has come back to it with the resources of today's technology.

Because it is the exhaustion of earth's mineral supplies for technology and by technology that makes us turn once again to the energy that only nature's processes have so far used for us.

Australia, we can be proud to know, is a world leader in the field of utilising the sun for water heating.

Our Commonwealth Scientific and Industrial Research Organisation has had water-heating appartus fuelled by the sun for 20 years.

I had the curiously satisfying experience of drinking a cup of tea from a water tank in the CSIRO cafeteria at Highett, V., that is solar-heated (with a final boost to boiling point by an auxiliary heater).

Drinking my tea at Highett with Mr. E. Davey, who represented us at an international conference in Paris on solar energy in which 800 people participated, I felt sure in 10 years' time, as he predicts, we will be accepting solar heating as an everyday thing.

"It is already a million dollar industry in Australia," he said.

In Darwin the Commonwealth Works Department is putting solar water heating systems into the houses it builds as a matter of course. Darwin already has hundreds of domestic and institutional systems working well.

Not only has Darwin sufficient continuous hours of sunshine during the year, but the costs of alternative systems are comparatively high.

"Solar radiation, if concentrated," he said, "can attain extremely high temperatures. Solar furnaces which will melt any known metal are in use in various research establishments throughout the world. Solar cells which convert radiation into electrical energy are used, among other things, to provide power in satellites and for transistor radios.

"For the heating of water it is not economical to concentrate the radiation because the mechanism required to follow the sun throughout the year is both costly and complex.

"Developmental work on solar water-heating has therefore, in the main, been done on flat-plate absorption, utilising solar radiation in the low-grade heat sense.

"This country is particularly suitable for the use of this heating medium because of the solar radiation it receives.

"There is sufficient solar energy falling on the roof of an average home to supply more than 10 times its daily power needs, of which about half are for the heating of water."

"In addition, over a wide area, alternative fuels are both costly and hard to procure."

I saw the basic absorber units being made there in the workshop, comparatively simple in form, galvanised iron trays with a sheet inside which has an oxidised surface, copper-coated. Half-inch tubes are spaced across this at about four-inch intervals, running down from an inch-diameter header tube. These circulate the water, which thus absorbs the heat. There is heat pick-up on this sensitised surface even on cloudy days — it has been monitored as absorbing even in rain.

The sheet is gun-metal color, which absorbs less than black but also emits less heat. At back of the sheet is a couple of inches insulation of rock-wool. The water then flows into a storage tank.

The cost of installation varies considerably, depending on how many units are installed, and the aspect of the house and many other minor factors. It probably ranges between $250 and $500.

ABOVE: A solar heating system has been incorporated into the design of this home in Mt. Eliza, Victoria, while the house at right shows the more conventional method of roofing installations. Already, Australian makers are exporting components for solar water heating to Africa, Pacific islands, and there are moves to some of the Mediterranean countries.

He said it had long been accepted that water at 135 deg. F. was enough for most domestic and commercial needs (baths and showers are at 100 deg. F. to 110 deg. F.). As a general guide we use 10 gallons of hot water per person per day in the average Australian home.

At Highett the quiet cluster of buildings that houses some of Australia's best scientists is an ideal setting for the solar energy story — gum trees waving, landscaped gardens with native shrubs, birds calling.

All is far from city pollution. And the fight against pollution is one which places as high a value on solar energy as does the exhaustion of natural resources.

At Griffith, NSW, where major CSIRO solar energy experiments are taking place, solar distillation is also being studied. This is tremendously important for arid areas of the world which may have saline or bore water supplies.

Solar energy has meaning for experimenters all over the world, from the Greek islands to Chile to North Africa and to India.

Scientists at the CSIRO are also working on problems of space heating. Some space heating has been done to supply a timber drying kiln, and one of our scientists has provided copra-drying equipment plans for a Pacific island.

In central NSW there is one housewife who has solar distillation of water at her disposal. Good farming land went along with a domestic water supply, so hard that hair-washing and clothes washing were too difficult — she put her foot down, and that was 10 years ago.

Never under-estimate the power of a woman. Or of the sun that shines above us.

A SHEER DELIGHT

HYDRANGEAS' COOL MUTED TONES ADD A REFRESHING TOUCH TO MANY SUMMER GARDENS

MANY country gardens have a generous amount of space available to grow massed shrubs.

Where this factor is coupled with plenty of reticulated water, such gardens should now be adorned with the delightful muted tones of hydrangeas.

For sheer abundance of blooms, these plants give good value in summer and autumn.

I have emphasised watering because on warm days tender shoots and flower stems readily wilt. It is therefore advisable to spray foliage and flowers thoroughly in the late afternoon during hot weather. This enables quick recovery of plants overnight.

Mulching with straw, old manure or compost also benefits plants by keeping fibrous roots moist.

Usually, a southerly or an easterly aspect will give enough shade, but, if necessary, extra shelter can be provided by hessian, or better still, a more permanent plastic shade cloth structure.

In warm inland areas, a shade house is very useful for sheltering azaleas, camellias, alpines and even rhododendrons.

An interesting point about hydrangea flowers is that all but a few individual blooms are sterile and for this reason they are extremely long lasting. Generally, fertilisation causes rapid fading of flowers.

As they are deciduous it is a good idea to mingle hydrangeas with evergreen shrubs. The species most commonly grown is H. macrophylla (formerly horrensis) and many hundreds of named varieties have been bred from the original parent types.

Colors chiefly range from shades of red and pink to blues, purple and mauves — with some good whites.

Many readers are puzzled why named varieties bought in bloom often change color after a season in the garden. It is now known that soil acidity influences coloring of many hydrangea varieties.

Around Melbourne, especially in sandy areas, it is necessary to add a bluing solution, composed mainly of aluminium sulphate, to the soil around hydrangeas to maintain their blue coloring.

It is more difficult to influence the color of blue varieties in acid soil toward pink or red shades. Addition of lime in sufficient quantities to affect the flowers may kill the plant.

BELOW: These varieties of hydrangeas boast healthy blooms in hues ranging from pink to blue.

Through your garden gate

WITH BARRY MOIGNARD

Pruning of hydrangeas is not as straightforward as sometimes supposed because, if you are not careful, you can easily cut the best flower buds.

These are arranged in pairs on either side of the stems. The newer wood produces better flowers. When pruning, cut back hard to the bottom pair of flower buds.

The result is sturdy stems and vigorous spring growth.

Liquid manure applied when flower heads are forming will greatly benefit their size.

Though I prefer to prune in June or July, many gardeners like to cut out dead wood and straggly growth in February. However, this will often shorten the flowering season.

Varieties of hydrangea macrophylla which are desirable include:

Altona — rosy pink.
Ami pasquier — carmine.
Blue prince — light cornflower blue.
Daphne — rich pink.
Goliath — purple-blue.
Tosca — double pink.

There are two other species of hydrangea which, although not common, are still suitable garden plants.

- Hydrangea paniculata "grandiflora" is hardy even in frost regions. White flowers are produced in con panicles often 12 in. long.
- Another hydrangea from North America is in demand because of its autumn foliage. H. quercifolia grows to six feet and as its oak shaped leaves die they color bright orange scarlet.

I suggest that you contact specialised nurserymen for a full list of varieties.

Tip of the week

FOR THIN SOWING

USE a funnel to sow seeds thinly. First mix the seed with a very much larger quantity of dry silver sand and then place in a kitchen or glass funnel, holding your index finger over the funnel.

From Ideas For The Garden, by Ray Procter.

Help!

Summer's coming and so are fleas, ticks, doggy odours and skin problems. It's hard to look after a fur coat without some help, so it is time to get busy with the Shampooch and Shampuss. They help your furry friends look and feel beautiful! There's Shampooch Dog Soap, Shampoo and Powder and Shampuss Powder that shine coats and keep pests away. Take home the beauty treatment your pets need. It's the kind and loving thing to do, and now!

From Crago Pet Foods/I.G.Y. Veterinary Products — A division of Marrickville Holdings Ltd.

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"Natural goodness... it fits in with our ideas of diet and nutrition."

Peter and Wendy Lukies, Beaumaris, Vic.

"Some people say the roles of men and women are pretty cut and dried. Men are supposed to be the bread-winners and women are supposed to look after the kids. That's not us. Bringing up kids is a job for both parents. Sophie's got pretty advanced tastes since we started her on Heinz, and there are so many different varieties.

"We used to be suspicious of prepared foods. Peak Nutrition meant nothing to us until the Heinz people told us they cook baby foods without any preservatives. And they steam cook it in an instant and keep out oxygen so vitamin loss is kept to a minimum. That seems a good way to keep in the natural goodness of food. It fits in with our ideas of diet and nutrition."

Heinz have a complete range of Baby Foods that will develop her tastes naturally as she grows.

There are Fruits, Gels, Broths and Custards all in the new glass jars. Cereals too.

When she's ready for new tastes, she'll enjoy the Strained varieties such as lamb, chicken, liver and brains. For bigger appetites try her on the bigger-size more-variety Junior range, with its chunky protein-rich meat dinners and fruit desserts.

And Heinz Pre-Schooler's Food is for when she's ready to enjoy her own grown-up meals.

Heinz

AT LAST: AN AIR-FRESHENER THAT WORKS RIGHT 'ROUND THE CLOCK, RIGHT 'ROUND THE HOUSE.

Keeping air fresh in your home, night and day, isn't easy.

To make matters worse, most household odours can happen anytime, anywhere. They can come on strong when you're off somewhere. Or creep through your house while you sleep.

Trouble is, most household air-fresheners can't do a thing about it. Because they need you to work them.

So rather than you working for your air-freshener, we're introducing one that works for you: Floral Air Gel.

'Set and forget' for continuous fresh air.

Just raise Floral Air's cover and it's set in action. Then forget it.

Immediately, automatically, you get clean, fresh air. 24 hours a day, for around 30 days non-stop.

The secret's in the green gel.

The heart of Floral Air is an ingenious green gel made from fragrant, natural ingredients.

When the cover's raised, air slowly evaporates the gel at a controlled rate. (The higher it's raised, the more effective.)

Other air-fresheners just 'bury' odours under a sweet, overpowering perfume.

Floral Air, however, actually prevents smells getting nasty. And leaves air fresh and clean with a light, pleasant fragrance.

Fresh air. 2 cents a day.

Floral Air Gel lasts for about 30 days non-stop.

Which works out to less than 2 cents a day.

Safe around children. And noses.

Floral Air Gel contains no harmful ingredients. It's natural. Non-toxic. Absolutely safe.

So it won't upset your children, your baby or your nose, no matter how sensitive.

Give it the run of the house.

Some air-fresheners spend their life in the toilet. Or kitchen. And quite frankly, that's where they belong.

But Floral Air is well-designed, attractive, and comes in four decorator base-colours.

It looks and works well in any room where a fresh air problem may arise. Which can be any room. Living-room, bathroom, toilet, bedroom, kitchen, nursery, family room.

Fresh air now available.

Floral Air Gel air-freshener. Conveniently works right 'round the clock, right 'round the house.

Try it soon.

Fresh air may have become hard to find in our cities.

But it's just become easy to get in your home.

PARRY'S FLORAL AIR GEL.
LESS THAN 2 CENTS A DAY.

SUCH IS MY LOVE

Continued from Page 37

"I'm not your child. I'm 24, and grown up. If you loved me you would sympathise that I love someone who is ill. You wouldn't try to match-make."

But her mother now cried, and she became shapeless with grief.

SHE said, her heavy shoulders heaving, "As your mother I have a responsibility to you . . . you have no father. It all falls on me.

"If you have a child, that is giving birth to a life. That life should be free, within the bounds of proper behavior. Just because you are my mother you have no rights to dictate. You can guide, but you've no right to dictate. I am me, brought into the world by you. But I am me. And I'll love who I want. And I love Tony. I always will."

Mrs. Cossey dried her eyes and said, making one of her lightning recoveries, "I never thought to hear any child of mine speak to me like that."

Mary said flatly, "I'll telephone Robert now. But I'm not going to dinner with him. I'm going to see Tony as I always do at five o'clock tomorrow afternoon."

Robert called for Mary the next morning at 11.30. His sports car gleamed with polished assurance in the sunshine. He was solid, well muscled, face tanned and he seemed fresh as chopped pine wood.

"Hullo Mary, my dear, it's so good to see you."

Why, wondered Mary, is the heart such a traitor? On this bright blue morning, and Robert's firm hand holding hers in conventional greeting, she felt warm towards him. He was good, he was polite, he was not stuffy — just perhaps, in the odd order of things, lucky.

He said easily, "I thought we'd picnic in the woods — you know that copse down the river. I bought a cooked chicken from the delicatessen, some potted shrimps, and I didn't forget the mayonnaise either, and I've got a bottle of Pouilly Fuisse in a plastic bag stuffed with ice. Now isn't that organisation for you?"

For a second the strangely disloyal thought flashed through her mind that if you had money, "organisation" was a very simple matter. In all the two years she had with Tony he had never had enough money to buy such a meal and yet when she was with him the wind was a symphony, street lamps became fairy lights, and corned beef sandwiches were caviar.

"Oh wonderful," she said lightly, "it's lovely to be out."

"It's lovely of you to come," answered Robert seriously.

They picnicked by the river which flowed past lazy and oily. Dragon flies, gaudy as fair ground swing boats, dipped and zoomed through the hour-glass air.

Robert turned to Mary and said, "I have something I want to ask you."

Mary was relaxed. Now was a small moment of peace, contentment away from her mother, and Tony and the sorrow and love she felt for him, and the world . . . But even now, in the lap of the drowsy afternoon, she could not forget.

Robert said, taking her hand, "Mary, I want to marry you."

His request came as no surprise — yet the remark fell on the air as unwanted as a bill through the letter box.

"Oh Robert . . ."

Robert said quietly, "Look Mary darling, I'm not a fool. I know about Tony. And how you feel for him. But is there any future for you? I can take care of you. Give you things. I love you, I really do. I want to share my life."

Mary could not answer. She just stared at the river and the willow trees that didn't care.

Robert said impatiently, "For heaven's sake darling! I love you. Do I have to sell myself like a door-to-door salesman?"

Robert spun his cigarette into the river. He said calmly and with deep convictions, "I love you. I always will. It's one of those things. I don't have pretty words that I can use — probably Tony could talk much better than me. But that doesn't mean that I don't feel as deeply as he does. I can give you a good life. I'll be faithful to you. Please don't turn me down outright. Think about it. Please darling."

Here now, with the sun beginning to dip his golden head behind the trees, and the utter stillness of the ending summer afternoon, Mary knew with frightening certainty which way her life had to go. You cannot sleep alone and not dream unless you are true to yourself.

She said gently, "I will think about it, of course I will. But I love Tony, it's part of me. Do you understand?"

Robert said, and his body seemed to have lost weight, "Darling, I understand. But I just wish you'd be sensible. May I say this? I wish you'd be a little more worldly?"

It was like her mother talking. Everyone asked her to be sensible, to deny her heart, to be right with the world. But the world is you, and if your heart beats truly, and without emnity, then you can live with your heart.

Mary said gently, "Dear Robert, I'm sorry, but I can only be me."

He said, and his voice was flat, "I know. I think that's one of the reasons why I love you."

Together they packed up the bits and pieces of the picnic.

Putting the basket into the boot Robert said sadly. "I suppose you want me to drop you off at the hospital?"

"Please."

"I'm not giving up, you know. I'll never give up loving you, or wanting you."

They drove back in silence under the slanting sun. Robert drew up outside the hospital.

"Would you have dinner with me, after you've seen Tony?"

"Robert, do you mind if I don't? You've given me a lovely day. I'd just like to be on my own after seeing Tony. You must think I'm the most difficult girl in the world."

"You're the woman I love," Robert said, "and I could never hurt you. Please remember that."

"Of course I'll remember. I'm only sorry about everything."

Robert smiled. "Mary darling, in my work I deal with human problems every day. A solicitor is like a confessor. We see all sides of people. I do understand. I just love you. And on that my case rests."

He drove off. His sports car, coughing a blue bubble of exhaust fumes, swept away down the road.

Mary was 10 minutes early. She felt drained, limp, yet strangely strong with the decision she had made. It was 10 to five.

And when she went into the hospital would Tony stick to his words? Refuse to see her? Mary knew, and understood, the fierce but childish integrity of Tony. He would cut off his right hand for a principle and cry all night with the pain of it. So she sat and waited for five o'clock.

She was determined. She was certain. This was the man she loved. When you met love you were lucky. It was a golden gift from the Gods.

The clock tower, implacable and mellow, chimed five times.

Mary walked into the hospital. She loved Tony, ill or well. It didn't matter. He was her sun in the morning, her moon at night, her spikey cup of coffee, the long lean figure she would always want to cradle in her arms.

The matron greeted her at the entrance to his ward.

Mary's heart contracted. He won't see me, she thought.

But the matron smiled. The matron was all bustling efficiency, but there was tenderness behind the starch of her uniform, "He's better today" she said, "but we mustn't hope too much. He's so looking forward to seeing you."

MARY walked quickly down the ward.

Tony, face white as a laundered sheet, eyes dark as buttons, looked up at her grinned, "Hullo darling."

"Hullo darling . . ."

Mary's heart turned over.

"It's lovely to see you," she said.

She held his thin hand in hers. And she thought, and knew that it was so, love when you find it is beautiful. And it doesn't matter how or in what circumstances. Just consider yourself so, so lucky, to know love, and to have the opportunity to love with all of your heart.

Illustration by Libra. Story by Humphrey Knight. World copyright: Camera Press (Text and illustration) London.

 Continued from Page 93

home, he can relax, talk a lot, as he is a racy story-teller, but he needs little encouragement to provide a second home-cottage in the country or by the sea, a caravan, camping equipment in a trailer, or a boat — in fact he's a great play-boy, but fun to have.

SAGITTARIAN CHILDREN are usually easy to rear, being extrovert, cheerful, out-to-play types, mixing well with others and rarely feuding for long. If you give them a good liberal education, they are mentally as well as physically motivated; most can make it into the professions, given the opportunity. You will have to accept loving them and their leaving you. Most aspire to travelling far, but are inveterate "droppers in" so keep an open door. Provide action toys, adventure books and classics for them when they are young. They are chatterboxes.

SAGITTARIAN HEALTH is basically good, except for feverish complaints arising out of carelessness, such as failure to put on a jumper after strenuous exercise, tramping about in inclement weather, residence abroad, and they will often break a limb through recklessness.

CAPRICORN

If you were born between December 21 and January 19, you are a Sun Capricornian. If you were born any day of the year at the time of day that Capricorn is the area of the Zodiac rising over the horizon, you are said to have a Capricorn Ascendant, as important in the horoscope as the Sun sign. If you were born when the Moon is passing through the sign Capricorn (this happens once each lunar month, lasting about 2½ days) and you will display a Capricorn personality. So, Capricornians, can be, and are, born every day of the year.

Can you spot one in your family circle?

THE CAPRICORN PERSONALITY improves with age. When young, they may seem "giddy goats" or inhibited, ambitious or just plain snobbish, but with maturity they develop, like wine, wisdom and nice dry witty humor. Some seem cold, aloof and calculating on first acquaintance. Slow to form friendships, a Capricornian rarely loses one when established. In marriage too, divorce is rare. Long term association with them teaches one that even if they have a shrewd, canny personality, they can be responsible, loyal and duty conscious.

CAPRICORN APPEARANCE given by this sign on the Ascendant is usually small boned, slim, slightly built, with fine, nondescript hair. This type often have fine bone structure which makes them good looking to the end of their days. Skin, hair and teeth do need special care.

THE CAPRICORN WIFE AND MOTHER does her duty, and is very conscious of it. She provides good plain food, clean beds, sensible clothes and a practical education. She saves for the future. If a mortgage has to be raised, she will work to help; if the "other children" have bicycles, she will see hers get them, the same with "extra-curricula activities". Outwardly, she professes to "mind her business", but likes to hear the occasional bit of gossip. But what goes on in her own household is strictly her affair; she believes in private lives, she is reliable and responsible, and often has talent or good appreciation for music. She often takes up some form of collecting, local government affairs, and she has ability to make good property investments.

THE CAPRICORN HUSBAND AND FATHER will try to provide security for his family and that often makes him give more of himself to job than homelife. He may become routine ruled, always taking his holidays at the same time of the year, and at the same place every year. He will be property conscious. He will want his money spent on durable commodities and frown on frivolities. Often the Spartan life is the healthiest, building moral fibre, so don't call him mean. He will make sacrifices to provide a practical start for his children's careers — he will pay for training, but cast doubts on insecure professions such as acting or writing. It is best to go along with his sound ideas, and have two support stakes.

CAPRICORN CHILDREN may be slow developers but they learn surely. They feel secure with older children and adults. They relate best to toys that are functional and which are like the real thing. Climbing frames encourage them to be adventurous if they show physical timidity. Inclined to be serious and solitary, they should be introduced to musical appreciation and formal social life such as local dancing classes, having children to tea, handing round the sandwiches at adult parties to help them to find poise. A practical, orthodox education with disciplined guidelines suits them best.

CAPRICORN HEALTH needs cosseting in infancy. Hair, teeth and bones should always be given especial care. There is a tendency to feel the cold, so warm clothing and central heating isn't a luxury to them, filling food makes them feel secure. Those of this sign do have the longest life expectancy of Zodiacal groups; in fact, their health improves with age.

AQUARIUS

If you were born between January 20 and February 18, you are a Sun Aquarian. If you were born any day of the year at the time of day that Aquarius is the sign rising over the horizon, you are an Aquarian Ascendant type, a point which is as important as the Sun Sign in the horoscope. If you were born when the Moon was passing through the sign Aquarius (this happens for about 2½ days each lunar month) you will display an Aquarian personality. So, Aquarians, can be, and are, born every day of the year.

Can you spot Aquarians in your family?

THE AQUARIAN PERSONALITY often shows itself as the reverse of what you might expect from the appearance. Sometimes there is a conservative, no nonsense but progressive, up-to-date attitude to life, sometimes the person "has to be different" and once their trend is taken up by others, they are off on to something else. Usually they are cool in affections yet extremely

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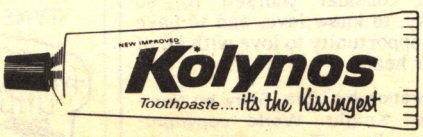
Most modern toothpastes promise whiter teeth. Kolynos is one. But Kolynos promises whiter teeth—without abrading. What's so important about that? Harsh brushing with a hard toothbrush, aggravated by some of today's abrasive toothpastes, can permanently damage tooth enamel. And enamel happens to be our only natural protection against decay. Gentler brushing is up to us. A less abrasive toothpaste is up to the manufacturer. So Kolynos is made to take off food-film without taking off tooth enamel. It's one of the least-abrasive toothpastes you can buy today.



Kind to tooth enamel, tough on decay.

HP97X62

friendly with a great number of people. Most Aquarians think in terms of "the group" rather than individuals, and for this reason associate themselves with many causes, humanitarian projects, sociological lines of thought, and are probably most active in Kibbutz and Commune establishing, demonstrating, creating advisory services, playgroups, music festivals, concerts, talks, lectures, archaeological digs, conservation programs.

AQUARIAN APPEARANCE given when the sign is on the Ascendant in the horoscope may be strong with a sturdy physique, fairish hair, ruddy complexion, and blue/grey eyes, or extremely slender, with a good bone structure, very often beautiful features. They may be trend-setters in hair styles. Most have good ankles, which are neat and finely modelled.

THE AQUARIAN WIFE AND MOTHER rarely adopts these roles in a specific way — her marital relationship is friendly and she treats her children as equals; she assumes right to her personal freedom; she's different and fascinating, and if not career orientated, she enjoys coffee mornings, cultural classes, community projects, making her own clothes, developing a craft hobby, doing market research, television commercials and writing. Her children quickly learn to be independent and self confident, but are not neglected; she believes she has got her values right, and a wise husband sees he too can have all these things if he is tolerant.

THE AQUARIAN HUSBAND AND FATHER may seem to belong to the world rather than the family. He has an intellectual approach to life. He interests himself in theories, social schemes, projects, politics and progressive groups. If he does get round to the parent/teacher meetings, it will be on educational issues — not what is the chance of a grammar school place for his child. Marriage settles down to a "friendship," which can be healthy if you accept him as a mentally motivated person with wide interests and join in, or go your own way, which he won't mind, without emotional scenes.

AQUARIAN CHILDREN show early cleverness. They seem particularly adept in this press-button, televiewing age, take to programmed learning, early playgroups, holidaying camps, toys that are mechanical, and innovations appeal to them. For a mother who wants a cosy relationship, this child may seem bewildering, so he often spends more time in the company of friends and at their homes than in the family circle, however good and intelligent it may be. The potential is intellectual and motivated towards "groups" of people rather than individuals.

AQUARIAN HEALTH depends on a good circulation and mental equilibrium. Personal freedom is important for this. On principle, many Aquarians may adopt vegetarianism.

PISCES

If you were born between February 19 and March 20, you are a Sun Piscean. If you were born any day of the year at the time of day that Pisces is the sign rising over the horizon, you are a Piscean Ascendant type, a point which is as important as the Sun sign in the horoscope. If you were born when the Moon was passing through the sign Pisces (this happens for 2½ days during each lunar month) you will display a Piscean personality. So, Pisceans, can be, and are, born every day of the year.

Can you recognise the Pisceans in your family?

THE PISCEAN PERSONALITY can be shy, quiet, reserved, emotional and sensitive, yet Pisceans are gregarious, fun-loving people who like human company, warmth, cosiness and who are tolerant of people's feelings. Most have religious tendencies. They are fascinated by mystery, illusion, make-believe, glamor, poetry, drama, the sea, beautiful places, silence and solitude, yet they hum quite responsively to crowded streets, fairgrounds, seaside outings and eating fish and chips out of paper bags. There is compassion in their souls for the lost, fallen and unfortunate, whether animal and human; They are taken advantage of many times, but rarely lose their faith in humanity.

PISCEAN APPEARANCE derived from having this sign on the Ascendant is a soft-fleshed willowy body in youth, inclining to plumpness in later life. The hair is usually dark, often naturally wavy, and their eyes are deep blue, grey, violet, although some of this sign have nondescript hair with cold grey eyes that have a fishlike stare. Their feet are either exceptionally dainty and worth pampering, or weak, inclining to fallen arches and splayed out walking.

THE PISCEAN WIFE AND MOTHER may be too, tolerant but her children feel emotionally secure with her, and often, if she is really slack, they respond by taking care of her. Husbands may appreciate her forgiveness of faults or take advantage of her generous pliant nature, which could be a pity, because if she is happy, she can make a joyous pleasant home that is a sanctuary and refreshment to all. Most Pisces love parties, family outings, having relatives to stay and making visits. They always find money for the pictures and dancing classes. They love to exchange holidays and have evenings out to recapture romance.

THE PISCEAN HUSBAND AND FATHER can be loving, tender, romantic, idealising family life, and sometimes going out to chance the family fortune on a gamble. Given love, appreciation and emotional peace, he will relax into the pipe and slipper dream. Nagging sends him out, often for a drink. He is always likely to have an eye for a pretty girl but a charmer at home keeps him from straying. He lets many opportunities slip through his fingers through lack of personal drive, and so he needs a wife who will learn how to handle him, diplomatically, gently and perhaps with a touch of reverence, which will touch his heart strings.

PISCEAN CHILDREN are charming, fey, inclined to day-dream and be inactive. They should be encouraged to do things — have a pet they are responsible for, join Brownies, Cubs, dancing classes or pony clubs if possible. They are sensitive, easily hurt emotionally, and so they should not be pushed into too rigorous company. They incline to take on the mannerisms of associates, so friends should be discreetly vetted. Water play gives enjoyment; all make believe stories, plays, films and circuses fascinate, but they should not be subjected to anything horrifying.

PISCEAN HEALTH is mutable, often dependent on their emotions. There is a tendency to retain fluids and so produce soft cushiony flesh. Dampness in the environment should be avoided.

A gentle laxative during pregnancy

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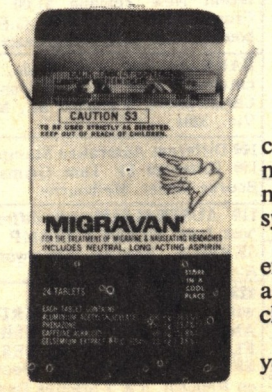

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HOW APPROACHING MOTHERHOOD AFFECTS YOU

Continued from Page 21

it is not serious although it may cause discomfort, numbness and tingling or difficulty in wearing shoes.

Swelling of the face or hands heralds certain complications and you should seek medical advice. Swelling of the hands is noticed first as tightness of the fingers, any rings worn aiding this perception.

Swelling is helped by rest; if the legs are most involved elevate them above the level of the rest of the body when lying down. Restricting fluid or salt is not helpful.

Sometimes the doctor prescribes diuretic tablets to remove fluid from the body; these act on the kidney and are not thought to be harmful to the foetus.

Travel

Contrary to popular belief, driving on rough roads does not harm the foetus or endanger pregnancy. Nevertheless, women may be frightened of travelling by car.

Driving has no extra hazard except when abdominal enlargement mechanically impedes driving movements or when symptoms like fainting, vomiting or weakness might suddenly impair driving skill.

On long journeys regular stops are important in order to exercise the legs and avoid any risk of thrombosis.

Seat belts should be used but preferably should not cover the pregnant abdomen as sudden forward movement at the time of an accident may compress the uterus between the belt and spinal column. A seat belt is available which fits across the shoulders but not the tummy.

Air travel is allowed until the last few weeks of pregnancy, when the risk of birth makes this unwise.

Urinary symptoms

You may pass urine more often, as more urine is made in pregnancy and the uterus presses on the bladder.

If you have pain or scalding on passing your urine always tell the doctor as these symptoms usually result from infection and should be treated with antibiotics.

Infection of the urinary tract is common. It is important to treat this in pregnancy and to check that the infection does not persist afterwards.

Uterus

The uterus achieves two major functions — it accommodates the foetus and placenta and then delivers them after nine months.

In order to cope with the rapid growth of the foetus the uterus increases its capacity several thousandfold, from the size of a grape to a large balloon. This change results from increased growth and pliability of uterine muscle, hormones and mechanical stretch being the stimulus to these changes.

Vagina

The vagina becomes larger and more elastic during pregnancy to allow passage of the foetus.

The pliability of the vagina is increased markedly in pregnancy and protects it from marked damage. Nevertheless some tearing of the vaginal skin is common at birth. Providing the edges of a cut or tear are stitched together, healing is always successful.

After childbirth the vagina is always larger, but slowly returns close to the non-pregnant size over a period of about six weeks.

If the vagina feels slack during intercourse then exercises are worthwhile. If the vagina is still lax then consult your doctor — providing the laxity does not upset your sexual life nothing need be done.

Varicose veins

In pregnancy they occur in the legs and perineum. If severe, special stockings should

be worn; these keep the veins empty and tend to prevent thrombosis. Thrombosis can be recognised by a lump, tenderness or redness over a vein.

Consult your doctor if thrombosis is suspected — remember thrombosis in varicose veins does not carry the same hazard as thrombosis deep in the leg. If you have cramps or tiredness in your legs, avoid prolonged standing in one place.

Exercise is good, as is rest with the legs elevated above the rest of your body.

When veins are very severe surgery can be carried out during pregnancy. However, it is best to leave surgery until after pregnancy and most women prefer to defer it until after completion of their family.

Vomiting

This is common during pregnancy, but will not harm the foetus. However, it makes not only you but also your doctor miserable, for medical treatment is not always effective.

Small frequent meals, taking fluids separately to solids or even stopping solids altogether are all worth trying.

When vomiting occurs in conjunction with other symptoms, such as pain, it may be caused by any of the diseases affecting non-pregnant women, so in this instance consult your doctor immediately.

Work

Many women fear that work will harm them or the foetus. This is not so. There is no evidence that work causes complications in pregnancy.

It is not true that physical straining causes complication. Therefore, you can work as you please. You may find that the symptoms of your pregnancy, such as tiredness or insomnia, make it difficult for you to work. In this case, give up work if you can afford to do so.

Sometimes the burden of caring for an existing family combined with outside work and a new pregnancy is too much. You may not be able to cope emotionally with work and pregnancy, particularly if you already have children.

Irritability and tiredness are common symptoms when you cannot cope emotionally and should be warning signals that you may be doing too much.

As a general guide, most women find it difficult to cope with work during the last one or two months of pregnancy.

Wind

Wind is more common during pregnancy because the sphincter closing the bowel weakens and gas in the bowel increases. Don't despair, the symptom disappears after pregnancy. Charcoal or anti-flatulent tablets may help.

X-rays

These do not harm the foetus when modern X-ray equipment is used, and a limited number of X-rays taken.

From the book ABZ OF PREGNANCY by Professor Carl Wood and Dimity Reed published by Thomas Nelson. Recommended Australian price $1.95.

DO YOU TAKE LIFE WITH A SMILE?

Continued from Page 44

take life with a smile. Nothing bothers you. Not only does every cloud have a silver lining, but it is doubtful if you even notice the cloud. You always see the bright side, are always cheerful, act on the impulse of the moment. We wouldn't want to change you. Well, not much. But we would add a word of caution: Watch out that you don't behave too impulsively just once too often.

44-72 — You do not take everything about life with a smile, but you are certainly an optimist rather than a pessimist. And essentially practical with it. You think before you speak. You do not do things—well, not many—on the impulse of the moment. In brief, you meet life on your own terms. By doing so, you are seldom disappointed, but seldom elated, either.

43 or under — You do not take life with a smile. You do not even take life as it comes. You worry about what is past — and about what lies ahead. Remember this: You can do nothing about what is past. So stop worrying about it. What lies ahead may never happen. So not much point in worrying about that either. If the worst does happen, ask yourself: Will it really matter this time next week ... this time next month ... shall I even remember it this time next year? Ninety-nine times out of 100 the answer is no — so stop worrying.

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PARENTS WHO WON'T GIVE UP

Continued from Page 31

the garage in an attempt to simulate weightlessness. Something went dreadfully wrong with the harness and his mother found him hanging from it.

"Our neighbor saved his life," Mrs. O'Connor said. "She gave him mouth-to-mouth resuscitation, but he was in hospital, unconscious, for two months."

He regained consciousness partially paralysed, and his brain was damaged. There are large gaps in his comprehension and memory, he lacks co-ordination, so that he stumbles when he walks. He has difficulty controlling the finer movements of his fingers and thumbs, and has a pronounced speech defect.

He has some advantages over other children in the group. If he is spoken to clearly and slowly, he can usually understand.

He has a quick and infectious sense of humor and responds with uninhibited glee to jokes he is told; he even produces a quick repartee of his own from time to time, though his speech defect means his mother often has to translate for him.

"Since he went on the program, Chris has really come out wonderfully," Mrs. O'Connor said. "The boys that come over to help with patterning get really interested, and when he has to do things like creeping through the house, they get down and creep with him.

"They are treating him like one of themselves."

The one big decision facing the O'Connors in the near future is whether to keep Chris on program, because the day centre he was previously attending has not been as generous or humane with them as the Frankston centre was with the Cathies. If Chris does not return to the centre by November, his place will not be held for him and he will have to go to the bottom of the waiting list.

So there they are — five "community project children" in five different suburbs of Melbourne, with hundreds of people working hour after hour, day after day, week after week, in the hope that one day they will be able to ask — "Knock, knock, who's there?" and hear the reply — "Why, it's me, Marcus . . ." — or Chris, or Janine, or Kirsten, or John.

Let's talk it over

YOUNG MOTHER'S MOST CHERISHED MOMENTS

I HAVE just finished reading Birth Of A Baby —A Father's Story, by Geoffrey Kenihan (NI, 18/8/73) and it brought back the feeling my husband and I experienced with the birth of our daughter on June 2. My husband was with me throughout the seven hours I was in labor and actually delivered our baby under the doctor's directions. It was a wonderful experience and I shall never forget the look on my husband's face as he brought our much-wanted daughter into the world.

M.L., Burren-dah, WA.

(*$5 for this par.*)

Fuming

WHEN walking through a smoke-filled lane in the city, I could not help but laugh when I overheard two elderly women comment: "My, the pollution is bad in the city these days." Investigating the matter further, I found the adjacent shopping block, including a clothing store, was engulfed in smoke.

Smoky, Brisbane, Q.

Eggs 'n flour?

I HAVE often wondered what I could use instead of custard powder if I ever ran out and needed some custard. My grandmother does not remember, but what did the women use to make a custard in the days before powder? Do any readers remember?

J.S., Seaford, V.

Effective

MY friends painted their front fence and erected this sign: "Wet Paint. Watch it or wear it". They said later that it had had the right effect.

Bambee, Mt. Gambier, SA.

Plastic smile

TEENA was delighted when she obtained a position as a receptionist. However a week later she announced she was giving up the job. "Surely your job is not hard on the leg muscles," I remarked. "No, but it is hard on the face muscles," she moaned. "Having to smile all day is no joke."

Smile Awhile, Camp Hill, Q.

Cordon Noir

FEELING exhausted after reading an exacting and lengthy recipe, I sighed for the instructions for macaroni au gratin in the old Presbyterian Cookery Book. "Throw some macaroni into boiling, salted water, add a good lump of butter, stir . . . and with left hand drop in grated cheese . . ." Others long for those days, too?

Mary M., Narrabeen, NSW.

A stitch in time

WHY don't they have night classes to teach knitting? They have them for dressmaking, but what about the hundreds of women like me who are dying to try knitting the lovely garments shown in NI?

K.K., Bayswater, WA.

Impossible dream

I CAME across my neighbor carefully checking some display washing machines. "Why so fussy?" I asked. "One make is as good as another." "It is not that," she answered. "I am looking for one that a child cannot use."

Dorothy, East Malvern, V.

Censored

HOW can famous people have so little self-respect when they give the intimate details of their lives? This must involve other people, who may not care for the publicity. I, for one, certainly would not because the details of my family life are sacred to me.

No Thanks, Blair Athol, SA.

Dial 999

MY daughter, who is living alone with her two young children, has been receiving mystery phone calls. The phone rings, she answers it and hears heavy breathing before the phone is hung up. I wonder could readers please suggest anything she could do, as it is frightening for this to happen at any time, let alone in the small hours of the morning.

Scarie, Alstonville, NSW.

What to do?

I HAVE been brought up to welcome and give a hearty smile to people, old and young, I know on the street. However, today one barely sees the majority of young people even greeting their own contemporaries. I am only in my early 20s and am wondering, am I the fool or are all these other people bad mannered? Can someone tell me?

Who's Right, Monto, Q.

Word pinchers

DO any other readers ever have the difficulty of keeping their own words? For instance if I picked up the habit of using a word like "nifty" or "cutie", it is not long before my friends take them and use them often.

Don't Mind, Dickson, ACT.

Path rules

HAS anyone else noticed the lack of order and courtesy on city footpaths these days? If road rules are necessary, then why not a few simple rules for pedestrians? I suggest two could be "Keep to the Left" and "Please be Courteous". I recently saw an old lady knocked over by a woman barging along the centre of the path. In my opinion a campaign is long overdue.

Appalled Pedestrian, South Yarra, V.

Made clear

COUNTRY people waste no words, it seems. On a recent visit to friends in the country, we saw a sign on a gate. It stated dramatically and succinctly "Keep out. Survivors will be prosecuted."

Doo-Dah, Whalan, NSW.

In disguise

I THINK some new Australian friends of mine have something. One of the women, a native of France, married to a Dane, said, "When Karl and I have an argument, I yell at him in French and he yells at me in Danish. That way we do not hurt each other's feelings." I sometimes wish I could speak another language.

Linguist, St. John Wood, Q.

Looking ahead

MY wife, who is pregnant, asked me for a sum of money. When I asked her what on earth she wanted the amount for, she asked me to debit it — against her expansion program.

High Finance, Hendra, Q.

Sure is

I WAS taking friend for a trip and told her I thought it a bit far as our time was short. "Yes," she agreed, "it is a long way to go if we are not coming."

Confused, Grange, SA.

Pre-ordained?

IN answer to Coincidence (NI 25/8/73), I, too, had similar experiences. With my first child I wore pink dresses and had a girl and with my second I wore blue dresses and had a boy.

P.G.S., Warranwood, V.

Who's who?

SEVERAL years ago I gave my friend a set of towels marked "Boss" and "Slave". I considered them novel, but now regret I did not purchase a "His" and "Hers" set instead. There appears to be some confusion in her family, because she recently informed me that the "Boss" towel is worn out while the "Slave" towel is in virtually new condition.

Boss 'N' Slave, Wollongong, NSW.

A bit wet

I RETURNED a coat to a department store and complained that it let in the rain. Said the bright young salesgirl: "Oh, it is not supposed to be waterproof, it is only marked 'showerproof'." Maybe showers are not as wet as I thought — however, I did get satisfaction from the manager.

Bambi, Mt. Gambier, SA.

No comment

WHEN asked her opinion on the subject of de facto relationships and children being reared in such a situation, my friend replied: "My dear, if one has never been on the jury, how can one hope to be a judge?" Worth a thought, I think.

M.S., Innisfail, Q.

Better than DDT

IT is always a delight to enter the old-fashioned kitchen of a friend, who has a wood stove on which all meals are cooked. Simmering always on the side is a small saucepan containing half a teaspoon each of cinnamon, nutmeg and ground ginger, in a small amount of water. The wonderful aroma of this pervades the house and often has visitors guessing just what is being cooked. This is also a deterrent for flies.

Perfumed, Cronulla, NSW.

Timely arrival

IF you have sick friends or relatives, go visit them on cold, wet or miserable days. They cannot go out, neither can the one taking care of them, and a visitor is a wonderful break to a monotonous day. Having a permanent invalid in the house, I am generally prepared for visitors and extra meals, but certainly appreciate the thoughtfulness of a friend who pops a cake or biscuit into the tins — that is a help.

Relatives, Take A Tip, Echuca, V.

Foul food

JACINTA (NI 11/8/73), I have a culinary downfall, too, which I have never been able to improve. No matter how I try, even with step by step instructions, I cannot make pastry good enough to eat. My husband and I always end up eating the filling and feeding the pastry to the fowls, poor chooks.

Buzz, Albany, WA.

On the go

I HAVE lived in 10 different houses in eight years of marriage. With our last move, a week ago, I was given only three days' notice, but it was only a short move of 130 miles. My husband is in the army, but I think I would be bored any other way. Does anyone agree with me?

Army Wife, Singleton, NSW.

Thoughtful son

AM I a lucky mother? When my son left home some years ago to work in a distant city, my last request to him was that he write every weekend and I would do the same. Now he is married and the years have slipped by, but I still receive his letter every week. Friends say I am lucky.

Am I?, Mackay, Q.

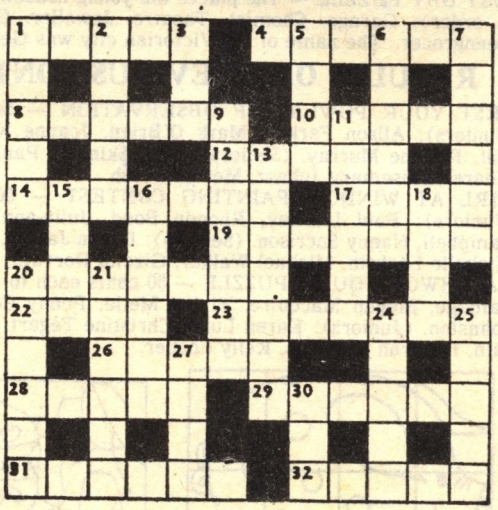
Good practice

I FULLY support the trend of some hospitals to allow a new-born baby to remain in the ward full-time with its mother a few days after birth. I recently gave birth to my first baby in such a hospital and, although at the time I would have preferred to rest up, I am sure that it was this initial practice of baby care which helped me to cope without tension during those first critical weeks.

New Mum, Alawa, NT.

WE pay $1 for every letter published and $5 for the best each week. All letters must be original. Write to the Editor, New Idea, Box 1292K, GPO, Melbourne, Victoria, 3001, giving name, address and State with each entry. Paragraphs cannot be returned, nor do we publish verse.

NEW IDEA CROSSWORD No. 1120



ACROSS:

1. Elevated.
4. Purloins.
8. Bays.
10. Mistake.
12. Dad's (poss.).
14. Cast off.
17. Unless (Lat.).
19. Teach.
20. Astral.
22. Tramp (USA).
23. Benumbs.
26. Alloy.
28. Brittle.
29. Well.
31. Drooped.
32. Robust.

DOWN:

1. Landed proprietor (Scot.).
2. Pleats.
3. Besides.
5. Cry.
6. Iran.
7. Sally.
9. Extends.
11. Sour.
13. Speech.
15. Preposition.
16. Hues.
18. Stupefy.
20. Huts.
21. Declining.
24. Gives forth.
25. Soaked.
27. Church recess.
30. Friend.

SOLUTION NEXT WEEK

SOLUTION TO CROSSWORD No. 1119

Across: 1. Inlet, 4. Appear, 8. Intent, 10. Truss, 12. Erased, 14. Greater, 17. Cede, 19. Accedes, 20. Stealth, 22. USSR, 23. Eastern, 27. Pundit, 29. Grime, 30. Crease, 31. Delete, 32. Witty.
Down: 1. Icing, 2. Lithe, 3. Tenet, 5. Pots, 6. Eluded, 7. Rushes, 9. Treated, 11. Recent, 13. Archaic, 15. Ruts, 16. Alarum, 18. Deer, 20. Surged, 21 Espial, 24. Strew, 25. Enact, 26. Needy, 28. Next.

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Makes your hands look clearer — younger. Shows them off at their best. Works equally well on arms, elbows, legs — everywhere where weather or irritation take the bloom from skin. A fine make-up base. Try it! Get some from your chemist today. (Available at Chemists only.)

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GIANT ¼LB. TUBE ONLY

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Are you sure it doesn't mean you are a little too 'tubby'? The result of nibbling between meals, getting stuck into pastries, sweets and equally fattening foods. If this is you—watch it. Start a course of Statavar tablets—an easy way to cut down on fattening foods. Statavar is no new fad. It's been selling successfully for ten years, helping women lose as much as ten pounds in two weeks. Try Statavar and you'll know you also can do it.

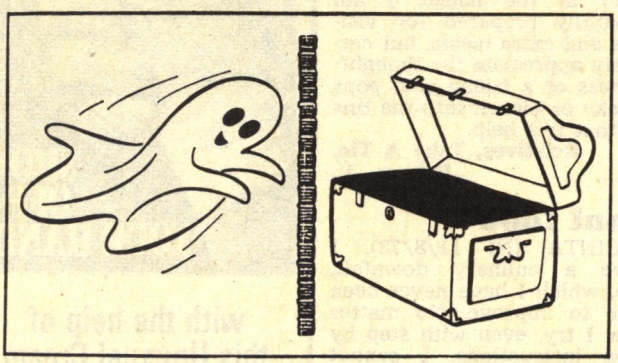
Statavar

From chemists everywhere.

M – PM1104/72

Our Playground

LIVELY GHOST IS FULL OF TRICKS



GHOSTLY business! Fix your eyes on wall in centre of illustration above. Bring diagram slowly forward. Watch ghost jump through wall into open trunk. For some more fun, color ghost red; stare at figure, then shift gaze swiftly to ceiling or nearby wall.

THIS WEEK'S PAINTING COMPETITION

USE paints, crayons or colored pencils. Address your entries to MEG, New Idea, Box 1292K, PO, Melbourne, V, 3001. This contest is open to JUNIORS and SENIORS. Five prizes of 50 cents each for neatest, best entries in each section.

NAME.....

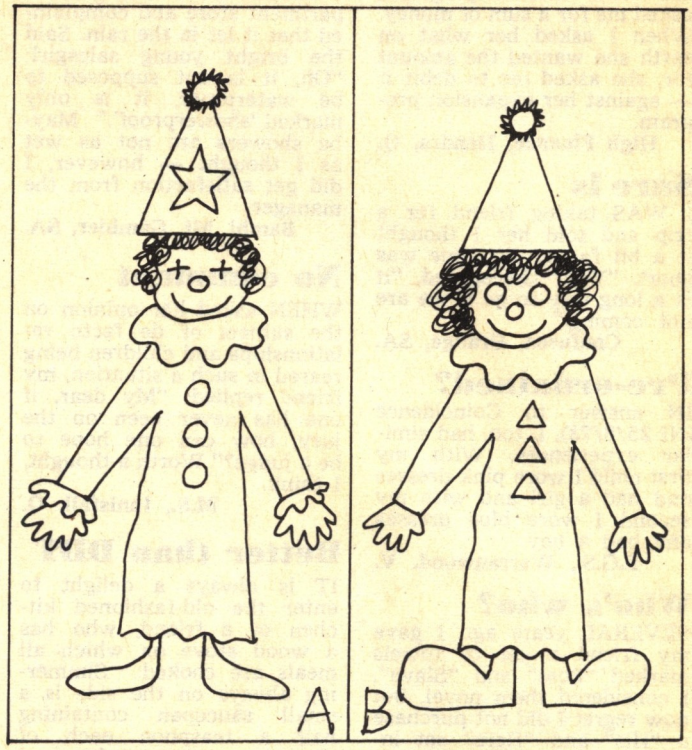
AGE.....

ADDRESS.....

..... **STATE**.....**POSTCODE**.....

(A PRIZE of 50 cents to Judy Lund, 7 Tertius St., Mundingburra, Townsville, Q, 4812, for sending in this drawing.)

TEST YOUR POWERS OF OBSERVATION



STUDY the two clowns carefully and see if you can find the six ways A differs from B. Write your answers on a sheet of paper, and send it together with your name, age and address to MEG, New Idea, box 1292K, PO, Melbourne, V, 3001.

THIS competition is open to JUNIORS and SENIORS. Five prizes of 50 cents for neatest, best entries in each section.

(SPECIAL AWARD of 50 cents to Malcolm Gordon, 291 Mont Albert Rd., Surrey Hills, V, 3127, for this puzzle suggestion.)

SOLUTION TO LAST WEEK'S PUZZLE

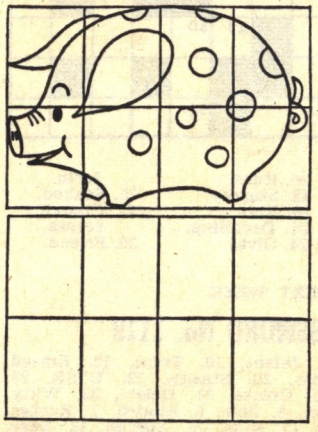
BUSY DAY PUZZLE — The places the young housewife visited were (in order): Garage. Chemist. Theatre. Jeweller. Grocer. Dentist. Greengrocer. The name of the Victorian city was Geelong.

RESULTS OF PREVIOUS CONTESTS

TEST YOUR POWERS OF OBSERVATION — 50 cents each to (Juniors): Alison Farkas, Mark O'Brien, Joanne Kellett, Jonathon Hill, Pauline Murray. (Seniors): Kim Skinner, Paul Rossetto, Sally Meares, Rosemary Juhasz, Merise Walsh.

GIRL AT WINDOW PAINTING CONTEST — 50 cents each to (Juniors): Paul Lindsay, Rhonda Bond, Julie-ann Gibson, Leonie Campbell, Nancy Sacrison. (Seniors): Debra James, Delia Fullerton, Michelle Lochrin, Michael Walker, Gizella Horvath.

PATCHWORK QUILT PUZZLE — 50 cents each to (Seniors): Kathy Camage, Megan Macquire, Vivien Melle, Penny Costello, Maureen Johnston. (Juniors): Karen Lund, Christine Tegart, Anne Marie Kilrain, Deborah Jennings, Kelly Cooper.



COPY our drawing square by square into the panels below.

FILL in cross areas with one color, circles with another.

Great moments begin with Morny

A meeting. Special.
You. Tingling with excitement.
Skin glowing. Fragrant.
Fresh from your bath. And Morny.
Exceptionally mild. Exquisitely pure.
Silkily sensuous. Melting your cares.
Begin a great moment with Morny.
Soon.

MORNY

From leading chemists and department stores

Photograph courtesy Cosmopolitan

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ZODIAC PENDANTS ONLY $1·75

NEW IDEA SPECIAL OFFER

ACTUAL SIZE!
4cm. diameter

Beautiful, hand cast and finished ZODIAC PENDANTS featuring deep-relief designs of the twelve Zodiac signs.

Produced from heavy alloy, these exclusive, hand-cast, chunky pendants feature special original designs of the twelve Zodiac signs in deep, contrasting dark relief, with an attractive shiny silver finish, and are supplied complete with *MATCHING HEAVY LINK CHAIN.*
You can wear your *own* star of fortune wherever you go, and the pendant makes an ideal gift for a friend.

EXCLUSIVE TO NEW IDEA- AVAILABLE ONLY VIA THIS COUPON

HOW TO ORDER: Complete this coupon, clip around the dotted line and post, with your payment to: NEW IDEA READER SERVICE—ZODIAC PENDANTS, BOX 70 B, GPO MELBOURNE 3001.

Please forward Zodiac Pendants as follows:

☐ **AIRES** ☐ **GEMINI** ☐ **LEO** ☐ **LIBRA** ☐ **SAGGITARIUS** ☐ **ACQUARIUS**
☐ **TAURUS** ☐ **CANCER** ☐ **VIRGO** ☐ **SCORPIO** ☐ **CAPRICORN** ☐ **PISCES**

(Please mark your selection in the appropriate square)

I enclose $..... cheque/money order/postal note (no coins or stamps please) for ..... **Zodiac pendants** at $1.75 each as indicated. Cheques should be made payable to New Idea and endorsed on the back with reader's name and address.

NAME..... ADDRESS.....

..... POSTCODE.....

PLEASE ALLOW 21 DAYS FOR PROCESSING AND DELIVERY.

RS8/73

You & your stars

(FOR WEEK OCTOBER 27-NOVEMBER 2)

SCORPIO (Oct. 24-Nov. 22): There might be disappointment in store. Others are not going to be as understanding as you would wish. Oct. 27, 28 and 31, mildly beneficial.

SAGITTARIUS (Nov. 23-Dec. 22): Before Friday, your ideas on a number of matters which have been affecting your life may change. Oct. 29, 30 and Nov. 2, helpful.

CAPRICORN (Dec. 23-Jan. 20): With the right ideas this week could be outstanding in social matters and in the family circle. Oct. 27, 30, 31 and Nov. 1, auspicious.

AQUARIUS (Jan. 21-Feb 19): You'll find that you can make changes to routine and complete tasks which have hitherto proved too difficult. Oct. 30 and Nov. 2, good possibilities.

PISCES (Feb. 20-March 20): Minor hazards abound, so work vigorously to secure the return of happier conditions. Oct. 27, 28 and Nov. 1, most promising.

ARIES (March 21-April 20): Finances will be much on your mind, but for the time being, don't set too much store on hunches. Oct. 31, Nov. 1 and 2, patchy.

TAURUS (April 21-May 21): The basic trends are very favorable. Launch money-making schemes, accept offers or foster an interesting new twosome. Oct. 31 and Nov. 1, much to accomplish.

GEMINI (May 22-June 21): You may have to decide between an old companionship and a new one. The decision rests entirely on your real feelings. Oct. 29 and 30, cloudy skies.

CANCER (June 22-July 22): No ordinary week, this. Be sure to keep your eyes open for the big chances awaiting you. Oct. 27 and 28, potentially profitable.

LEO (July 23-Aug. 23): Thoroughly satisfactory phase owing to the successful completion of plans. Oct. 29, 30 and 31, clear skies.

VIRGO (Aug. 24-Sept. 22): Some incidents will exasperate you, but you'll be well advised to show much patience. Oct. 28, 31 and Nov. 1, mildly advantageous.

LIBRA (Sept. 23-Oct. 23): A rather bewildering period. Caution is essential if legal factors are also involved. Oct. 29 and Nov. 2, best for all purposes.

Birthday forecasts

SATURDAY, October 27: A happy, but rather confused and disjointed year.

SUNDAY, October 28: Many surprises, particularly in early 1974. Luck in connection with real estate or a lottery.

MONDAY, October 29: Mixed period chiefly favoring those in salaried posts or of established social position.

TUESDAY, October 30: New friendships will be formed which may make an immense difference to the future.

WEDNESDAY, October 31: The worst troubles will be those hovering in the background, however, it won't be a bad year.

THURSDAY, November 1: Surprises galore — and a wonderful flow of ideas, many of which can be turned to profit.

FRIDAY, November 2: An anniversary bringing uniform good fortune throughout the next 12 months.

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½ Price Uniforms — Smocks

ALL SIZES — XSSW to XOS.
CRIMPLENE: ¾-LENGTH in colors of SKY, LEMON, LILAC, WHITE and PINK. **$5.75** each.
PRINTED JERSEY: ¾-LENGTH in assorted colors and designs. **$4.99** each. XSSW-XOS.
PRINTED COTTON: Good quality, non-iron, wide range of colors.
DRESS LENGTH: **$3.99** each. XSSW-XOS.
POST 25c each. THE ABOVE THREE HAVE LONG SLEEVES.

EMBROIDERED CURTAIN DROPS

PRICE PER DROP

4'6"	5'	6'	7'	8'	9'
$1.85	$2.00	$2.30	$2.70	$3.00	$3.40

EMBROIDERED TERYLENE/NYLON, 60 in. wide. Beautifully trimmed with Dainty Laces. All sizes available in WHITE and Pastel Shades of BLUE, PINK, LEMON, LILAC, AQUA (Post 15c ea).

SPECIAL LAYETTE PARCEL

All your baby's requirements for you to sew in this Big, Big Parcel.
1. Richly Quilted Cot Cover.
2. Cosy, warm and pretty Pram Cover and Pillow Case.
3. Sew 4 to 5 Nighties out of this beautiful length of winter Brushed Nylon. Non-iron.
4. Also 4 to 5 Nighties or Frocks from soft Nylon Jersey length. Easy to launder.
5. 6 Yards Lawn. Ideal for your baby's Pillow Slips, Frocks, Nighties, etc.

Nylon Lace, Ribbons and Trimmings. Post 70c. SPECIAL PRICE OF **$10.50**

NYLON LACE EDGING PARCEL

30 yards of beautiful pastel and white laces, not one length under 5 yards. This parcel will delight you beyond words. Post 25c. **$2.50**

NEW SPECIAL REMNANT PARCEL

VALUE GUARANTEED. Assorted Remnants, good quality and size. This parcel will give real pleasure and delight. Ideal for the whole family. (Please state adults or children, Male or Female). Large assortment available. POST FREE. On request will make $10.00 or $15.00 parcels. **$20.00**

SALE — 56" CRIMPLENE

Raised, self-striped vertical ribbed crimplene. In colors of AQUA, LEMON, RED, LIPSTICK PINK, BLUE, GREEN, ORANGE, LILAC, BONE, PINK, WHITE, BROWN, NAVY AND BLACK. Post 15c yard. Usually $2.25 NOW ... ... **$1.99 yd**

CURTAIN SHEER 60" WIDE NYLON/TERYLENE

SAVE! BUY 10 YARDS FOR $5.50, AND 20 YARDS FOR $10.00.

Sheer delight in these pastel shades. Pure white, pastel and blossom pink, apple green, lilac, blue, aqua, apricot, lemon. FINEST QUALITY. BEST VALUE! Postage 5 cents per yard. The minimum order, 4 yards. ... ... **65c yd.**

CRIMPLENE CREPE SUMMER PARCEL

SAVE!! RECEIVE $22.00 VALUE — POST FREE

You can purchase any length separately at the quoted price per yard.

1½ yards 60" CRIMPLENE ... ... Priced at $4.00 yd.
1½ yards 54" CRIMP/LACE ... ... Priced at $2.50 yd.
2½ yards 45" CREPE ... ... Priced at $2.50 yd.
2½ yards 45" PRINTED JERSEY ... ... Priced at $1.99 yd.

PLUS FREE — 2 yards 36" nylon satin 69c yard to line crimp/lace. POST FREE — YOUR PRICE **$16.00**

VARIETY PATCHWORK PARCEL

NOW PRICED AT $3.00 — POST FREE

5 lb. bags of factory offcuts, gay colors in various sizes and fabrics. Make pot holders, coat hangers, scatter and patchwork cushions, toys and many more items. IDEAL FOR FETES.

CRIMPLENE BLOCKS PARCEL

NEW VALUE — 2½ lbs. assorted Crimplenes, Stretch Terry Towelling. This wonderful new age fabric will make kiddies' play-togs, tops, shorts etc. Anything your imagination will! Post Free. A BARGAIN AT **$3.25**

VISCOSE PARCEL

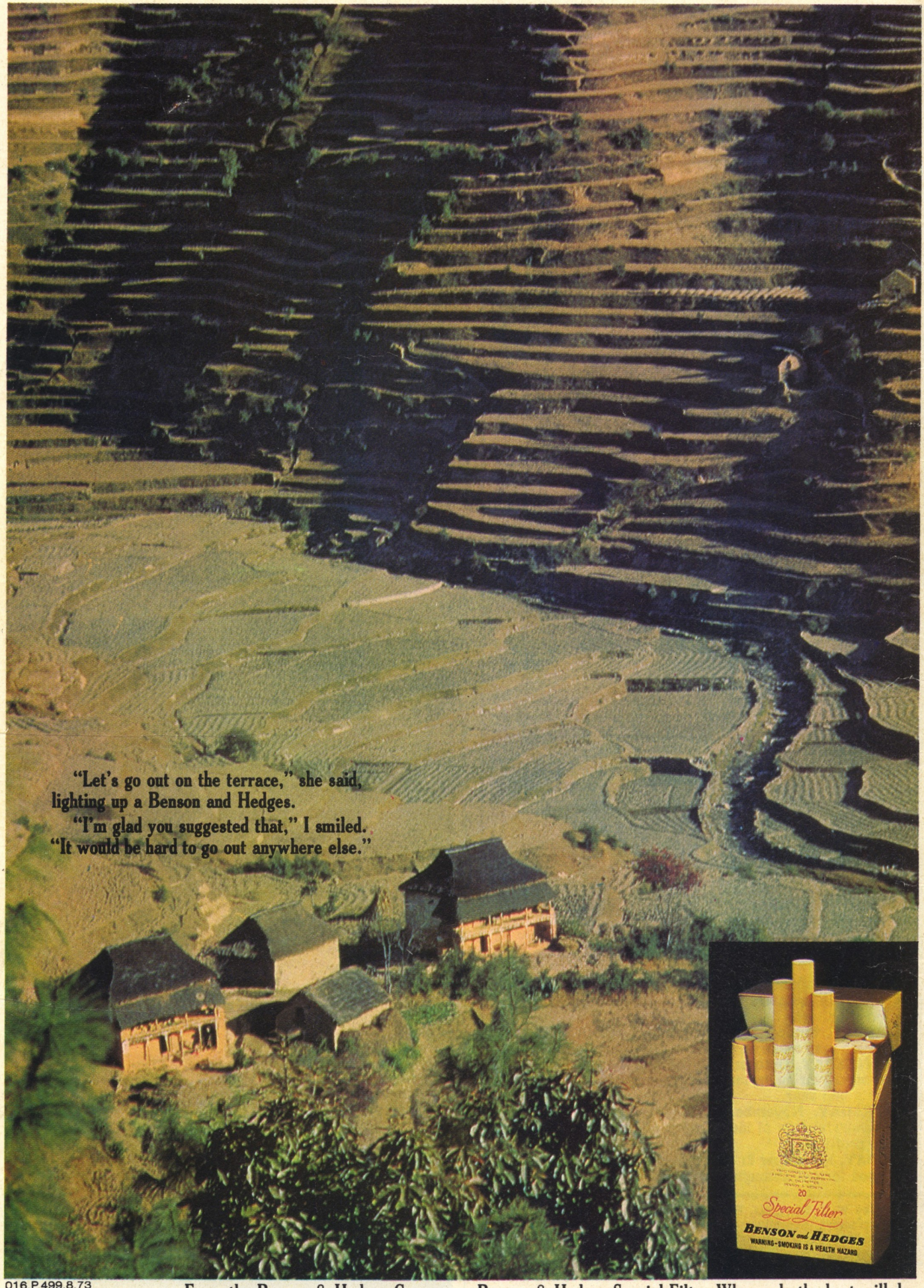
5 lbs. for $6.00 — Post 75c

Assorted terylene miracle fabrics for easy wear and minimum care. Pre-packed lengths for boys' shorts, slacks, girls' shifts and ladies' skirts, Width 36"-60". Colors in all tonings of greys, blues, navy, brown and others.

RICHLY QUILTED NYLON 57" WIDE

Sheer luxury, generously quilted in WHITE, PINK, BLUE, BLOSSOM PINK, LILAC, LEMON, AQUA, APRICOT, OLIVE GREEN, MIDNIGHT BLUE, PURPLE, 54" QUILTED OVERLACE in WHITE, PINK and BLUE only. Post 15c yard. Priced at ... ... **$2.49 YARD**

SATISFACTION OR MONEY BACK



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